

Domestic Violence Workbook And Worksheets

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Beyond Anger and Violence - Stephanie S. Covington 2014-05-27

The participant's essential guide to reflection and personal growth **Beyond Anger and Violence: A Program for Women Participant Workbook** is the participant's personal place for reflection, reactions, and learning, during and after management sessions. The activities inside reinforce program lessons about anger and violence, including how families, relationships, communities, and society affect one's life. In learning about the relationships between thoughts, feelings, and behaviors, participants can begin to grasp a better self-understanding that will help them manage anger in a healthier, more productive manner. They'll develop new skills for communication, conflict resolution, and decision-making, and will be introduced to a variety of calming techniques. **Beyond Anger and Violence** is a 40-hour, evidence-based program designed for women who have difficulty managing anger. Based on a social-ecological model, the program addresses the factors that put people at risk for experiencing overwhelming feelings of anger, and perpetrating assaults or destruction of property. This curriculum acknowledges anger as a normal, appropriate, and human emotion, but also recognizes the destruction it can lead to if allowed to get out of control. This workbook will help guide participants through the program, reinforcing the discussions held in session. Topics include: The effects of trauma Relationships and communication, control, and conflict The importance of safety and the power

of community Self-transformation, and creating change The workbook also includes a Daily Anger Log, a Self-Reflection Tool, and list of yoga poses that can have a calming effect on both body and mind. Participants may already recognize the effects of anger on their lives, and that it may even be affecting their health. Through the **Beyond Anger and Violence** program, and the exercises in this workbook, they can join a group of women working to create a less-violent world.

Invincible - Brian F. Martin 2015-10-06

"According to UNICEF, growing up with domestic violence is one of the most pervasive human rights violations in the world, affecting more than a billion people. Yet, too few people are aware of the profound impact it can have. **Invincible** seeks to change this lack of awareness and understanding with a compelling look at this important issue, informing and inspiring anyone who grew up living with domestic violence--and those who love them, work with them, teach them, and mentor them. Through powerful first-person stories, including the author's own experiences, as well as insightful commentary based on the most recent social science and psychology research, **Invincible** not only offers a deeper understanding of the concerns and challenges of domestic violence, but also provides proven strategies everyone can use to reclaim their lives and futures"--

Handbook of Anger Management and

Domestic Violence Offender Treatment - Ron Potter-Efron 2015-02-20

Ronald T. Potter-Efron consciously connects

anger management and domestic violence, two long separated fields, and addresses treatment options and intervention methods that meet the needs of individual clients, couples, families, and groups. Therapists, counselors, social workers, and other treatment specialists will find this book a useful overview and reference for anger and anger management techniques as well as domestic violence approaches. This new edition is split into four distinct sections: • A description of anger and domestic violence focused upon helping clients use the principles of neuroplasticity to dramatically alter their behavior • Assessment for anger problems and/or domestic violence • Group treatment for individuals with anger problems and/or domestic violence • Individual, couples, and family treatment of these concerns. Woven through this book is a fair and balanced treatment of gender issues, reflected in the diversity of case examples that address jealousy, chronic anger, behavioral problems, group and individual counseling, and more. Readers are also shown how anger develops and can lead to verbal and physical outbursts, the five types of rage reactions, and how to treat anger turned inward. Potter-Efron also details four different approaches to treating anger: behavioral, cognitive, affective, and existential/spiritual. Mental health professionals are provided numerous questionnaires and worksheets to utilize with their clients. *Handbook of Anger Management and Domestic Violence Offender Treatment* is an essential guidebook that illustrates effective theory and practice.

The Domestic Violence Survival Workbook - Ester Leutenberg 2009-03-01

Reproducible self-assessments, exercises, journaling activities and educational handouts created for therapists, psychologists and other helping professionals to help their clients deal with domestic violence issues in their lives.

Trauma-Informed Treatment and Prevention of Intimate Partner Violence - Casey T. Taft 2016

Individuals who engage in intimate partner violence have high rates of previous exposure to trauma and, most notably, to childhood violence. While decades of research support this finding, most models of intimate partner violence and training programs for practitioners who work with these individuals fail to take into

consideration the impact of trauma on relationship functioning. Such programs are thus often ineffective in preventing or reducing violent behaviour. The urgent need for programmes that give greater weight to trauma has been highlighted by the needs of returning military veterans who have experienced significant trauma and engage in intimate partner violence. This book provides mental health professionals the knowledge and skills they need to deliver effective treatment to individuals who engage in intimate partner violence. The authors draw on their extensive clinical experience as well as their own recent studies to help clinicians assess and intervene both with military personnel and civilians who belong to this "hard to treat" population. Their positive approach to treatment addresses trauma-related issues in those who experience intimate partner violence as well as those who engage in it. Clearly written and approachable, it provides guidelines for intervention with groups, couples, and individuals, providing much-needed answers to both common and unexpected clinical challenges. A comprehensive appendix features ready-to-use worksheets and forms for both practitioners and their clients, including: Common Reactions to Trauma Trauma Impact Questions Anger Analysis Form Roots of Your Communication Style Conflict Analysis Sheet

The STOP Program: Handouts and Homework - David B. Wexler 2020-03-31

Worksheets and exercises to accompany this powerful therapeutic program. Fully revised and updated to accompany the fourth edition of the STOP Domestic Violence program, these handouts are critical to keeping participants actively engaged in overcoming their abusive tendencies. Packaged as functional loose-leaf sheets, they can be added, removed, or rearranged to suit the needs of any group leader administering the program.

Talking about Domestic Abuse - Cathy Humphreys 2006

Talking about Domestic Abuse is an activity pack for children of nine years and above and adolescents where families have experienced domestic abuse, to help and encourage them to open up to their mothers about their distressing experiences. Based on the authors' work with

families who have experienced domestic abuse, the activities are designed around four important themes: building self-esteem; naming feelings; facilitating communication between mothers and children; and talking about personal experiences, including domestic violence, and are accompanied by photographs which act as prompts for discussion. The authors explain the need of young people to communicate with their parents about painful memories. They also establish practical 'ground rules' on how mothers can enter into that communication successfully and how to make the most of the activities provided. Further information is also given on support services that are available to families coping with domestic abuse. This will be an essential tool for families including young people who have lived through domestic abuse, as well as social workers and other professionals working with them.

Living with My Family - Wendy Deaton 1991
Workbook for use in a clinical setting by a therapist, counselor, or school psychologist. Designed to help the child traumatized by a violent family fight to recall and work through memories and associations which could result in posttraumatic reactions.

Moving Out, Moving on - Susan Murphy-Milano 2004-01-01

Today's most comprehensive, step-by-step, practical guide to bringing the painful process of a relationship break-up and divorce to an equitable conclusion. This book offers a complete and detailed plan for dealing with all the aspects and pitfalls that one faces during this emotional and life-altering experience. Through clear explanations, simple forms and worksheets, *Moving Out, Moving On* logically takes the reader through all the necessary preparation and information gathering to effectively seek legal redress, protect one's assets and credit, address considerations regarding children, define alternate living arrangements, and deal with the myriad of financial problems and concerns surrounding a divorce. *Moving Out, Moving On* also addresses in detail abusive relationships, domestic violence and stalking and how to safely confront these situations. This book also contains a CD with all the forms and documents in Word and PDF

format.

Talking to My Mum - Ravi Thiara 2006-06-15
Talking to My Mum is an activity pack for five-eight-year-olds whose families have experienced domestic abuse to help and encourage them to open up to their mothers about their distressing experiences. Based on the authors' work with families who have experienced domestic abuse, the book is full of illustrated worksheets featuring animal characters who encourage the young reader to explore a range of memories, such as changes in the family's living arrangements or happy memories with siblings or favourite toys that each prompt a particular emotion. These activities are accompanied by guidance on how to use them appropriately. *Talking to My Mum* is designed for children and their mothers to complete together, and will assist both child and mother with improving communication about the past, present and future. This activity pack will be an essential tool for families with children who have lived through domestic abuse, as well as social workers and other professionals working with them.

Life Skills Curriculum: ARISE Fatherhood (Instructor's Manual) - ARISE Foundation Staff 2011-07

ARISE Fatherhood explains that parenting skills are not inherited or instinctive. They must be observed and learned. This life skills manual is "Dad's Basic Training" for teenage boys and young men. It shows them that making a baby just to prove you can do it isn't cool or smart. Youth will see that a good father is one who understands, supports, loves and protects his children and family.

Fatherhood - Edmund F. Benson 1999

How to Spot a Dangerous Man Before You Get Involved - Sandra L. Brown 2005

The author of *Counseling Victims of Violence* identifies the types of men women should avoid, including physical abusers, men who want mothers, men who prey on lonely women, men who are emotionally unavailable, and dangerously clingy men. Original.

Teen Violence Workbook - Ester Leutenberg 2013-01-15

Teen violence can break out anywhere and at any time. Violent behavior in teens can include a

wide range of behaviors. Caring adults can help teens develop awareness of the violence that they are exposed to daily with these creative activities. They will complete assessments and activities to help them explore the violence in their lives and develop strategies for coping with violence.

Ending the Cycle of Violence - Einat Peled 1995

This work covers the complex issues involved in intervention with children of battered women and provides an overview of current practice including strategies and program models.

Cognitive Processing Therapy for PTSD - Patricia A. Resick 2016-12-26

The culmination of more than 25 years of clinical work and research, this is the authoritative presentation of cognitive processing therapy (CPT) for posttraumatic stress disorder (PTSD). Written by the treatment's developers, the book includes session-by-session guidelines for implementation, complete with extensive sample dialogues and 40 reproducible client handouts. It explains the theoretical and empirical underpinnings of CPT and discusses how to adapt the approach for specific populations, such as combat veterans, sexual assault survivors, and culturally diverse clients. The large-size format facilitates photocopying and day-to-day use. Purchasers also get access to a Web page where they can download and print the reproducible materials. CPT is endorsed by the U.S. Departments of Veterans Affairs and Defense, the International Society of Traumatic Stress Studies, and the U.K. National Institute for Health and Care Excellence (NICE) as a best practice for the treatment of PTSD.

Domestic Violence Treatment for Abusive Women - Ellen L. Bowen 2011-02-14

Recognizing that women can be as abusive in their intimate partnerships as men, this book provides the clinician with information to understand the unique characteristics and treatment implications for women's domestic violence. Practical and effective guidance is given for conducting group treatment of abusive women.

A Volcano in My Tummy - Eliane Whitehouse 1996-01-01

A Volcano in My Tummy: Helping Children to Handle Anger presents a clear and effective

approach to helping children and adults alike understand and deal constructively with children's anger. Using easy to understand yet rarely taught skills for anger management, including how to teach communication of emotions, *A Volcano in My Tummy* offers engaging, well-organized activities which help to overcome the fear of children's anger which many adult care-givers experience. By carefully distinguishing between anger the feeling, and violence the behavior, this accessible little book, primarily created for ages 6 to thirteen, helps to create an awareness of anger, enabling children to relate creatively and harmoniously at critical stages in their development. Through activities, stories, articles, and games designed to allow a multi-subject, developmental approach to the topic at home and in school, *A Volcano in My Tummy* gives us the tools we need to put aside our problems with this all-too-often destructive emotion, and to have fun while we're at it. Elaine Whitehouse is a teacher, family court and private psychotherapist, mother of two and leader of parenting skills workshops for eight years. Warwick Pudney is a teacher and counsellor with ten years experience facilitating anger management, abuser therapy and men's change groups, as well as being a father of three. Both regularly conduct workshops.

Life Skills Curriculum: ARISE Sprouts, Book 4: Keeping Your Child Safe (Instructor's Manual) - ARISE Foundation Staff 2011-07-02

ARISE Sprouts: Keeping Your Child Safe covers everything young teen parents need to know to keep a child safe domestic violence, firearms, poisons, lead, food, car safety, and anger among other topics. The Child Safety book deals with the realities of making babies and what it takes to raise them.

Creative Interventions Toolkit - Creative Interventions 2021-10-19

The *Creative Interventions Toolkit* is a practical guide to community-based interventions against interpersonal violence, a process also known as community accountability or transformative justice. Originally an online resource, it is written for everyday people--survivors, people who caused harm, and friends/family who want to help without turning to the police or government. It provides basic information about interpersonal violence; advice for survivors of

violence and people who have caused harm; guides for people who want to help; a framework to confront and transform violence; and stories from people who have used community-based interventions.

The STOP Program for Women - David B Wexler
2016-03-01

Homework and handouts for women who abuse their partners. This program addresses the rapidly increasing awareness of female domestic violence and need for quality treatment services. Developed and field-tested for over twenty-five years among military and civilian populations, this program integrates contemporary interventions and client-centered guidelines to treat domestic violence offenders—who happen to be female. Based on the acclaimed domestic violence treatment program STOP Domestic Violence, which focused on male domestic violence offenders, this book recognizes what is now being widely accepted, abuse is abuse regardless of gender, and must be treated. These worksheets and exercises, fully integrated with the main book, keep group members actively engaged in overcoming their abusive behaviors. Packaged as loose-leaf sheets, they can be added, removed, or rearranged to suit the needs of any leader administering the program. Worksheets are arranged by sessions which help abusers understand why what they are doing is abuse, and how to overcome what drives them to do so. The abusers are held accountable for their actions rather than blame the victims or various substances. Each session comes with clearly labeled questions for the abusers to answer in the session and as homework, providing structure for recovery both within the sessions and at home.

Recover and Rebuild Domestic Violence Workbook - Stacie Freudenberg 2020-06-02

Your healing is in your hands with this survivor's recovery workbook It's time to turn the page and start the next chapter of your life's journey. The Recover and Rebuild Domestic Violence Workbook is an easy-to-use workbook full of healing exercises and journaling prompts to empower survivors of abusive relationships. The self-guided approach offers critical thinking, coping skills, and other proven tools to help you strengthen and rebuild from domestic violence--and move forward into a new stage of life. Find

answers about domestic violence and explore the types of trauma you may be dealing with in the wake of an abusive relationship. Work through simple exercises and thoughtful writing prompts designed to help you process your feelings--and let go of the ones that don't serve you. Discover advice for building healthy communication skills and navigating future relationships. Your story is just beginning! The Recover and Rebuild Domestic Violence Workbook includes: Inclusive support--This workbook is geared toward survivors of any kind of domestic violence or abuse, with guidance you can use no matter your gender or relationship type. Proven techniques--Rebuild using effective therapeutic methods, from cognitive behavioral therapy, mindfulness practice, assertiveness training, and other empirically supported tools. All facets of healing--Find the helping hand you need to recover from domestic violence with exercises on combating negative self-talk, working through guilt or shame, releasing anxiety and anger, and more. You are resilient--take steps toward healing with the Recover and Rebuild Domestic Violence Workbook.

Anger Management for Substance Abuse and Mental Health Clients - Patrick M. Reilly
2002

How to Spot a Dangerous Man Workbook - Sandra L. Brown 2005-04

What is a dangerous man? Most women would answer: one who is physically violent. But abusive behavior is often more insidious. Men who want mothers, not partners, who prey on lonely, passive women, who are mentally ill, addicted, or emotionally unavailable, or who won't go away when asked to leave all fall into this dangerous category. Most women who have dated one dangerous man have in fact dated two or three, according to research. How to Spot a Dangerous Man Workbook, designed for use with the author's book How to Spot a Dangerous Man Before You Get Involved, contains useful exercises from the author's highly successful workshops for women, including 22 worksheets and quizzes to help readers develop their own personalized list of do not date characteristics. The author's extensive research in this field makes this hands-on guide an important aid in both avoiding a potentially dangerous

involvement and recognizing -- and getting out of -- an existing one.

Pattern Changing for Abused Women - Marilyn Shear Goodman 1995

Designed for facilitators of groups for physically, emotionally and sexually abused women, this volume examines a programme that focuses on the woman herself and her power to change the course of her life. The book is based on the accumulated experience of the authors and their continuing evaluation of groups they have facilitated over the past eight years. Both material for clients and easy-to-follow scripts for group leaders are included. Educational rather than therapeutic, the programme includes sessions on family roles, boundaries, feelings and assertiveness skills. It is designed to enable abused women to: understand the problem and reality of abuse for the entire family; set realistic goals; become aware of lifelong

Life Skills Curriculum: ARISE Work In Progress, Book 2: Substance Abuse & Guns (Instructor's Manual) - 2011-07-02

ARISE Work In Progress: Substance and Domestic Abuse provides interactive lesson plans to help teach your students about the dangers of drug and alcohol abuse, tobacco use, gun facts and gun control, guns and violence and much more!

ARISE Kids Alert - Learner's Workbook - Arise Foundation 2006

Why Does He Do That? - Lundy Bancroft 2003-09-02

In this groundbreaking bestseller, Lundy Bancroft—a counselor who specializes in working with abusive men—uses his knowledge about how abusers think to help women recognize when they are being controlled or devalued, and to find ways to get free of an abusive relationship. He says he loves you. So...why does he do that? You've asked yourself this question again and again. Now you have the chance to see inside the minds of angry and controlling men—and change your life. In *Why Does He Do That?* you will learn about: • The early warning signs of abuse • The nature of abusive thinking • Myths about abusers • Ten abusive personality types • The role of drugs and alcohol • What you can fix, and what you can't • And how to get out of an abusive relationship

safely “This is without a doubt the most informative and useful book yet written on the subject of abusive men. Women who are armed with the insights found in these pages will be on the road to recovering control of their lives.”—Jay G. Silverman, Ph.D., Director, Violence Prevention Programs, Harvard School of Public Health

Life Skills Curriculum: ARISE Work In Progress, Book 3: Domestic & Sexual Abuse - 2011-07

Social skills blueprint teens will use to build a solid future. Topics include anger management, violence, drug abuse, conflict resolution, domestic violence and abuse.

Criminal Conduct and Substance Abuse Treatment: Strategies For Self-Improvement and Change, Pathways to Responsible Living - Kenneth W. Wanberg 2006-01-18

The accompanying Participant's Workbook to the SSC is written to engage clients and encourage active participation in treatment and responsible living. Phase I: Challenge to Change: Building Knowledge and Skills for Responsible Living Phase II: Commitment to Change: Strengthening Skills for Self-Improvement, Change, and Responsible Living Phase III: Taking Ownership of Change: Lifestyle Balance and Healthy Living **Healing the Trauma of Domestic Violence** - Edward S. Kubany 2004-08

If you've freed yourself from an abusive relationship but still suffer from its effects, this program of trauma recovery techniques can help you take back your peace of mind. Based on a clinically proven set of techniques called cognitive trauma therapy (CTT), the exercises in this workbook will help you address feelings of guilt, anger, depression, anxiety, and stress. You'll learn how to break down the negative thoughts that might be cycling in your mind and how to replace them with positive, constructive affirmations. Later in the program, you'll be guided through controlled exposure to abuse reminders, which will enable you to face the fears you might otherwise spend a lifetime avoiding. The program begins and ends with techniques for becoming your own best advocate -- an informed, confident person with all the strength you need to create the secure, fulfilling life you deserve. Book jacket.

Alternatives to Domestic Violence - Kevin A. Fall 1999

This workbook has been designed for counselors to help abusers of women recognize and deal with the issues underlying their behavior through battering intervention groups.

Techniques presented in the manual have been tested in actual groups and refined for inclusion into the workbook. Case studies and exercises are provided to stimulate active participation by group members. Chapters include: (1) "Defining Abuse and Battering"; (2) "Achieving Nonviolence"; (3) "Exploring and Defeating Intimidation"; (4) "Creating a Trusting Relationship"; (5) "Giving and Receiving Respect"; (6) "Accountability: Taking Responsibility for Yourself"; (7) "Maintaining Positive Sexual Relationships"; (8) "Negotiating a Partnership"; (9) "Cooperating through Good Communication"; and (10) "Parenting: How to Relate to your Children". (Contains 16 references.) (GCP)

Foundations for Violence-free Living - David J. Mathews 1995

Foundations for Violence-Free Living: A Step-by-Step Guide to Facilitating Men's Domestic Abuse Groups gives you everything you need to facilitate effective men's domestic abuse groups. Whether you want to start a group or enhance your current program, this guide and participant's workbook provide complete tools for facilitating a domestic abuse treatment program with proven success. Foundations for Violence-Free Living distills the best of fifteen years of experience by one of the nation's largest, most comprehensive domestic abuse programs. This practical guide includes: twenty-nine activities accompanied by forty-nine worksheets--pick and choose the activities and worksheets that best fit your clientele, your program, and the strengths of your facilitators extensive preparation for each activity, including how to present it, what worksheets are required, and most important, the issues each activity is likely to raise and how to respond to them proven techniques for reversing denial and blaming, changing the behavior of resistant clients, dealing with chemical use in group, serving a diverse clientele, and other special issues guidelines for program consistency, from a philosophy of violence, to intake and individual counseling, to recommended policies and releases, to suggestions for facilitating groups

how to co-facilitate, and why we recommend a male/female facilitation team. The activities in this guide were developed by the staff of the Amherst H. Wilder Foundation Community Assistance Program, located in St. Paul, Minnesota.

Life Skills Curriculum: ARISE Rules of the Road (Instructor's Manual) - ARISE Foundation Staff 2011

Creative Interventions Workbook - Interventions Creative 2022-09-27

The Creative Interventions Workbook features useful and effective tools and exercises aimed for survivors of interpersonal violence, friends/family who want to help, and people who caused harm. This companion text to the Creative Interventions Toolkit, also published by AK Press, provides grounded, hands-on lessons to help readers confront and end interpersonal violence of all sorts—sexual, domestic, family, and more. Together they form the feminist bedrock texts for the emerging framework of transformative justice.

The Ultimate Wedding Registry Workbook - Sharon Naylor 2005

He'd be perfectly happy to register at Home Depot, but you'd prefer Williams-Sonoma. Your mom's insisting on Bloomingdale's. Meanwhile, a dizzying array of needs vs. wants has you wondering how far you can go without going over the top. How can something that should be so much fun become so overwhelming?

The Teen Relationship Workbook - Kerry Moles 2001

This workbook is for therapists, counselors, and other professionals working with young people to prevent or end relationship abuse. Designed to teach teens to recognize the warning signs in relationship abuse and develop skills for healthy relationships.

A Guide to Self-Help Workbooks for Mental Health Clinicians and Researchers - Luciano L'Abate 2014-01-14

Never has the need for a compendium of self-help workbooks been so great! From the founder of the world's first PhD program in Family Psychology comes an extensive guide to nearly all of the mental health workbooks published through 2002. Placed together in one volume for the first time, A Guide to Self-Help Workbooks

for Mental Health Clinicians and Researchers includes reviews and evaluates the complexity of each workbook in regards to its form, content, and usability by the client. From abuse to women's issues, this annotated bibliography is alphabetized by author, but can also be researched by subject. While self-help workbooks are currently not as popular or as mainstream as self-help books and video, that could soon change. Self-help workbooks are versatile, cost-effective, and can be mass-produced. The workbook user is active rather than passive, and the mental healthcare worker can analyze a more personal response from the user, whether in the office or via the Internet. *A Guide to Self-Help Workbooks for Mental Health Clinicians and Researchers* brings these workbooks together into one sourcebook to suit anyone's needs. Each self-help workbook is reviewed according to specific criteria: contents structure specificity goal level of abstraction a subjective evaluation usually concludes the review of the workbook *A Guide to Self-Help Workbooks for Mental Health Clinicians and Researchers* also includes: an in-depth introduction discussing the need for workbooks in mental health practices indices for subject as well as author an address list of the publishing houses for the workbooks annotated in the bibliography an Informed Consent Form to verify compliance with ethical and professional regulations before administering a workbook to a client *A Guide to Self-Help Workbooks for Mental Health Clinicians and Researchers* offers you a complete resource to self-help workbooks for all mental health subjects. Dr. L'Abate's highly selective review process helps you find exactly what you need. This unique sourcebook

is vital for mental health clinicians, counselors, schoolteachers, and college and graduate students.

The STOP Domestic Violence Program: Group Leader's Manual (Fourth Edition) - David B. Wexler 2020-03-31

An update to this best-selling treatment program for domestic violence abusers. The bold interventions from STOP have now been field-tested for more than thirty years among military and civilian populations—and STOP has now treated more than 50,000 domestic violence offenders. David Wexler's program offers therapists, social workers, and other counselors a new level of sound, psychologically based interventions that reach the very men who often seem so unapproachable in a treatment setting. Treatment providers will find new sessions—based on the latest evidence-supported strategies—on insecure attachment issues, stages of change, groundbreaking results from the Adverse Childhood Experiences (ACE) study, normative male alexithymia, stake in conformity issues, substance abuse issues, and more. This new edition integrates twenty-four field-tested video clips to dramatically illustrate key issues for the group. Presented in a 26- or 52-week psychoeducational format, STOP is packed with updated skills, exercises, videos, handouts, and homework assignments that challenge men to examine themselves and develop new tools to manage their relationship issues.

Life Skills Curriculum: ARISE Work In Progress, Book 3: Domestic & Sexual Abuse - 2011-07

Social skills blueprint teens will use to build a solid future. Topics include anger management, violence, drug abuse, conflict resolution, domestic violence and abuse.