

Dealing With The Effects Of Rape And Incest

Thank you very much for downloading **Dealing With The Effects Of Rape And Incest** . Maybe you have knowledge that, people have search numerous times for their favorite novels like this Dealing With The Effects Of Rape And Incest , but end up in harmful downloads.

Rather than reading a good book with a cup of coffee in the afternoon, instead they cope with some harmful bugs inside their computer.

Dealing With The Effects Of Rape And Incest is available in our digital library an online access to it is set as public so you can download it instantly.

Our book servers saves in multiple countries, allowing you to get the most less latency time to download any of our books like this one.

Merely said, the Dealing With The Effects Of Rape And Incest is universally compatible with any devices to read

The Relationship Between the Effects of Rape, Posttraumatic Stress Disorder, Complex Trauma, and Post-attack Victim-perpetrator Interaction in Female College Students - Stephanie C.- Bell 2015

The purpose of this study was to assess for effects of rape that are specific to women attending college and for relationships between the effects of rape, Posttraumatic Stress Disorder, previous trauma, complex trauma, and post-attack victim-perpetrator interaction to fill gaps in the literature around these issues. The survey was distributed to all female undergraduates at the main campus of a large, public university in the south (N [approximate] 8,400). The sample consisted of 463 women (response rate = 5.5%). The majority of participants were between the ages of 18-22, Caucasian, lived off-campus, and with roommates. Participants received an e-mail sent from the registrar's office containing information about online, anonymous study, a request for participation, and a list of counseling and psychoeducational resources. The survey consisted of a demographic questionnaire, questions about their experiences with rape since attending college, the Sexual Assault Symptom Scale-II (SASS-II), PTSD Checklist for DSM-5 (PCL-5), Stressful Life Events

Screening Questionnaire-Revised (SLESQ-R), a question on life changes since their rape, and questions on post-attack victim-perpetrator interaction. Sixteen percent reported being a victim of rape since attending college, and 84% of those women knew their perpetrator prior to the attack. Nearly half of those who were raped since attending college had been revictimized. Seventy-two percent of participants reported experiencing previous trauma, and 74.5% reported experiencing previous complex trauma. Of the women who were raped since attending college, 65.6% reported encountering their perpetrator since the attack, and 34.4% did not. In analyzing the data, the researcher found that being a victim of rape or acquaintance rape while attending college was a significant influence on whether a participant would meet the Posttraumatic Stress Disorder threshold for diagnosis on the PTSD Checklist for DSM-5. There was evidence of a significant relationship between being a victim of rape since attending college and having a history of complex trauma. There was also evidence that being a victim of rape since attending college and encountering one's perpetrator since the attack increased the participants' Posttraumatic Stress Disorder symptoms, and the chances they would engage

in more lifestyle changes.

Bitter Chocolate - Pinki Virani 2000-10-14

A book that challenges our notions of family honour and morality Sometime, somewhere, the conspiracy of silence around Child Sexual Abuse (CSA) in Indian homes had to be shattered. This path-breaking book "the first of its kind in the country and subcontinent" attempts to give that sexually abused child a powerful voice. It provides damning disclosures about men, and some women, in middle and upper-class families who sexually abuse their children, then silence them into submission. Based on studies, reports and investigation, this book reveals that a minimum of twenty per cent of girls and boys under the age of sixteen are regularly being sexually abused; half of them in their own homes, by adults who have the child's trust. In *Bitter Chocolate*, journalist and best-selling author Pinki Virani travels across the country to record the testimonies of the police, doctors, child psychologists, mental health professionals, social workers, lawyers and the traumatized victims themselves. The book opens with an account "brave and devoid of self-pity" of the author's own experience. Going beyond blaming, Pinki Virani then proceeds with her insightful analysis of the issue in three notebooks. The first spells out what constitutes CSA, why and how this happens, its devastating after-effects which haunt the victims as they grow into adulthood. The second notebook describes these effects through two real-life stories of women who were betrayed as children by men of their family. The third provides practical solutions on how to counter CSA, including a framework involving the law, the parent and their child. A special chapter addresses adults who have never before disclosed their sexual abuse as children. Plus: a nationally coordinated helpline. Accessible yet comprehensive, *Bitter Chocolate* is written for the young parent and guardian, principal and teacher, judge and police, lawyer and public prosecutor, teenager and tomorrow's citizen.

The Sexual Trauma Workbook for Teen Girls - Raychelle Cassada Lohmann

2016-06

The *Sexual Trauma Workbook for Teen Girls* offers healing, real-life stories from survivors and powerful, evidence-based tools to help you reclaim your life after sexual abuse or trauma. If you've been sexually abused or experienced sexual trauma, you may feel confused, angry, ashamed, and unable to move forward emotionally. You're not alone. Like many teens who've been abused, you may be tempted to keep the secret locked deep inside and feel uncomfortable discussing your struggles with others. If so, this book can help you find your voice. This empowering workbook will help you move past your trauma and serve as a comforting reminder that you are strong and resilient. Healing is possible—and with healing, comes victory. In this book, you'll find true stories from other teen survivors, and in reading the stories you'll find reassurance in knowing you aren't alone in your experiences. You'll also find practical and proven-effective strategies and exercises to help promote emotional healing and reclaim your sense of self. Sexual abuse or trauma may be a part of your past, but it doesn't need to define who you are now. This book will help you as you start on the path toward healing so you can move forward with confidence.

How to Deal with Rape and Molestation Spiritually - Babatunmishe Oke

2011-04-29

This book is one that chronicles the issues and solutions involved in rape and molestation as a societal menace. It also lays bare the medical issues and implications that rape brings into the life of the victim. It advances solutions to this perennial problem from a spiritual point of view.

Dealing with Rape - 1994

Hurting and Healing - Gloria Wade 2000

The *In a Nutshell: Healing Herbs Series* are compact guides to healing herbs. Each book is a unique pocket-sized introduction to the history, folklore, actions

and uses of a specific herbal remedy, offering a practical, safe approach to using each herb as a self-help medicine, methods of cultivating, harvesting, processing and preserving healing herbs, and guidelines for herb applications, both alone and in combination. Each hardcover book is 64 pages, 5 X 7 1/4, and retails for \$7.95 (Canada \$11.99). Rape is perhaps the most devastating of assaults. Victims of sexual abuse rape often feel overwhelming pain, guilt, and desperation. Sexual assault can impede emotional development, destroying self-esteem, trust, and a sense of safety. And we now know that victims of sexual abuse often abuse themselves or others, so continuing the cycle of violence. *Hurting and Healing* provides clear, practical advice for sufferers of sexual assault, guiding them to break the cycle and begin healing. Answering victims' questions and fears, Wade provides essential information on associations, societies, and support groups. Inspirational and transformative, *Hurting and Healing* is a supportive answer to trauma.

Victim Or Survivor? - Lori K. Sudderth 1993

Rape on Prime Time - Lisa M. Cuklanz 2010-11-24

Depictions of rape on television have evolved dramatically, from hard-boiled stories about male detectives to more insightful shows focusing on rape victims. *Rape on Prime Time* is the first book to examine those changing depictions of rape. Lisa M. Cuklanz reveals that prime-time television programs during the 1970s—usually detective shows—reflected traditional ideas that "real" rape is perpetrated by brutal strangers upon passive victims. Beginning in 1980, depictions of rape began to include attacks by known assailants, and victims began to address their feelings. By 1990, scripts portrayed date and marital rape and paid greater attention to the trial process, reflecting legal reformers' concerns. While previous studies have examined one series or genre, Cuklanz examines programs as dissimilar as *Barney Miller*, *Dallas*, *The Cosby Show*, and *Quincy*. She outlines the "basic plot" for

rape episodes, then traces the historical development of rape themes. In each chapter she includes close analyses of episodes that add depth to findings derived from scripts and taped episodes. *Rape on Prime Time* provides important insight into the social construction of rape in mainstream mass media since the inception of rape law reform in 1974.

Rape, Sexual Violence and Transitional Justice Challenges - Janine Natalya Clark 2017-09-01

It is estimated that 20,000 people were subjected to rape and other forms of sexual violence during the 1992–1995 Bosnian war. Today, these men and women have been largely forgotten. Where are they now? To what extent do their experiences continue to affect and influence their lives, and the lives of those around them? What are the principal problems that these individuals face? Such questions remain largely unanswered. More broadly, the long-term consequences of conflict-related rape and sexual violence are often overlooked. Based on extensive interviews with male and female survivors from all ethnic groups in Bosnia-Herzegovina (BiH), this interdisciplinary book addresses a critical gap in the current literature on rape and sexual violence in conflict situations. In so doing, it uniquely situates and explores the legacy of these crimes within a transitional justice framework.

Demonstrating that transitional justice processes in BiH have neglected the long-term effects of rape and sexual violence, it develops and operationalizes a new holistic approach to transitional justice that is based on an expanded conception of 'legacy' and has a wider application beyond BiH.

Male On Male Rape - Michael Scarce 1997-08-21

Male on Male Rape: The Hidden Toll of Stigma and Shame examines a form of violence that, despite worldwide prevalence, remains vastly underreported and unrecognized. Michael Scarce, coordinator of a rape education and prevention program and a survivor of adult male rape, investigates the substantial effects of male-on-male sexual violence on individuals and society,

dispelling popular myths and questioning why most communities cannot or will not confront the problem of same-sex sexual violence. This groundbreaking book is the culmination of years of research that includes numerous interviews with straight and gay male rape survivors, an analysis of popular media, case studies, and the author's own personal and professional experience. *Male on Male Rape* shatters the silence surrounding this sexual violence in our society while offering concrete initiatives and strategies for addressing the rape of men by men. It is an invaluable resource for anyone interested in the prevention of rape or the healing of rape's devastating effects.

Responding to Intimate Partner Violence and Sexual Violence Against Women - World Health Organization 2013

A health-care provider is likely to be the first professional contact for survivors of intimate partner violence or sexual assault. Evidence suggests that women who have been subjected to violence seek health care more often than non-abused women, even if they do not disclose the associated violence. They also identify health-care providers as the professionals they would most trust with disclosure of abuse. These guidelines are an unprecedented effort to equip healthcare providers with evidence-based guidance as to how to respond to intimate partner violence and sexual violence against women. They also provide advice for policy makers, encouraging better coordination and funding of services, and greater attention to responding to sexual violence and partner violence within training programmes for health care providers. The guidelines are based on systematic reviews of the evidence, and cover: 1. identification and clinical care for intimate partner violence 2. clinical care for sexual assault 3. training relating to intimate partner violence and sexual assault against women 4. policy and programmatic approaches to delivering services 5. mandatory reporting of intimate partner violence. The guidelines aim to raise awareness of violence against women among health-care

providers and policy-makers, so that they better understand the need for an appropriate health-sector response. They provide standards that can form the basis for national guidelines, and for integrating these issues into health-care provider education.

Hidden Victims - Robert L. Geiser 1979

Discusses the possible causes and aftermath of the sexual misuse of children resulting from incidents involving incest, rape, prostitution, and other activities.

Psychological Effects of Rape and Sexual Assault - John Briere 1979

Talking about Sexual Assault - Sarah E. Ullman 2010

Sexual assault is a traumatic experience for any woman. Furthermore, many victims who tell others about their assault must endure a 'second assault' in the form of negative reactions, such as victim blaming and disbelief. One third to two thirds of victims may experience such reactions, which have negative mental and physical health effects on the victims. This book provides a comprehensive look at women's rape disclosure, addressing such issues as why, how often, and to whom women disclose their sexual assault; how people respond to disclosures; what factors influence how they respond to disclosures; and how these responses affect survivors. With an ecological approach, the book considers the social context of rape, arguing that negative social reactions emanate from broader social norms and attitudes about rape. Multiple perspectives are considered, including those of survivors, informal support providers (family, friends, and intimate partners), and formal support providers (therapists, victim advocates, and others). Finally, recommendations for research, treatment, and intervention are provided. Powerful, insightful, and provocative, this book is essential reading for everyone who works with sexual assault victims, including therapists, health care workers, victim advocates, rape researchers, policy makers, and students in any of these fields.

13 Things Mentally Strong People Don't Do - Amy Morin 2014-12-23

"Kick bad mental habits and toughen yourself up."—Inc. Master your mental strength—revolutionary new strategies that work for everyone from homemakers to soldiers and teachers to CEOs. Everyone knows that regular exercise and weight training lead to physical strength. But how do we strengthen ourselves mentally for the truly tough times? And what should we do when we face these challenges? Or as psychotherapist Amy Morin asks, what should we avoid when we encounter adversity? Through her years counseling others and her own experiences navigating personal loss, Morin realized it is often the habits we cannot break that are holding us back from true success and happiness. Indulging in self-pity, agonizing over things beyond our control, obsessing over past events, resenting the achievements of others, or expecting immediate positive results holds us back. This list of things mentally strong people don't do resonated so much with readers that when it was picked up by Forbes.com it received ten million views. Now, for the first time, Morin expands upon the thirteen things from her viral post and shares her tried-and-true practices for increasing mental strength. Morin writes with searing honesty, incorporating anecdotes from her work as a college psychology instructor and psychotherapist as well as personal stories about how she bolstered her own mental strength when tragedy threatened to consume her. Increasing your mental strength can change your entire attitude. It takes practice and hard work, but with Morin's specific tips, exercises, and troubleshooting advice, it is possible to not only fortify your mental muscle but also drastically improve the quality of your life.

Cognitive Processing Therapy for Rape Victims - Patricia A. Resick
1993-06-02

Sexual assault is a traumatic event from which many survivors never fully recover. They may develop a range of disorders, including post-traumatic stress disorder, depression, poor self-esteem, interpersonal difficulties and

sexual dysfunction. This volume provides insight into the effects of rape and explores a treatment approach that assists in the healing process.

R a P E - Carol Lambert 2012-04-24

A True Story about a young Girl who took on the Legal System of the UK, her story encouraged thousands of others to support her as she told the world 'what really happened' and how an 'oversight coupled with a statement made by a Judge' that was to enrage women enough that they chased him from the Courts' and rob her of the Justice she had been promised. She fought not only for her own Justice and Honor, but for the thousands of Men, Women and Children that would be subjected to similar horror over the years. Compared to 'The Profumo Affair' by Media coverage, this case had the World in a Spin!

The Rape Victim - Mary P. Koss 1991-04

What is being done to prevent rape occurring? How do survivors deal with the trauma of rape? How are local agencies dealing with the increased incidence of rape? How effective are treatment programmes, where available? From the causes of rape to its long-lasting effects, from disclosure to treatment, *The Rape Victim* offers the most complete review to date of this crime. The authors address the trauma of rape, prevention, rape as a community issue, rape crisis centres, and clinical and group treatment for survivors.

Date Rape - Jessica Wilkins 2010-04-30

The statistics tell a horrific story: one in six women and one in 33 men will be sexually assaulted in their lifetime. Over 93 percent of juvenile sexual assault and rape victims know their assaulters. Written by a therapist, *Date Rape* helps readers understand this sensitive issue and gives those who have experienced it advice and coping strategies. Topics include the effects of rape, from depression to post-traumatic stress disorder, and suicide, as well as the benefits of disclosure and trust.

Techniques for Dealing with Child Sexual Abuse - Arlene Baxter 1986

Surviving and Moving On - Kim McGregor 2014-01-21

This book is essential reading for any survivor of child sexual abuse, female or male. Many survivors of sexual abuse have not always been believed or supported through their developmental years. They have had to cope on their own, dealing with the aftermath of the abuse in whatever ways they could. This book offers ideas and techniques for understanding and healing which adult survivors in particular may find useful. It tends to be written with women in mind, but much of the information and many of the exercises may be useful for male survivors as well. This book will also be useful for the partners, families and friends giving support and encouragement to survivors who are healing themselves from the effects of abuse. Many survivors want those around them to understand what they've survived and its effects on their life. Part 1 provides information about child sexual abuse - what it is, why children remain silent about it, some of the effects abuse can have on a survivor's life and how these can be minimised, and who the offenders are. Part 2 is for survivors, helping them to understand and to cope with their unique experience of child sexual abuse. Part 3 is specifically for supporters and caregivers of survivors.

Rape - Julie A. Allison 1993-06-21

Rape: The Misunderstood Crime is an excellent resource for professionals and students of psychology, sociology, education, social work, criminal justice, and law who seek to dispel "rape myths" and wish to better understand the nature and dynamics of both the rapist and the victim.

Sexual Assault - Sheila Miller 2017

Sexual victimisation is highly prevalent in the United States, with 63% of women and 24% of men reporting experiences of sexual victimisation in their lifetime. Given the wide range of deleterious outcomes associated with sexual victimisation investigations focused on identifying factors associated with negative health outcomes stemming from sexual victimisation have great

clinical and public health significance. This book provides new research on the prevalence, health effects and coping strategies of sexual assault.

Gender, Shame and Sexual Violence - Professor Sara Sharratt 2013-01-28

Drawing on extensive interview material gathered amongst victims, witnesses, judges and NGOs, this book investigates the prosecution of rape and sexual violence in war crimes tribunals, with special attention to The International Court for the Former Yugoslavia (ICTY) and World Court in Sarajevo. It examines the testimonies of victims and witnesses and their reasons for testifying, their attitudes towards perpetrators, the consequences of testifying, their recommendations for other witnesses and conceptions of justice. In addition, it explores the attitudes of judges, prosecutors, psychologists and those in charge of protecting and offering services. Adopting a feminist approach, 'Gender, Shame and Sexual Violence' challenges the assumption that the deterrent effect of making rape trials more visible would reduce the occurrence of sexual violence in conflict situations, contending instead that the manner in which cases are handled both increases the victims' sense of shame and serves to propagate a representation of women's bodies that may actually serve to increase the use of sexual violence during war. A compelling analysis of the prosecution of rape as a war crime, this volume offers extensive new empirical material that will be of interest to scholars of sociology, gender studies, criminology, politics, international relations and law.

Dealing with the Effects of Rape and Incest - Marvin Rosen 2002

Discusses various traumas inflicted on children and teenagers, particularly rape and incest, the psychological impact of these traumatic events, and how to deal with them.

The Effects of Coping Style on Adjustment in Acquaintance Rape Victims - Jane Marie Bowling 1992

After the Violence - Alison Warren Markson 1992

Understanding the Effects of Child Sexual Abuse - Sam Warner 2009-01-13

Child sexual abuse is a global problem that negatively affects many women and girls. As such, it has long been of concern to feminists, and more recently mental health activists. This book draws on this revolutionary legacy, feminism and post-structuralism to critically examine current perceptions of women, girls and child abuse in psychology, psychiatry and the mass media, and to re-evaluate mainstream and feminist approaches to this subject. The book aims to contribute to the ongoing development of a knowledge-base for working with abused women and girls, and demonstrates the need to question the use of formulaic methods in working with abused women and girls. It calls for an explicit concern with politics, principles and ethics in the related areas of theory, research and practice. Using research into women who have been sexually abused in childhood, and who are detained in maximum security mental health care, Sam Warner explores and identifies key principles for practice. A social recovery model of intervention is developed, and case study examples are used to demonstrate its applicability in a range of practice areas. These include abuse psychotherapy; expert witness reports in child protection; with mothers of abused girls; and with women and girls in secure care contexts. This thorough investigation of this emotive issue provides a clear theoretical and practical framework for understanding and coping with child sexual abuse. This book will be of interest to anyone who works with children and adults who have been abused. This includes clinical psychologists, therapists and other professionals that work in mental health, psychotherapy and social services; and legal settings within both community and secure care contexts. It should also be essential reading for students and academics in this area.

The Trauma of Sexual Assault - Jenny Petrak 2003-07-07

The psycho-social needs of victims of rape and sexual assault are increasingly recognised and there is a need for a critical synthesis of knowledge and

practice to support the development of training and best practice in the mental health and sexual health professions. *The Trauma of Sexual Assault* provides an understanding of the theoretical underpinning of the wide range of clinical problems that can follow sexual assault. Focusing on adult victims of sexual assault, this book brings together research findings, theoretical perspectives and implications for treatment, longer term management, and future policy. * The first text to consider the psychological impact of sexual assault on women and men * Incorporates a comprehensive flow-through model of psychological and social management from the initial presentation of the assaulted person onwards * A much needed reference, accessible to a wide range of professionals Part of the Wiley Series in Clinical Psychology

Intimate Betrayal - Vernon R. Wiehe 1995-07-19

"Every year thousand of women are raped by someone they know and never report the sexual assault, partly because acquaintance rape is still widely misunderstood in our society and victims are often blamed for the crime. Addressing a need to change perceptions about this type of assault, this study informs and educates about the nature of acquaintance rape, its impact on the victim, intervention, and prevention. The chapters on intervention include material on crisis intervention, tools for effective rape counseling, and strategies for meeting the psychosocial needs for survivors who are facing long-term recovery due to previous sexual assault victimization. Survivors vividly describe the events in their own words, bringing home the horror of acquaintance rape and the immediate need for action to prevent it. The authors also offer a special chapter on marital rape to expose this long-denied and insidious form of rape. In addition, a useful review of current literature pinpoints interventions crucial to rape prevention."--From publisher description.

A Clinician's Guide to Disclosures of Sexual Assault - Amie R. Newins 2021-07-16

Sexual assault is a worldwide public health concern, as it occurs to people of all genders at alarming rates and results in serious impacts to physical and mental health. Furthermore, the reactions that survivors receive from formal and informal supports can significantly influence survivors' recovery. Given the prevalence of sexual assault, practitioners need to be prepared to handle disclosures of sexual assault from clients. *A Clinician's Guide to Disclosures of Sexual Assault* provides guidance for service providers on how to interact with survivors of sexual assault, defined here as sexual contact or penetration without the explicit consent of the victim. The book highlights that there are specific populations (e.g., sexual minorities, men) and settings (e.g., military, higher education) that require unique considerations when discussing sexual violence. Beginning with a foundation of literature focused on sexual assault and survivor disclosure, chapters build upon current theory and offer recommendations for conducting effective assessments and psychotherapy with survivors. Finally, case examples are presented to illustrate how these approaches can be used in practice. Professionals across disciplines, such as medical or educational settings, law enforcement, and victim services, have an instrumental role in facilitating survivor recovery, and this book offers best practices for delivering services in an affirming manner.

Psychological Effects of Rape and Coping Strategies of Rape Victims in the Gauteng Province - Nkomo. T.N 2012

Domestic and Sexual Violence and Abuse - Catherine Itzin 2010-10-04

Domestic violence, childhood sexual abuse, rape and sexual assault, and sexual exploitation through prostitution, pornography and trafficking can have many significant adverse impacts on a survivor's health and wellbeing, in the short, medium and long-term. Taking a life-course approach, the book explores what is known about appropriate treatment responses to those who have experienced, and those who perpetrate, domestic and sexual violence and

abuse. The book also examines key factors that are important in understanding how and why different groups experience heightened risks of domestic and sexual violence and abuse, namely: gender and sexuality; race and culture; disability; and abuse by professionals. Drawing together results from specially commissioned research, the views of experts by experience, experts by profession and the published research literature, the book argues that sufficient is already known to delineate an appropriate public health framework, encompassing primary, secondary and tertiary prevention, to successfully tackle the important public health issue represented by domestic and sexual violence and abuse. *Domestic and Sexual Violence and Abuse* equips health and social care professionals and services to identify and respond to the needs of affected individuals with a view to the prevention and early intervention.

Rape and Sexual Assault - Rebecca T. Klein 2013-07-15

It is estimated that almost 1.3 million women and girls in the United States are raped each year. Fifty-four percent of rapes go unreported, and 97 percent of rapists are never incarcerated for their crimes. This guide to coping with rape and sexual assault takes readers by the hand and guides them through the survival process, whether the reader is a victim or the friend of a victim. Beginning with what to expect when reporting the crime and ending with becoming an activist in order to help others, this guide is a must-read for any individual who needs information and support.

Who's Afraid of the Dark? - Cynthia Carosella 1995

In this powerful collection of writings, rape survivors openly discuss how they cope with the long term affects of rape, providing desperately needed support and reassurance to other rape survivors and those who care for them.

Treatment of Rape Victims - Karen S. Calhoun 1991

Victim Empowerment - 1996

Working with the Trauma of Rape and Sexual Violence - Sue J. Daniels
2016-11-21

The trauma caused by rape and sexual assault can often be further compounded by unthinking or insensitive comments from people who may judge, disbelieve or disparage the victim. This authoritative resource draws together advice for all people in the helping professions on how to work with victims of rape and sexual violence. The wide-ranging topics cover the effects of rape, male rape, childhood sexual abuse, sex trafficking and prostitution, and sexually transmitted infections, giving best practice advice on how to offer effective and compassionate support to help survivors.

Surviving Sexual Violence - Thema Bryant-Davis 2011-10-16

Explains the range of different sexual violations, from harassment in the workplace and marital rape to sexual violence in the military and childhood sexual abuse; and offers tips from experts in the field on various modes of recovery including mind-body practices, psychoeducation, spirituality/religion, and journaling.

Rape and the Criminal Justice System - Jennifer Temkin 1995

This work examines the ways in which the criminal justice system deals with rape and its after-effects in the victim (PTSD - post traumatic stress disorder). Considerable coverage is given to research findings in the United States, findings of the police themselves and other investigations.