

Cutting More Ties That Bind

If you ally obsession such a referred **Cutting More Ties That Bind** ebook that will find the money for you worth, get the totally best seller from us currently from several preferred authors. If you want to humorous books, lots of novels, tale, jokes, and more fictions collections are also launched, from best seller to one of the most current released.

You may not be perplexed to enjoy all books collections Cutting More Ties That Bind that we will definitely offer. It is not roughly the costs. Its virtually what you need currently. This Cutting More Ties That Bind , as one of the most functional sellers here will enormously be among the best options to review.

Is Marriage for White People? -
Ralph Richard Banks 2012-09-25
A distinguished Stanford law professor examines the steep decline in marriage rates among the African American middle class, and offers a paradoxical-nearly incendiary-solution. Black women are three times as likely as white women to never marry. That sobering statistic reflects a broader reality: African

Americans are the most unmarried people in our nation, and contrary to public perception the racial gap in marriage is not confined to women or the poor. Black men, particularly the most successful and affluent, are less likely to marry than their white counterparts. College educated black women are twice as likely as their white peers never to marry. Is Marriage for White

People? is the first book to illuminate the many facets of the African American marriage decline and its implications for American society. The book explains the social and economic forces that have undermined marriage for African Americans and that shape everyone's lives. It distills the best available research to trace the black marriage decline's far reaching consequences, including the disproportionate likelihood of abortion, sexually transmitted diseases, single parenthood, same sex relationships, polygamous relationships, and celibacy among black women. This book centers on the experiences not of men or of the poor but of those black women who have surged ahead, even as black men have fallen behind. Theirs is a story that has not been told. Empirical evidence documents its social significance, but its meaning emerges through stories drawn from the lives of women across the nation. Is

Marriage for White People? frames the stark predicament that millions of black women now face: marry down or marry out. At the core of the inquiry is a paradox substantiated by evidence and experience alike: If more black women married white men, then more black men and women would marry each other. This book not only sits at the intersection of two large and well- established markets-race and marriage-it responds to yearnings that are widespread and deep in American society. The African American marriage decline is a secret in plain view about which people want to know more, intertwining as it does two of the most vexing issues in contemporary society. The fact that the most prominent family in our nation is now an African American couple only intensifies the interest, and the market. A book that entertains as it informs, Is Marriage for White People?

will be the definitive guide to one of the most monumental social developments of the past half century.

Computer Security, Privacy, and Politics - 2008-01-01

"This book offers a review of recent developments of computer security, focusing on the relevance and implications of global privacy, law, and politics for society, individuals, and corporations. It compiles timely content on such topics as reverse engineering of software, understanding emerging computer exploits, emerging lawsuits and cases, global and societal implications, and protection from attacks on privacy"--Provided by publisher.

Healing the Shame that Binds You - John Bradshaw 2005-10-15
This classic book, written 17 years ago but still selling more than 13,000 copies every year, has been completely updated and expanded by the author. "I used to drink," writes John

Bradshaw, "to solve the problems caused by drinking. The more I drank to relieve my shame-based loneliness and hurt, the more I felt ashamed." Shame is the motivator behind our toxic behaviors: the compulsion, co-dependency, addiction and drive to superachieve that breaks down the family and destroys personal lives. This book has helped millions identify their personal shame, understand the underlying reasons for it, address these root causes and release themselves from the shame that binds them to their past failures.

Ties that Bind - Guy Baldwin 1993

The SM/Leather/Fetish Erotic Style - Issues, Commentary and Advice A well known psychotherapist and SM expert offers advice regarding relationships, the community, the SM experience, and personal transformation.

Cutting Loose - Howard Halpern 1990-04-15

With more than thirty-five years of experience in psychotherapy, Dr. Halpern enables the adult child to understand his or her parent and foster a positive, healthy adult relationship. In all respects, you appear to be well-adjusted, reasonably successful adult, but in the presence of your parents, you feel vulnerable, dependent, guilty, insecure—childlike. They manipulate you, smother you, demand your attention or elicit your resentment. In clear, nonclinical terms, renowned psychotherapist Dr. Howard Halpern shows you how to break these familiar family routines so that you can build healthy, rewarding parent-child relationships. He teaches you, for example, how to handle martyred mothers, despotic fathers, and moralistic, unloving, or seductive parents. He also addresses the sensitive topics of how to deal with aging, divorced, or dying parents.

Resolving conflicts with your parents will enable you, finally, to cut loose—to start being yourself rather than your parent's child. Without guilt, revenge, or fear as your motives, you will be able to make the choices in love, work, and values that do justice to who you are. With more than thirty-five years of experience in psychotherapy, Dr. Halpern enables the adult child to understand his or her parent and foster a positive, healthy adult relationship. Cutting More Ties that Bind - Phyllis Krystal 1990

Cutting the Ties of Karma - Phyllis Krystal 2021-11-30
This third book of the Cutting the Ties That Bind series shows you, how to free yourself from old outdated attitudes, habits and concepts, which you might have brought with you from the past. We can learn from the many diverse aspects of our lives, which gives us a chance to detach from

our past actions. Phyllis Krystal's teaching and wisdom can help you to understand that your past doesn't have to bind you to your future and how to complete some of the unfinished business from past lives. She also explains, how to reduce adding additional karma by being more and more in contact with our Higher Consciousness.

Cutting Ties That Bind Workbook - Phyllis Krystal
1995-08-02

This easy-to-use guidebook provides exercises and visualization techniques that can be used to learn how to "cut the ties that bind" us to old situations, old behavior patterns, old habits. When we learn to connect with the "High C" or the Real Self, we are able to let go of the past and allow ourselves a new and brighter future. Letting go of old habits can be fun! This workbook has been used by therapists, groups, and people who are working with the techniques

outlined by Phyllis Krystal in workshops she has given all over the world. Readers who have not experienced these workshops may have read her books: *Cutting the Ties that Bind*, *Cutting More Ties that Bind*, and her recently published *Taming Our Monkey Mind*, which speaks to insight, detachment and gaining identity.

Ceiling On Desires - Phyllis Krystal

This Book Is Written To Help Explain The Ceiling On Desires Program, And To Show How Eliminating Waste And Negative Personal Characteristics Of The Ego Can Impact Our Desires. The Basic Material Has Been Taken From An Interview With Baba In January, 1983, Devoted Entirely To This Program, Various Subsequent Group Interviews With Baba, His Public Lectures, Some Personally Heard, As Well As Others Published In The Sanathana Sarathi, Plus His Daily Talks To Devotees During

The Celebrations Of His 60Th
Birthday And 4Th World
Conference In November, 1985.

Corporate Ties That Bind -

Martin J. Walker 2017-03-28

In the 21st century, corporations have worked their way into government and, as they become increasingly more powerful, arguments about their involvement with public health have become increasingly black and white. With corporations at the center of public health and environmental issues, everything chemical or technological is good, everything natural is bad; scientists who are funded by corporations are right and those who are independent are invariably wrong. There is diminishing common ground between the two opposed sides in these arguments. Corporate Ties that Bind is a collection of essays written by influential academic scholars, activists, and epidemiologists from around the world that scrutinize the

corporate reasoning, false science and trickery involving those, like in-house epidemiologists, who mediate the scientific message of organizations who attack and censure independent voices. This book addresses how the growth of corporatism is destroying liberal democracy and personal choice. Whether addressing asbestos, radiation, PCBs, or vaccine regulation, the essays here address the dangers of trusting corporations and uncover the lengths to which corporations put profits before health.

Cutting More Ties that Bind -

Phyllis Krystal 1990

PSYCHOLOGY/POP

PSYCHOLOGY

Heroic Measures - Jill Ciment

2009-06-30

The basis for the major motion picture *5 Flights Up* starring Diane Keaton and Morgan Freeman. New York City is on high alert—a gasoline truck is “stuck” in the Midtown tunnel and the driver has fled. Through

panic and gridlock, Alex and Ruth must transport their beloved old dachshund—whose back legs are suddenly paralyzed—to the animal hospital, using a cutting board as a stretcher. But this is also the weekend when Alex and Ruth must sell the apartment in which they have lived for most of their adult lives. Over the course of forty-eight hours, as the mystery of the missing truck driver terrorizes the city and the dachshund's life hangs in the balance, the bidding war over their apartment becomes a barometer for collective hope and despair. Told in shifting points of view—Alex's, Ruth's, and the little dog's—*Heroic Measures* is a moving, deft novel about urban anxiety and the love that deepens over years.

Too Much - Rachel Vorona Cote
2020-02-25

Lacing cultural criticism, Victorian literature, and storytelling together, "TOO

MUCH spills over: with intellect, with sparkling prose, and with the brainy arguments of Vorona Cote, who posits that women are all, in some way or another, still susceptible to being called too much." (Esmé Weijun Wang) A weeping woman is a monster. So too is a fat woman, a horny woman, a woman shrieking with laughter. Women who are one or more of these things have heard, or perhaps simply intuited, that we are repugnantly excessive, that we have taken illicit liberties to feel or fuck or eat with abandon. After bellowing like a barn animal in orgasm, hoovering a plate of mashed potatoes, or spraying out spit in the heat of expostulation, we've flinched-ugh, that was so gross. I am so gross. On rare occasions, we might revel in our excess-- belting out anthems with our friends over karaoke, perhaps-- but in the company of less sympathetic souls, our uncertainty always returns. A

woman who is Too Much is a woman who reacts to the world with ardent intensity is a woman familiar to lashes of shame and disapproval, from within as well as without. Written in the tradition of *Shrill*, *Dead Girls*, *Sex Object* and other frank books about the female gaze, **TOO MUCH** encourages women to reconsider the beauty of their excesses-emotional, physical, and spiritual. Rachel Vorona Cote braids cultural criticism, theory, and storytelling together in her exploration of how culture grinds away our bodies, souls, and sexualities, forcing us into smaller lives than we desire. An erstwhile Victorian scholar, she sees many parallels between that era's fixation on women's "hysterical" behavior and our modern policing of the same; in the space of her writing, you're as likely to encounter Jane Eyre and Lizzie Bennet as you are Britney Spears and Lana Del Rey. This book will tell the story

of how women, from then and now, have learned to draw power from their reservoirs of feeling, all that makes us "Too Much."

How to Interpret Your Dreams - Michael Sheridan 2007

This full colour book shows how to decipher dream messages from their symbolic form. It covers all aspects of life, including health, relationships, career, spirituality and life purpose. Real dreams are used throughout the narrative and colour maps show how to analyse dreams covering each subject matter. Includes comprehensive symbol reference.

The Ties that Bind - Regina Taylor 1995

Love Me Tender - Audrey Couloumbis 2009-04-28

Thirteen-year-old Elvira worries about her future when, after a fight, her father heads to Las Vegas for an Elvis impersonator competition and her pregnant

mother takes her and her younger sister to Memphis to visit a grandmother the girls have never met.

Let's Thank God - Phyllis Krystal
2003-12-12

This Small Book Contains Selections Of Sathya Sai Baba'S Sayings On The Many Subjects That His Teachings Cover. Many People Enjoy These Little Gems, His Sayings, And Even Quote Them Frequently, But Find It Very Difficult To Apply Them In Their Daily Life. The Interpretations By Well Known Psychotherapist And Long Time Baba'S Devotee Phyllis Krystal Show With Examples How His Teachings Can Be Put Into Practice In Daily Life.

Misery - Stephen King
2016-01-05

After an almost fatal car crash, novelist Paul Sheldon finds himself being nursed by a deranged fan who holds him captive.

Family Violence from a

Communication Perspective -

Dudley D. Cahn 1996-04-16

"Although an anecdotal association between communication and family violence was noted early in the family violence literature, a communication approach to family violence has been underrepresented in the literature. This book is a welcome contribution to the literature because it demonstrates that the connection between communication and family violence is much more complex than a skills deficit of one or more members of a violent relationship." --Gail Whitchurch, Department of Communication Studies, Indiana University
Adding an innovative perspective to traditional psychological and sociological approaches, *Family Violence from a Communication Perspective* lays out a new theoretical framework for understanding and resolving

abusive family interactions. This exceptional volume features contributions from a variety of disciplines that examine the interactional processes at the core of domestic abuse, aggression, and violence. The contributors explore the development of violence in the family, beginning with courtship violence, proceeding through marital violence, and perpetuated through parent-child violence. Providing keen insight, the chapters examine the commonalities and differences inherent in emotional, psychological, verbal, and sexual abuse and how they all stem from basic communication problems. An essential resource for students and scholars in communication, family studies, relationship studies, psychology, sociology, and women's studies, *Family Violence from a Communication Perspective* also offers a refreshing viewpoint for professionals in the human

services.

Rewire Your Brain - John B. Arden 2010-03-22

How to rewire your brain to improve virtually every aspect of your life-based on the latest research in neuroscience and psychology on neuroplasticity and evidence-based practices Not long ago, it was thought that the brain you were born with was the brain you would die with, and that the brain cells you had at birth were the most you would ever possess. Your brain was thought to be "hardwired" to function in predetermined ways. It turns out that's not true. Your brain is not hardwired, it's "softwired" by experience. This book shows you how you can rewire parts of the brain to feel more positive about your life, remain calm during stressful times, and improve your social relationships. Written by a leader in the field of Brain-Based Therapy, it teaches you how to activate the parts of your brain

that have been underactivated and calm down those areas that have been hyperactivated so that you feel positive about your life and remain calm during stressful times. You will also learn to improve your memory, boost your mood, have better relationships, and get a good night sleep. Reveals how cutting-edge developments in neuroscience, and evidence-based practices can be used to improve your everyday life Other titles by Dr. Arden include: Brain-Based Therapy-Adult, Brain-Based Therapy-Child, Improving Your Memory For Dummies and Heal Your Anxiety Workbook Dr. Arden is a leader in integrating the new developments in neuroscience with psychotherapy and Director of Training in Mental Health for Kaiser Permanente for the Northern California Region Explaining exciting new developments in neuroscience and their applications to daily

living, Rewire Your Brain will guide you through the process of changing your brain so you can change your life and be free of self-imposed limitations.

Cutting the Ties that Bind -
Phyllis Krystal 2019-07-04

In this book, Phyllis Krystal describes techniques, rituals and symbols which are capable of impressing positive messages on the subconscious mind in order to offset some of the negative conditioning that may have been received earlier in life. In this way, changes in life become possible much better than just working on a conscious, cognitive level. This method enables a person to liberate from the various sources of false security to become an independent and whole human being, relying only on the inner source of security and wisdom which is available to everyone who seeks its aid. First revised edition.

Cutting More Ties That Bind -

Phyllis Krystal 2020-12-16

This is the sequel to "Cutting the Ties that Bind" and contains advanced information that can be used to release ourselves from more complex systems that programme behaviours. These include familial and national customs - things we do without even thinking about them - role playing, acting out of superstition, fear of unmentioned taboos, old prejudices and fears that we accept blindly. This is the book that will make us "see" what we are doing; it will help us to be the kind of parents we wish we had! This very important book is a textbook for effective self-awareness that opens the door to a lifestyle for self-assured and happy people.

A Hole in My Heart - Rie

Charles 2014-09-10

Starting a new life after the death of her mother, Nora learns how to be strong. Are there wounds too deep to heal, pains too sharp to share? And if a

family survives by cutting the ties that bind them, can they ever be whole again? After losing her mother to illness and her father to his work, Nora Mackenzie must leave her home in the interior of B.C. for a North Vancouver school. Estranged from her classmates, her family, and the life she's lost, Nora walls herself off from the people around her. At the same time, her young cousin Lizzie is facing an uncertain future as one of the first children to undergo open-heart surgery. As the operation approaches, Nora discovers that she is not the only person in her family isolated by fear and grief. [Ties That Bind](#) - Sarah Schulman 2009-09-15

Although acceptance of difference is on the rise in America, it's the rare gay or lesbian person who has not been demeaned because of his or her sexual orientation, and this experience usually starts at home, among family members.

Whether they are excluded from family love and approval, expected to accept second-class status for life, ignored by mainstream arts and entertainment, or abandoned when intervention would make all the difference, gay people are routinely subjected to forms of psychological and physical abuse unknown to many straight Americans. “Familial homophobia,” as prizewinning writer and professor Sarah Schulman calls it, is a phenomenon that until now has not had a name but that is very much a part of life for the LGBT community. In the same way that Susan Brownmiller’s *Against Our Will* transformed our understanding of rape by moving the stigma from the victim to the perpetrator, Schulman’s *Ties That Bind* calls on us to recognize familial homophobia. She invites us to understand it not as a personal problem but a widespread cultural crisis. She

challenges us to take up our responsibilities to intervene without violating families, community, and the state. With devastating examples, Schulman clarifies how abusive treatment of homosexuals at home enables abusive treatment of homosexuals in other relationships as well as in society at large. Ambitious, original, and deeply important, Schulman’s book draws on her own experiences, her research, and her activism to probe this complex issue—still very much with us at the start of the twenty-first century—and to articulate a vision for a more accepting world.

Adult Children of Parental Alienation Syndrome: Breaking the Ties That Bind - Amy J. L. Baker 2010-03-01

An examination of adults who have been manipulated by divorcing parents. Parental Alienation Syndrome (PAS) occurs when divorcing parents use children as pawns, trying to

turn the child against the other parent. This book examines the impact of PAS on adults and offers strategies and hope for dealing with the long-term effects.

Cutting More Ties That Bind -

Phyllis Krystal 2020-12-16

This is the sequel to "Cutting the Ties that Bind" and contains advanced information that can be used to release ourselves from more complex systems that programme behaviours. These include familial and national customs - things we do without even thinking about them - role playing, acting out of superstition, fear of unmentioned taboos, old prejudices and fears that we accept blindly. This is the book that will make us "see" what we are doing; it will help us to be the kind of parents we wish we had! This very important book is a textbook for effective self-awareness that opens the door to a lifestyle for self-assured and happy people.

Sai Baba - Howard Murphet

1971-01-01

This account relates some of the achievements of Satya Sai Baba. His followers believe him to be the reincarnation of Sai Baba of Shirdi who died in 1918. He appears to have been born with phenomenal powers, which he used in childhood and has employed constantly and openly ever since. The author, a westerner devoted to science and logic, spent many months with Satya Sai Baba to substantiate these miracles.

Cliff Walking: 2nd Edition -

Stephen Russell Payne

2018-09-18

An intense, thought-provoking love story set on the Coast of Maine that deals with the smoldering grief of a famous seascape artist, and the redemption of a recovering California addict who, with her artistic son, make their way across Canada to Maine as stowaways on a freight train in

order to escape their abusive husband and father.

I Keep Trying to Catch His Eye -

Ivan Maisel 2021-10-26

In this deeply emotional memoir, a longtime ESPN writer reflects on the suicide of his son Max and delves into how their complicated relationship led him to see grief as love. In February 2015, Ivan Maisel received a call that would alter his life forever: his son Max's car had been found abandoned in a parking next to Lake Ontario. Two months later, Max's body would be found in the lake. There'd been no note or obvious indication that Max wanted to harm himself; he'd signed up for a year-long subscription to a dating service; he'd spent the day he disappeared doing photography work for school. And this uncertainty became part of his father's grief. *I Keep Trying to Catch His Eye* explores with grace, depth, and refinement the tragically transformative reality

of losing a child. But it also tells the deeply human and deeply empathetic story of a father's relationship with his son, of its complications, and of Max and Ivan's struggle—as is the case for so many parents and their children—to connect. *I Keep Trying to Catch His Eye* is a stunning, poignant exploration of the father and son relationship, of how our tendency to overlook men's mental health can have devastating consequences, and how ultimately letting those who grieve do so openly and freely can lead to greater healing.

Cutting the Ties That Bind -

Phyllis Krystal 1999-12-01

This easy-to-use guidebook provides exercises and visualization techniques. It has been used by therapists, groups, and people who are working with the techniques outlined by Krystal in workshops she has given all over the world, and in her books **CUTTING THE TIES THAT BIND, CUTTING MORE**

TIES THAT BIND, and
TAMING OUR MONKEY
MIND.

Cutting The Ties Of Karma -

Phyllis Krystal 2004-11

Open The Pages Of The Cutting
The Ties Of Karma, The Latest
Edition Of The 'Cutting The
Ties' Series, And Learn Through
Phyllis Krystal'S Teachings And
Wisdom That Your Past Doesn'T
Have To Bind You To Your
Future. Learn To Identify What
Your Bad Patches Are Through
Dream Work, Figure Out Your
Karma In Relationship To
Significant People In Your Life,
And Ultimately, Eliminate The
Bad Karma From Your Life.

Cutting The Ties Of Karma
Makes Possible A New
Patchwork Of Life From Which
To Unfold.

The Ties that Bind - Jayne Ann
Krentz 2003

New York Times bestselling
sensation Jayne Ann Krentz
delivers the romantic story of
two opposites that attract in The

Ties that Bind. Shannon Raine
lives in the artistic community of
Mendocino, where she designs
silk-screened fabrics that look like
medieval illuminations. When
Garth Sheridan appears on the
beach outside her home, she is
immediately drawn to him,
convinced that the dark stranger
must be a writer or an artist. But
when the two meet, she realizes
that nothing could be further
from the truth. She has nothing
in common with the San Diego
businessman whose corporate
world has taught him not to trust
anyone. With an undeniable
attraction between them, can
they find a common ground in
their very different lives?

**The Day Before: A Prequel
Novel (Riverdale, Novel 1)** -

Micol Ostow 2018-12-26

Original fiction based off the hit
television series Riverdale !

Fraying at the Edge - Cindy
Woodsmall 2016-08-16

Family, community, faith, and
love. These "quilt blocks" sewn

together made Ariana's beautiful life. When they are pulled to pieces, will anything familiar remain? The Old Order Amish life Ariana Brenneman loved vanished virtually overnight with the discovery that she was switched at birth twenty years ago. Now she's immersed in the English world, getting to know her mother and under the authority of her biological father, an atheist intellectual with resolute plans to expand Ariana's worldview. Only Quill Schlabach, a childhood friend living English, can steady the tilting ground between Ariana's two worlds, but can she trust him after so many betrayals? At the same time, Skylar Nash is forced to choose rehab or spend several months with her true relatives, the large Brenneman family and their seemingly backward life—no electricity, no technology, no fun. What the young woman can't leave behind is her addiction to illegal

prescription drugs and a deep emptiness from the belief that she doesn't belong in either family. New ties are binding Ariana and Skylar to the lives they were meant to have. Can they find the wisdom and strength they'll need to follow God's threads into unexpected futures? *Fraying at the Edge* is the second novel in *The Amish of Summer Grove* series.

[My Book Kit](#) - Kim D. Blagg
2003-03

This is a definitive guide to independent publishing using on-demand technology. New printing technology, print-on-demand, will re-ignite author's dreams and make them come true. Learn publishing from an insider's view--from assembling the manuscript through creative and effective marketing.

[We the Media](#) - Dan Gillmor
2006-01-24

Looks at the emerging phenomenon of online journalism, including Weblogs,

Internet chat groups, and email, and how anyone can produce news.

Snow Flower and the Secret Fan
- Lisa See 2011-10-17

Lily is the daughter of a humble farmer, and to her family she is just another expensive mouth to feed. Then the local matchmaker delivers startling news: if Lily's feet are bound properly, they will be flawless. In nineteenth-century China, where a woman's eligibility is judged by the shape and size of her feet, this is extraordinary good luck. Lily now has the power to make a good marriage and change the fortunes of her family. To prepare for her new life, she must undergo the agonies of footbinding, learn nu shu, the famed secret women's writing, and make a very special friend, Snow Flower. But a bitter reversal of fortune is about to change everything.

Ties That Bind, Ties That Break -
Lensey Namioka 2007-12-18

Third Sister in the Tao family, Ailin has watched her two older sisters go through the painful process of having their feet bound. In China in 1911, all the women of good families follow this ancient tradition. But Ailin loves to run away from her governess and play games with her male cousins. Knowing she will never run again once her feet are bound, Ailin rebels and refuses to follow this torturous tradition. As a result, however, the family of her intended husband breaks their marriage agreement. And as she enters adolescence, Ailin finds that her family is no longer willing to support her. Chinese society leaves few options for a single woman of good family, but with a bold conviction and an indomitable spirit, Ailin is determined to forge her own destiny. Her story is a tribute to all those women whose courage created new options for the generations who came after

them.

Ties--ties--ties - Janet B. Elwin
1996

Tells how to select and prepare ties for use in quilts, and recommends suitable patterns

This Might Hurt - Stephanie Wrobel 2022-02-22

“You’ll be gripped in this clever exploration of fear and vulnerability right until the flawless ending—one you’ll most certainly want to talk

about.”—ASHLEY AUDRAIN, New York Times bestselling author of *The Push* NAMED A MOST ANTICIPATED BOOK OF 2022 BY Newsweek • E! • Parade • Katie Couric Media • Betches • Criminal Element • Shondaland • Bustle • and more!

From the USA Today bestselling and Edgar-nominated author of *Darling Rose Gold* comes a dark, thrilling novel about two sisters—one trapped in the clutches of a cult, the other in a web of her own lies. Welcome to Wisewood. We’ll keep your

secrets if you keep ours. Natalie Collins hasn’t heard from her sister in more than half a year.

The last time they spoke, Kit was slogging from mundane

workdays to obligatory happy hours to crying in the shower about their dead mother. She told

Natalie she was sure there was something more out there. And then she found Wisewood. On a private island off the coast of

Maine, Wisewood’s guests commit to six-month stays.

During this time, they’re prohibited from contact with the

rest of the world—no Internet, no phones, no exceptions. But the rules are for a good reason: to

keep guests focused on achieving true fearlessness so they can

become their Maximized Selves.

Natalie thinks it’s a bad idea, but Kit has had enough of her sister’s cynicism and voluntarily

disappears off the grid. Six

months later Natalie receives a menacing e-mail from a

Wisewood account threatening to

reveal the secret she's been keeping from Kit. Panicked, Natalie hurries north to come

clean to her sister and bring her home. But she's about to learn that Wisewood won't let either of them go without a fight.