

Dying To Be Me My Journey From Cancer To Near Death To True Healing By Moorjani Anita On 04062012 Unabridged Edition

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Dying to Be Me - Anita Moorjani 2014-09-01

In this truly inspirational memoir, Anita Moorjani relates how, after fighting cancer for almost four years, her body began shutting down—overwhelmed by the malignant cells spreading throughout her system. As her organs failed, she entered into an extraordinary near-death experience where she realized her inherent worth . . . and the actual cause of her disease. Upon regaining consciousness, Anita found that her condition had improved so rapidly that she was released from the hospital within weeks—without a trace of cancer in her body! Within these pages, Anita recounts stories of her childhood in Hong Kong, her challenge to establish her career and find true love, as well as how she eventually ended up in that hospital bed where she defied all medical knowledge. As part of a traditional Hindu family residing in a largely Chinese and British society, Anita had been pushed and pulled by cultural and religious customs since she was a little girl. After years of struggling to forge her own path while trying to meet everyone else's expectations, she had the realization, as a result of her epiphany on the other side, that she had the power to heal herself . . . and that there are miracles in the Universe that she'd never even imagined. In *Dying to Be Me*, Anita freely shares all she has learned about illness, healing, fear, "being love," and the true magnificence of each and every human being! This is a book that definitely makes the case that we are spiritual beings having a human experience . . . and that we are all One!

[Deep Meditation for Healing](#) - Anita Moorjani 2012-05

When Breath Becomes Air - Paul Kalanithi 2016-01-12

#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the

age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When *Breath Becomes Air* chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When *Breath Becomes Air* is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Before I Die - Jenny Downham 2009-05-26

For the many readers who love *The Fault in Our Stars*, this is the story of a girl who is determined to live, love, and to write her own ending before her time is finally up. Tessa has just months to live. Fighting back against hospital visits, endless tests, and drugs with excruciating side effects, Tessa compiles a list. It's her To Do Before I Die list. And number one is Sex. Released from the constraints of "normal" life, Tessa tastes new experiences to make her feel alive while her failing body struggles to keep up. Tessa's feelings, her relationships with her father and brother, her estranged mother, her best friend, and her new boyfriend, are all painfully crystallized in the precious weeks before Tessa's time runs out. A Publishers Weekly Best Children's Book of the Year A Booklist

Editors' Choice A Book Sense Children's Pick A Kirkus Reviews Editors' Choice A Publishers Weekly Flying Start Author An ALA-YALSA Top Ten Best Book for Young Adults The newly released feature film *Now Is Good*, starring Dakota Fanning, is based on Jenny Downham's intensely moving novel.

At Heaven's Door - William J. Peters 2022-01-18

A "brilliant and fascinating" (Eben Alexander, MD, author of *Proof of Heaven*) exploration—rich with powerful personal stories and convincing research—of the many ways the living can and do accompany the dying on their journey into the afterlife. In 2000, end-of-life therapist William Peters was volunteering at the Zen Hospice Project in San Francisco when he had an extraordinary experience as he was reading aloud to a patient: he suddenly felt himself floating midair, completely out of his body. The patient, who was also aloft, looked at him and smiled. The next moment, Peters felt himself return to his body...but his patient never regained consciousness and died. Perplexed and stunned by what had happened, Peters began searching for other people who'd shared similar experiences. He would spend the next twenty years gathering and meticulously categorizing their stories to identify key patterns and features of what is now known as the "shared crossing" experience. The similarities, which cut across continents and cultures and include awe-inspiring visual and sensory effects, and powerful emotional aftershocks. The book is filled with "moving and tender" (Jack Kornfield, PhD, author of *A Path with Heart*) tales of spouses seeing their loved ones reach the other side after decades together and bereaved parents who share their children's entry into the afterlife. Applying rigorous research, Peters digs into the effects of these shared crossing experiences impart—liberation at the sight of a loved one finding joy, a sense of reconciliation if the relationship was fraught—and explores questions like: What can explain these shared death experiences? How can we increase our likelihood of having one? What do these experiences tell us about what lies beyond? And, most importantly, how can they help take away the sting of death and better prepare us for our own final moments? How can we have both a better life and a better death?

The Way of Kings - Brandon Sanderson 2014-03-04

Introduces the world of Roshar through the experiences of a war-weary royal compelled by visions, a highborn youth condemned to military slavery, and a woman who is desperate to save her impoverished house.

Love - Angie DeMuro 2017-10

A story about loving yourself.

Still Here - Ram Dass 2001-06-01

More than thirty years ago, an entire generation sought a new way of life, looking for fulfillment and meaning in a way no one had before. Leaving his teaching job at Harvard, Ram Dass embodied the role of spiritual seeker, showing others how to find peace within themselves in one of the greatest spiritual classics of the twentieth century, the two-million-copy bestseller *Be Here Now*. As many of that generation enter the autumn of their years, the big questions of peace and of purpose have returned demanding answers. And once again, Ram Dass blazes a new trail, inviting all to join him on the next stage of the journey.

Chasing Heaven - Crystal McVea 2016-03-22

The author recalls how, after her near-death visit to Heaven, her life changed and she embraced a life of love, faith, and passion in this world, and advises readers to adopt the path of faith in order to make the most of the time they have.

A Celtic Book of Dying - Phyllida Anam-Áire 2021-12-21

• Describes the Celtic rituals of honoring death and dying and offers prayers,

meditations, and blessings for the time of transition • Offers reflective questions and exercises to explore your beliefs, attitudes, and fears around your own death • Includes the sacred meditation of traveling with the dead as offered by an anam-áire or Celtic soul carer Through her decades of hospice work, Phyllida Anam-Áire has revived the ancient Celtic tradition of "watching" with the dying and traveling with the soul after death. Drawing on her Celtic background, she integrates the wisdom of her ancestors with modern knowledge of the death process. She shows how a peaceful transition for the leaving person is possible and how this process can be consciously supported for relatives or friends. In *A Celtic Book of Dying*, Phyllida details the Celtic rituals of honoring death and dying, revealing how these rituals act as a catalyst that allows the change of form for our essence to pass on into the afterlife. She shows how becoming familiar with the dying process and acknowledging our own personal death forms an important aspect of preparing for this natural transformation. The author guides us with reflective questions, exercises, and meditations to help us become aware of and evaluate our own beliefs, attitudes, and fears around dying and learn to live our life more consciously and with joy. Once we have come to terms with our own passing, we will also find it easier to assist family and friends in their last hours. Phyllida presents the sacred meditation of traveling with the dead as held by an anam-áire or soul carer. She also offers suggestions for Celtic rituals, prayers, and blessings for support. She addresses many practical questions around care for the dying during and after the process, including the importance of silence. A practical yet soulful guidebook, *A Celtic Book of Dying* deepens our spiritual understanding of the internal journey of the dying and the adventurous after-death journey to come. Through the eyes of an anam-áire, we see death not as the end or something to be feared, but just as the moment of being called home again.

Dying to Live - Joanne Harvey 2010

A collection of empowering stories about real people living with a terminal illness; stories that help embrace life and release fear.

The Book Thief - Markus Zusak 2007-12-18

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." —The New York Times "Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank." —USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.

True Strength - Kevin Sorbo 2011-10-11

The star of TV's *Hercules: The Legendary Journeys* reveals how a series of debilitating strokes at the height of his career changed his life

In Love - Amy Bloom 2022-03-08

NEW YORK TIMES BESTSELLER • A powerful memoir of a love that leads two people to

find a courageous way to part—and a woman’s struggle to go forward in the face of loss—that “enriches the reader’s life with urgency and gratitude” (The Washington Post) “A pleasure to read . . . Rarely has a memoir about death been so full of life. . . . Bloom has a talent for mixing the prosaic and profound, the slapstick and the serious.”—USA Today ONE OF THE BEST BOOKS OF THE YEAR: NPR Amy Bloom began to notice changes in her husband, Brian: He retired early from a new job he loved; he withdrew from close friendships; he talked mostly about the past. Suddenly, it seemed there was a glass wall between them, and their long walks and talks stopped. Their world was altered forever when an MRI confirmed what they could no longer ignore: Brian had Alzheimer’s disease. Forced to confront the truth of the diagnosis and its impact on the future he had envisioned, Brian was determined to die on his feet, not live on his knees. Supporting each other in their last journey together, Brian and Amy made the unimaginably difficult and painful decision to go to Dignitas, an organization based in Switzerland that empowers a person to end their own life with dignity and peace. In this heartbreaking and surprising memoir, Bloom sheds light on a part of life we so often shy away from discussing—its ending. Written in Bloom’s captivating, insightful voice and with her trademark wit and candor, *In Love* is an unforgettable portrait of a beautiful marriage, and a boundary-defying love.

As I Lay Dying - William Faulkner 2018-10-02

As I Lay Dying is Faulkner's harrowing account of the Bundren family's odyssey across the Mississippi countryside to bury Addie, their wife and mother. As they carry Addie in a homemade coffin, pulled along by a team of mules, the Bundrens are haunted by greed and fear—their journey both mocks and confirms our humanity. Their story is told in turn by each of the family members—including Addie herself—as well as those they encounter on their way. This fractured viewpoint epitomizes Faulkner's visceral modernist style, as the varied voices reveal secrets, expose desires, and bring back the dead. A benchmark achievement and one of the most influential novels in American fiction, *As I Lay Dying* not only endures but prevails. Penguin Random House Canada is proud to bring you classic works of literature in e-book form, with the highest quality production values. Find more today and rediscover books you never knew you loved.

The Bright Hour - Nina Riggs 2017-06-06

"Built on her . . . Modern Love column, 'When a Couch is More Than a Couch' (9/23/2016), a . . . memoir of living meaningfully with 'death in the room' by the 38-year-old great-great-great granddaughter of Ralph Waldo Emerson--mother to two young boys, wife of 16 years--after her terminal cancer diagnosis"--

Between Two Kingdoms - Suleika Jaouad 2021-02-09

NEW YORK TIMES BESTSELLER • A searing, deeply moving memoir of illness and recovery that traces one young woman’s journey from diagnosis to remission to re-entry into “normal” life—from the author of the *Life, Interrupted* column in *The New York Times* ONE OF THE BEST BOOKS OF THE YEAR: *The New York Times* Book Review, *The Washington Post*, *Bloomberg*, *The Rumpus*, *She Reads*, *Library Journal*, *Booklist* • “I was immersed for the whole ride and would follow Jaouad anywhere. . . . Her writing restores the moon, lights the way as we learn to endure the unknown.”—Chanel Miller, *The New York Times* Book Review “Beautifully crafted . . . affecting . . . a transformative read . . . Jaouad’s insights about the self, connectedness, uncertainty and time speak to all of us.”—*The Washington Post* In the summer after graduating from college, Suleika Jaouad was preparing, as they say in commencement speeches, to enter “the real world.” She had fallen in love and moved to Paris to pursue her dream of becoming a war correspondent. The real

world she found, however, would take her into a very different kind of conflict zone. It started with an itch—first on her feet, then up her legs, like a thousand invisible mosquito bites. Next came the exhaustion, and the six-hour naps that only deepened her fatigue. Then a trip to the doctor and, a few weeks shy of her twenty-third birthday, a diagnosis: leukemia, with a 35 percent chance of survival. Just like that, the life she had imagined for herself had gone up in flames. By the time Jaouad flew home to New York, she had lost her job, her apartment, and her independence. She would spend much of the next four years in a hospital bed, fighting for her life and chronicling the saga in a column for *The New York Times*. When Jaouad finally walked out of the cancer ward—after countless rounds of chemo, a clinical trial, and a bone marrow transplant—she was, according to the doctors, cured. But as she would soon learn, a cure is not where the work of healing ends; it’s where it begins. She had spent the past 1,500 days in desperate pursuit of one goal—to survive. And now that she’d done so, she realized that she had no idea how to live. How would she reenter the world and live again? How could she reclaim what had been lost? Jaouad embarked—with her new best friend, Oscar, a scruffy terrier mutt—on a 100-day, 15,000-mile road trip across the country. She set out to meet some of the strangers who had written to her during her years in the hospital: a teenage girl in Florida also recovering from cancer; a teacher in California grieving the death of her son; a death-row inmate in Texas who’d spent his own years confined to a room. What she learned on this trip is that the divide between sick and well is porous, that the vast majority of us will travel back and forth between these realms throughout our lives. *Between Two Kingdoms* is a profound chronicle of survivorship and a fierce, tender, and inspiring exploration of what it means to begin again.

Embracing the End of Life - Patt Lind-Kyle 2017-09-08

Explore the Resistance to Death, and Awaken More Fully to Life Death is simply one more aspect of being a human being, but in our culture, we've made it a taboo. As a result, most of us walk through life with conscious or unconscious fears that prevent us from experiencing true contentment. *Embracing the End of Life* invites you to lean into your beliefs and questions about death and dying, helping you release tense or fearful energy and awaken to a more vital life now. Preparing mentally, emotionally, and spiritually for this inevitable transition provides improved clarity and strength. This book shares the idea of death as a journey of three steps—resistance, letting go, and transcendence. With dozens of exercises, practices, and meditations, author Patt Lind-Kyle helps you experience your truest, most expansive self. Exploring multiple aspects of life and death—with everything from chakras and the Enneagram to living wills and health care directives—this book is meant to help you unwind the challenge of death and discover the truth of your own path to inner freedom. Praise: “The fear of dying keeps countless people from living fully—as well as keeping countless others trapped in endless suffering. *Embracing the End of Life* will help all of us prepare joyously for the inevitable.”—Christiane Northrup, MD, *New York Times* bestselling author of *Goddesses Never Age* Winner of a 2018 Gold IPPY Award

The Road - Cormac McCarthy 2007-03-20

NATIONAL BESTSELLER • WINNER OF THE PULITZER PRIZE • A searing, post-apocalyptic novel about a father and son's fight to survive, this "tale of survival and the miracle of goodness only adds to McCarthy's stature as a living master. It's gripping, frightening and, ultimately, beautiful" (*San Francisco Chronicle*). A father and his son walk alone through burned America. Nothing moves in the ravaged landscape save the ash on the wind. It is cold enough to crack stones, and when

the snow falls it is gray. The sky is dark. Their destination is the coast, although they don't know what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. The Road is the profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, "each the other's world entire," are sustained by love. Awesome in the totality of its vision, it is an unflinching meditation on the worst and the best that we are capable of: ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation. Look for Cormac McCarthy's new novel, *The Passenger*.

Dying to Wake Up - Dr. Rajiv Parti 2016-08-16

Dr Rajiv Parti was the last man to believe in heaven or hell – until he saw them with his own eyes. Dr Parti was a wealthy man of science with a successful career as the Chief of Anesthesiology at the Bakersfield Heart Hospital in California. He demanded the same success from his son, whose failures provoked episodes of physical abuse from Dr Parti. However, his fate was overturned in 2005, when he was diagnosed with cancer. During his seventh operation against the disease, dying from sepsis with a 105 degree fever, Dr Parti left his body and watched his own operation from the ceiling. What followed was a profound near-death experience, in which Dr Parti was met by archangels and his deceased father, who led him to witness both heaven and hell. From the angels, he learned lessons of spiritual health that they insisted he bring down to earth – to do so, Dr Parti knew he had to change his ways. After his near-death experience, Dr Parti awoke a new man. He gave away his mansion, quit his career, opened a wellness clinic and completely turned around his relationships with his family. In this remarkable true story of spiritual transformation, Dr Parti provides rare details of heaven, hell, the afterlife and angels. In sharing the lessons and eternal truths from the Divine that changed him forever, Dr Parti offers his audience the opportunity to attain peace and live a better life here on Earth.

Sensitive Is the New Strong - Anita Moorjani 2022-03

"The New York Times bestselling author of *Dying to Be Me* returns with an inspirational guide for sensitive people looking to fully harness their gifts of intuition and empathy in today's harsh world"--

Proof of Heaven - Eben Alexander 2012-10-23

Shares an account of his religiously transformative near-death experience and revealing week-long coma, describing his scientific study of near-death phenomena while explaining what he learned about the nature of human consciousness.

Wishes Fulfilled - Dr. Wayne W. Dyer 2012-02-28

This book is dedicated to your mastery of the art of realizing all your desires. The greatest gift you have been given is the gift of your imagination. Everything that now exists was once imagined. And everything that will ever exist must first be imagined. *Wishes Fulfilled* is designed to take you on a voyage of discovery, wherein you can begin to tap into the amazing manifesting powers that you possess within you and create a life in which all that you imagine for yourself becomes a present fact. Dr. Wayne W. Dyer explores, for the first time, the region of your highest self; and definitively shows you how you can truly change your concept of yourself, embark upon a God-realized way of living, and fulfill the spiritual truth that with God all things are possible –and "all things" means that nothing is left out. By practicing the specific technique for retraining your subconscious mind, you are encouraged to not only place into your imagination what you would

like to manifest for yourself, but you are given the specifics for realigning your life so you can live out your highest calling and stay connected to your Source of being. From the lofty perspective of your highest self, you will learn how to train your imagination in a new way. Your wishes –all of them –can indeed be fulfilled. By using your imagination and practicing the art of assuming the feeling of your wishes being fulfilled, and steadfastly refusing to allow any evidence of the outer world to distract you from your intentions, you will discover that you, by virtue of your spiritual awareness, possess the ability to become the person you were destined to be. This book will help you See –with a capital S –that you are divine, and that you already possess an inner, invisible higher self that can and will guide you toward a mastery of the art of manifestation. You can attain this mastery through deliberate conscious control of your imagination!

We Are Not from Here - Jenny Torres Sanchez 2021-05-18

A poignant novel of desperation, escape, and survival across the U.S.-Mexico border, inspired by current events. A Pura Belpré 2021 Young Adult Author Honor Book! A BookPage Best Book of 2020! A Chicago Public Library Best of the Best of 2020! A School Library Journal Best Book of 2020! A New York Public Library 2020 Top 10 Best Book for Teens! Pulga has his dreams. Chico has his grief. Pequeña has her pride. And these three teens have one another. But none of them have illusions about the town they've grown up in and the dangers that surround them. Even with the love of family, threats lurk around every corner. And when those threats become all too real, the trio knows they have no choice but to run: from their country, from their families, from their beloved home. Crossing from Guatemala through Mexico, they follow the route of La Bestia, the perilous train system that might deliver them to a better life--if they are lucky enough to survive the journey. With nothing but the bags on their backs and desperation drumming through their hearts, Pulga, Chico, and Pequeña know there is no turning back, despite the unknown that awaits them. And the darkness that seems to follow wherever they go. In this striking portrait of lives torn apart, the plight of migrants at the U.S. southern border is brought to light through poignant, vivid storytelling. An epic journey of danger, resilience, heartache, and hope. Praise for *We Are Not From Here*: "A fierce and tender story...Relevant, timely, and perceptive." --Margarita Engle, winner of the Pura Belpre Award and Newbery Honor "With poignant, exhausting lyricism and heart wrenching poetic prose, Jenny Torres Sanchez digs deep and shows us the throbbing, aching corazón--the hopeful, unbreakable spirit of the embattled immigrant. A book for the starving, lost soul." --Guadalupe García McCall, Pura Belpré Award-winning author of *Under the Mesquite* "An incredibly powerful, soul-searing YA. [I]mportant and necessary.... I could not put this book down." --Padma Venkatraman, award-winning author of *The Bridge Home* "One of the most relevant and needed young adult novels of the year, a must-read." --Jennifer Mathieu, critically acclaimed author of *The Liars of Mariposa Island* and *Moxie* "An achingly beautifully story...masterfully told...Jenny Torres Sanchez is a true leader within young adult fiction." --Christina Diaz Gonzalez, award-winning author of *The Red Umbrella* "*We Are Not From Here* is absolutely stunning. It's raw and real, gritty and gorgeously told. A story that's painfully relevant today, and told with such precision and beauty, you can feel it. It's breathtaking and left me absolutely breathless." --Lauren Gibaldi, author of *This Tiny Perfect World* "[This] is a book that will mark your heart. Jenny Torres Sanchez challenges us to feel, empathize and understand. A searing, necessary and ultimately beautiful book." --Alexandra Villasante, critically acclaimed author of *The Grief*

Keeper * "A brutally honest, not-to-be-missed narrative...gripping, heart-wrenching, and thrilling." --Kirkus Reviews, STARRED REVIEW * "A candid, realistic story that will leave readers thinking about the characters--and about our own world--long after the last page." --SLJ, STARRED REVIEW * "Gripping, poignant...this soul-shaking narrative [recalls] the works of Gabriel García Márquez." --Booklist, STARRED REVIEW * "A devastating read that is difficult to put down, this unforgettable book unflinchingly illuminates the experiences of those leaving their homes to seek safety in the United States." --Publishers Weekly, STARRED REVIEW

Dying - Cory Taylor 2016-05-16

'Dying is bracing and beautiful, possessed of an extraordinary intellectual and moral rigor...Every human should read it.' New York Times One of President Barack Obama's top ten reads of 2017 Cory Taylor wrote this remarkable book in the space of a few weeks before her death from melanoma-related cancer in July 2016. In a tremendous creative surge, as her body weakened, she described the experience of knowing she would soon die. Her powerful and beautifully written book is a clear-eyed account of the tangle of her feelings, her reflections on her life, her memories of the lives and deaths of her parents. She tells us why it was important to her to have the ability to choose the circumstances of her death. *Dying: A Memoir* is a breathtaking book about vulnerability and strength, courage and humility, anger and acceptance. It is a deeply affecting meditation on dying, but it is also a funny and wise tribute to life. Cory Taylor was born in Queensland in 1955. She was an award-winning novelist and screenwriter who also published short fiction and children's books. Her first novel, *Me and Mr Booker*, won the Commonwealth Writers' Prize (Pacific Region) in 2012 and her second novel, *My Beautiful Enemy*, was shortlisted for the Miles Franklin Award in 2014. She died on 5 July 2016, a couple of months after *Dying: A Memoir* was published. 'The book rings louder in my imagination the more time I spend apart from it...Taylor's prose is clear and direct, with flashes of surpassing loveliness...it has a startling offhand grace...Taylor writes that she will most miss her husband and the faces of her children. They will surely miss her, too. But it's at least something – maybe a tiny bit lucky, even – that this gorgeous piece of her remains.' New York Times 'If a more open discussion of death is needed in the West, Taylor's book is a manual for the task. It is full of wisdom and vulnerability; it is also profoundly reassuring. Dying, she repeatedly says, is deeply lonely. No one can do it with you. But this book might be a companion, made all the more solid by its lack of sentimentality and any other false comforts.' Times Literary Supplement 'A fine and sorrowful finale.' Sydney Morning Herald 'What is truly profound about this book is that—though it ought to be harrowing—it is astonishingly easy, if not strangely uplifting, to read. In part, this is because the narrative voice is so gentle, and tightly controlled. Every scene has a radiant quality; it glows.' Conversation '...As this quietly remarkable book illustrates, that kind of looking entails its own tribute to the sweetness of life.' Radio Australia 'Unflinchingly honest...This deep meditation is beautifully written and destined to be an important piece of the conversation surrounding death. Taylor's last testament to life is a welcome departing gift from a thoughtful and inspired author.' STARRED review, Publishers Weekly 'An eloquent plea for a more humane approach to death and a moving meditation on the life that leads to that end.' STARRED review, Kirkus Reviews 'Brave and funny, rare and honest.' Bookseller UK

The Untethered Soul (EasyRead Super Large 18pt Edition) - Michael A. Singer

2009-10-06

The chapters of this book are nothing but mirrors for seeing your 'self' from different angles. And though the journey we are about to embark on is an inner one, it will draw upon every aspect of your life. The only requirement asked of you is the willingness to honestly look at yourself in the most natural, intuitive manner. Remember, if we are seeking the root of 'self,' what we are actually seeking is you. As you read through these pages, you will find that you know much more than you thought you did about some very deep subjects. The fact is, you already know how to find yourself; you have just gotten distracted and disoriented. Once refocused, you will realize that you not only have the ability to find yourself, you have the ability to free yourself. Whether you choose to do so or not is entirely up to you. But upon completion of your journey through these chapters, there will be no more confusion, no more lack of empowerment, and no more blaming others. You will know exactly what must be done. And should you choose to devote yourself to the ongoing journey of self-realization, you will develop a tremendous sense of respect for who you really are. It is only then that you will come to appreciate the full depth of meaning in the advice: 'This above all: to thine own self be true.' ---- Introduction

To Heaven and Back - Mary CNeal 2012-10-01

A doctor's account of her own experience of death, heaven and return to life with a new realization of her purpose on earth. Dr Mary Neal, an orthopaedic surgeon, was on a kayaking holiday in Chile. Sceptical of near death experiences, she was to have her life transformed when her kayak became wedged in rocks at the bottom of a waterfall and was underwater for so long that her heart stopped. *To Heaven And Back* is Mary's faith-enriching story of her spiritual journey, her first-hand experience of heaven and its continuing life-enhancing effects.

What If This Is Heaven? - Anita Moorjani 2016-09-13

If life is about the journey and not the destination, could it be that this is heaven –this physical life we are living here on Earth? What we experience in our daily lives often feels like anything but heaven. But what if we understood how powerful we are –that we are powerful enough to mold both our internal and our external reality? Anita Moorjani, the New York Times bestselling author of *Dying to Be Me*, is convinced we can do exactly that. The process, she explains, requires dismantling many cultural myths mistaken for indisputable truths. Beliefs such as "We get what we deserve," "Loving ourselves is selfish," and "Coincidences are just that –coincidences," are ingrained within us from birth, pervasive and influential, leading to generations of misguidance. Following her near-death experience, Moorjani began to embody truths she learned in the other realm, discovering that letting go of these outmoded myths allowed her to experience heaven not as a physical place but as a state of mind, right here and right now. In this examination of our common myths, she shares stories and examples from her own life, revealing the lies beneath the surface of what she was taught and absorbed. By freeing ourselves from these falsehoods, Moorjani asserts, we can leave fear, heartache, and self-imposed boundaries behind and instead live lives full of purpose and joy.

My Journey to Heaven - Marvin J. Besteman 2012-09-01

On April 28, 2006, as he lay in his hospital bed in Ann Arbor, Michigan, visions of celestial beauty were the last thing on Marv Besteman's mind. He had just had surgery to remove a rare pancreatic tumor. It was after visiting hours and his family had left for the day. Alone and racked with pain, Marv tossed and turned, wanting more than anything else to simply sleep and escape the misery and

discomfort for a while. The retired banker, father, and grandfather had no idea he was about to get a short reprieve in the form of an experience he never could have imagined. In *My Journey to Heaven*, Marv Bestman shares the story of his experience of heaven with astounding detail. Readers will hear of his encounters with angels who accompanied him to the gate, his conversation (argument, really) with St. Peter, and his recognition of friends and family members who touched his life. His story offers peace, comfort, and encouragement to those who have lost loved ones and gives security and solace to those who are grieving, dying, or wonder about the afterlife. Marv believed God sent him back to earth to fulfill this mission of comfort and reminds readers that God has work for each of us to do before he calls us to be with him in heaven. Secure in his belief that his book was the fulfillment of his own mission, Marv returned to heaven in January 2012.

The Art of Dying - Rob Moll 2021-04-06

Christians can have confidence that because death is not the end, preparing to die helps us truly live. In this well-researched and pastorally sensitive book, Rob Moll explores the Christian practice of dying well, giving guidance for those who care for the dying as well as for those who grieve. This expanded edition includes a new afterword by Rob's wife Clarissa reflecting on his life, death, and legacy.

Talk Rx - Neha Sangwan 2015

Details a five-step process for learning how to communicate effectively in order to improve health, strengthen relationships, and reduce stress, while becoming comfortable with having honest exchanges.

The Remarkable Journey of Coyote Sunrise - Dan Gemeinhart 2019-01-08

"Sometimes a story comes along that just plain makes you want to hug the world. The Remarkable Journey of Coyote Sunrise is Dan Gemeinhart's finest book yet – and that's saying something. Your heart needs this joyful miracle of a book." – Katherine Applegate, acclaimed author of *The One and Only Ivan* and *Wishtree* Five years. That's how long Coyote and her dad, Rodeo, have lived on the road in an old school bus, criss-crossing the nation. It's also how long ago Coyote lost her mom and two sisters in a car crash. Coyote hasn't been home in all that time, but when she learns that the park in her old neighborhood is being demolished—the very same park where she, her mom, and her sisters buried a treasured memory box—she devises an elaborate plan to get her dad to drive 3,600 miles back to Washington state in four days...without him realizing it. Along the way, they'll pick up a strange crew of misfit travelers. Lester has a lady love to meet. Salvador and his mom are looking to start over. Val needs a safe place to be herself. And then there's Gladys... Over the course of thousands of miles, Coyote will learn that going home can sometimes be the hardest journey of all...but that with friends by her side, she just might be able to turn her "once upon a time" into a "happily ever after."

Shatter Me - Tahereh Mafi 2011-11-15

The gripping first installment in New York Times bestselling author Tahereh Mafi's *Shatter Me* series. One touch is all it takes. One touch, and Juliette Ferrars can leave a fully grown man gasping for air. One touch, and she can kill. No one knows why Juliette has such incredible power. It feels like a curse, a burden that one person alone could never bear. But The Reestablishment sees it as a gift, sees her as an opportunity. An opportunity for a deadly weapon. Juliette has never fought for herself before. But when she's reunited with the one person who ever cared about her, she finds a strength she never knew she had. And don't miss *Defy Me*, the shocking fifth book in the *Shatter Me* series!

Black Like Me - John Howard Griffin 2006-04-01

This American classic has been corrected from the original manuscripts and

indexed, featuring historic photographs and an extensive biographical afterword.

Soul Lessons and Soul Purpose - Sonia Choquette 2010-09

Soul Lessons and Soul Purpose is a book channeled by Sonia Choquette's spirit teacher guides, The Three Bishops, as well as Joachim and the Emissaries of the Third Ray. These highly evolved and loving guides work specifically to bring about understanding, direction, and support to all souls so that we may learn to become the creative masters of the life that we're intended to have on Earth. The guides state that Earth is "soul school," and that we're here to master 22 basic soul lessons in order to fulfill our purpose. Each lesson is laid out in such a way that anyone - on any level - will be ready to follow the instructions. The guides make it very clear in this book that the timing to learn our soul lessons, open our hearts, and raise our vibration on the Earth plane is now. Negative occurrences will worsen if our energy doesn't shift and elevate to a more loving plane. We have no time to waste!

Top Five Regrets of the Dying - Bronnie Ware 2019-08-13

Revised edition of the best-selling memoir that has been read by over a million people worldwide with translations in 29 languages. After too many years of unfulfilling work, Bronnie Ware began searching for a job with heart. Despite having no formal qualifications or previous experience in the field, she found herself working in palliative care. During the time she spent tending to those who were dying, Bronnie's life was transformed. Later, she wrote an Internet blog post, outlining the most common regrets that the people she had cared for had expressed. The post gained so much momentum that it was viewed by more than three million readers worldwide in its first year. At the request of many, Bronnie subsequently wrote a book, *The Top Five Regrets of the Dying*, to share her story. Bronnie has had a colourful and diverse life. By applying the lessons of those nearing their death to her own life, she developed an understanding that it is possible for everyone, if we make the right choices, to die with peace of mind. In this revised edition of the best-selling memoir that has been read by over a million people worldwide, with translations in 29 languages, Bronnie expresses how significant these regrets are and how we can positively address these issues while we still have the time. *The Top Five Regrets of the Dying* gives hope for a better world. It is a courageous, life-changing book that will leave you feeling more compassionate and inspired to live the life you are truly here to live.

Perfect - Rachel Joyce 2014-01-14

A spellbinding novel that will resonate with readers of Mark Haddon, Louise Erdrich, and John Irving, *Perfect* tells the story of a young boy who is thrown into the murky, difficult realities of the adult world with far-reaching consequences. Byron Hemmings wakes to a morning that looks like any other: his school uniform draped over his wooden desk chair, his sister arguing over the breakfast cereal, the click of his mother's heels as she crosses the kitchen. But when the three of them leave home, driving into a dense summer fog, the morning takes an unmistakable turn. In one terrible moment, something happens, something completely unexpected and at odds with life as Byron understands it. While his mother seems not to have noticed, eleven-year-old Byron understands that from now on nothing can be the same. What happened and who is to blame? Over the days and weeks that follow, Byron's perfect world is shattered. Unable to trust his parents, he confides in his best friend, James, and together they concoct a plan. . . . As she did in her debut, *The Unlikely Pilgrimage of Harold Fry*, Rachel Joyce has imagined bewitching characters who find their ordinary lives unexpectedly thrown into chaos, who learn that there are times when children must become

parents to their parents, and who discover that in confronting the hard truths about their pasts, they will forge unexpected relationships that have profound and surprising impacts. Brimming with love, forgiveness, and redemption, Perfect will cement Rachel Joyce's reputation as one of fiction's brightest talents. Praise for Perfect "Touching, eccentric . . . Joyce does an inviting job of setting up these mysterious circumstances, and of drawing Byron's magical closeness with Diana."—Janet Maslin, The New York Times "Haunting . . . compelling."—Minneapolis Star Tribune "[Joyce] triumphantly returns with Perfect. . . . As Joyce probes the souls of Diana, Byron and Jim, she reveals—slowly and deliberately, as if peeling back a delicate onion skin—the connection between the two stories, creating a poignant, searching tale."—O: The Oprah Magazine "Perfect touches on class, mental illness, and the ways a psyche is formed or broken. It has the tenor of a horror film, and yet at the end, in some kind of contortionist trick, the narrative unfolds into an unexpected burst of redemption. [Verdict:] Buy It."—New York "Joyce's dark, quiet follow-up to her successful debut, The Unlikely Pilgrimage of Harold Fry, could easily become a book club favorite. . . . Perfect is the kind of book that blossoms under thoughtful examination, its slow tendencies redeemed by moments of loveliness and insight. However sad, Joyce's messages—about the limitations of time and control, the failures of adults and the fears of children, and our responsibility for our own imprisonment and freedom—have a gentle ring of truth to them."—The Washington Post "There is a poignancy to Joyce's narrative that makes for her most memorable writing."—NPR's All Things Considered
The Path to Awesomeness - Frederick Espiritu 2016-03-01

Who am I? What is my purpose? The answers to these questions seemed to have been elusive for many, or even yet the search still hasn't started for some. We are all students learning in the school called Life. As we go through it, we learn the lessons that will help us realize the true essence of who we are and what we can do. The Path to Awesomeness provides the clues that will take us closer to the Truth that is already within us. It will illuminate our minds and open our hearts

as it takes us to the story of a personal awakening, so that we can see for ourselves the answers we've all been searching for. It's a journey that reflects our own path to healing, self-discovery and self-actualization of becoming awesome – our super human potential. It's the adventure of a lifetime that awaits us in The Path to Awesomeness, our destiny in life which we can only embark by letting go of the old-trodden path. The Path to Awesomeness will teach us life's greatest lesson – that falling in Love requires a leap of faith, knowing and trusting God will catch us.

Dying to Be Me - Anita Moorjani 2022-03-08

THE NEW YORK TIMES BESTSELLER! "I had the choice to come back ... or not. I chose to return when I realized that 'heaven' is a state, not a place" In this truly inspirational memoir, Anita Moorjani relates how, after fighting cancer for almost four years, her body began shutting down—overwhelmed by the malignant cells spreading throughout her system. As her organs failed, she entered into an extraordinary near-death experience where she realized her inherent worth . . . and the actual cause of her disease. Upon regaining consciousness, Anita found that her condition had improved so rapidly that she was released from the hospital within weeks—without a trace of cancer in her body! Within this enhanced e-book, Anita recounts—in words and on video—stories of her childhood in Hong Kong, her challenge to establish her career and find true love, as well as how she eventually ended up in that hospital bed where she defied all medical knowledge. In "Dying to Be Me," Anita Freely shares all she has learned about illness, healing, fear, "being love," and the true magnificence of each and every human being!

A Mighty Long Way - Carlotta Walls LaNier 2009

An insider's account of the nation's most famous school integration recounts how the author made the decision to attend Arkansas's all-white Central High because of geographical practicality rather than a sense of heroism, describing how subsequent events affected her family's beliefs about dedication, perseverance, and sacrifice. By the co-author of the best-selling The Pact.