

Mama Might Be Better Off Dead The Failure Of Health Care In Urban America

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Community Health Equity - Fernando De Maio 2019-03-29

Perhaps more than any other American city, Chicago has been a center for the study of both urban history and economic inequity. Community Health Equity assembles a century of research to show the range of effects that Chicago's structural socioeconomic inequalities have had on patients and medical facilities alike. The work collected here makes clear that when a city is sharply divided by power, wealth, and race, the citizens who most need high-quality health care and social services have the greatest difficulty accessing them. Achieving good health is not simply a matter of making the right choices as an individual, the research demonstrates: it's the product of large-scale political and economic forces. Understanding these forces, and what we can do to correct them, should be critical not only to doctors but to sociologists and students of the urban environment—and no city offers more inspiring examples for action to overcome social injustice in health than Chicago.

A Raisin in the Sun - Lorraine Hansberry 2004-11-29

"Never before, in the entire history of the American theater, has so much of the truth of Black people's lives been seen on the stage," observed James Baldwin shortly before *A Raisin in the Sun* opened on Broadway in 1959. This edition presents the fully restored, uncut version of Hansberry's landmark work with an introduction by Robert Nemiroff. Lorraine Hansberry's award-winning drama about the hopes and aspirations of a struggling, working-class family living on the South Side of Chicago connected profoundly with the psyche of Black America—and changed American theater forever. The play's title comes from a line in Langston Hughes's poem "Harlem," which warns that a dream deferred might "dry up/like a raisin in the sun." "The events of every passing year add resonanceto *A Raisin in the Sun*," said *The New York Times*. "It is as if history is conspiring to make the play a classic."

Who S Your Mama, Are You Catholic & Can You Make a Roux? (Book 2) - Marcelle Bienvenu 2020-03-20

A 104-page hardcover book containing about 100 Cajun and Creole recipes, plus old photos and interesting stories about the author s growing up in the Cajun country of south Louisiana. Recipes include Shrimp Bisque, Andouille & Black Bean Soup, Crawfish-Okra Gumbo, Smothered Okra, Stuffed Tomatoes, Eggplant & Rice Dressing, Stuffed Pork Chops, Chicken & Oyster Pie, Apple Cake, Roasted Pecans.

A Raisin in the Sun - Lorraine 1930-1965 Hansberry 2021-09-09

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Handbook of Health Social Work - Sarah Gehlert 2006-03-20

The Handbook of Health Social Work provides a comprehensive and evidence-based overview of contemporary social work practice in health care. Written from a wellness perspective, the chapters cover the spectrum of health social work settings with contributions from a wide range of experts. The resulting resource offers both a foundation for social work practice in health care and a guide for strategy, policy, and program development in proactive and actionable terms. Three sections present the material: The Foundations of Social Work in Health Care provides information that is basic and central to the operations of social workers in health care, including conceptual underpinnings; the development of the profession; the wide array of roles performed by social workers in health care settings; ethical issues and decision - making in a variety of arenas; public health and social work; health policy and social work; and the understanding of community factors in health social work. Health Social Work Practice: A Spectrum of Critical Considerations delves into critical practice issues such as theories of health behavior; assessment; effective communication with both clients and other members of health care teams; intersections between health and mental health; the effects of religion and spirituality on health care; family and health; sexuality in health care; and substance abuse. Health Social Work: Selected Areas of Practice presents a range of examples of social work practice, including settings that involve older adults; nephrology; oncology; chronic diseases such as diabetes, heart disease, and HIV/AIDS; genetics; end of life care; pain management and palliative care; and alternative treatments and traditional healers. The first book of its kind to unite the entire body of health social work knowledge, the Handbook of Health Social Work is a must-read for social work educators, administrators, students, and practitioners.

Mama Mia - Mia Freedman 2010-12-01

Mia Freedman -- her life without the air-brushing 'this is a book about Mia the person ... It's not often we get to see our idols in this light' Sydney Morning Herald Mia Freedman was always in a hurry to kick her big life goals. And when she became editor of *Cosmopolitan* at 24 and had a baby a few months later, she thought she was right on track. But when things unexpectedly fell apart, she was forced to

face a few uncomfortable truths about who she was and what she wanted to do with her life. Over the next decade, she would experience some dazzling career highs and some devastating personal lows. She would leave the glamorous world of magazines for a high-profile new job that exploded in her face. She would lose all her confidence and then - eventually - find it again in an unexpected place. She would make mistakes at work and at home, and she would learn some surprising lessons about what made her happy. As a writer, magazine editor, popular blogger and media personality, Mia has been called the voice of her generation. *Mama Mia* is her story so far.

Esperanza Rising (Scholastic Gold) - Pam Muñoz Ryan 2012-10-01

Esperanza Rising joins the Scholastic Gold line, which features award-winning and beloved novels. Includes exclusive bonus content! Esperanza thought she'd always live a privileged life on her family's ranch in Mexico. She'd always have fancy dresses, a beautiful home filled with servants, and Mama, Papa, and Abuelita to care for her. But a sudden tragedy forces Esperanza and Mama to flee to California and settle in a Mexican farm labor camp. Esperanza isn't ready for the hard work, financial struggles brought on by the Great Depression, or lack of acceptance she now faces. When Mama gets sick and a strike for better working conditions threatens to uproot their new life, Esperanza must find a way to rise above her difficult circumstances—because Mama's life, and her own, depend on it.

A Portrait of Yo Mama as a Young Man - Andrew Barlow 2005

Authored by two of the funniest twentysomethings writing today, this absurdist take on the oldest joke in the book--the yo mama snap--is warped, witty, ironic, and, frankly, sad in places.

Dead To You - Lisa McMann 2013-05-01

Ethan was abducted when he was just seven. Now, aged sixteen, he's finally back home. It's a miracle - at first. But as the tensions build and his family starts to crack again, can Ethan unearth the buried memory that holds the key to it all?

Mama Might be Better Off Dead - Laurie Abraham 1993

Dead Letters - Caite Dolan-Leach 2018-02-06

A missing woman leads her twin sister on a twisted scavenger hunt in this clever debut novel with eccentric, dysfunctional characters who will keep you guessing until the end—for readers of *Luckiest Girl Alive* and *The Wife Between Us*. Ava has her reasons for running away to Paris. But when she receives the shocking news that her twin sister, Zelda, is dead, she is forced to return home to her family's failing vineyard in upstate New York. Knowing Zelda's penchant for tricks and deception, Ava is not surprised when she receives her twin's cryptic message from beyond the grave. Following her sister's trail of clues, Ava immerses herself in Zelda's drama and her outlandish circle of friends and lovers, and soon finds herself confronted with dark family legacies and twisted relationships. Is Zelda trying to punish Ava for leaving? Or is she simply trying to write her own ending? Caite Dolan-Leach's debut thriller is a literary scavenger hunt for secrets hidden everywhere from wine country to social media, and buried at the dysfunctional heart of one utterly unforgettable family. Praise for *Dead Letters* "Dolan-Leach writes like Paula Hawkins by way of Curtis Sittenfeld."—Amy Gentry, author of *Good as Gone* "A sharp, wrenching tale of the true love only twins know . . . Dolan-Leach nimbly entwines the clever mystery of Agatha Christie, the wit of Dorothy Parker, and the inebriated Gothic of Eugene O'Neill."—Kirkus Reviews "A smart, dazzling mystery . . . Dolan-Leach revels in toying with both Ava and her audience . . . and the result is captivating."—Publishers Weekly (starred review) "Draws

you in like you are part of the story itself, living and breathing alongside the compelling characters as they uncover the dark secrets of their complicated family."—Wendy Walker, author of *All Is Not Forgotten* "Push-pull tension . . . This book is wine-soaked yet lucid, comforting and frightening, asking the big questions about intimacy and loyalty."—Caroline Kepnes, author of *You*
The Autobiography of a Transgender Scientist - Ben Barres 2020-10-20
A leading scientist describes his life, his gender transition, his scientific work, and his advocacy for gender equality in science. Ben Barres was known for his groundbreaking scientific work and for his groundbreaking advocacy for gender equality in science. In this book, completed shortly before his death from pancreatic cancer in December 2017, Barres (born in 1954) describes a life full of remarkable accomplishments—from his childhood as a precocious math and science whiz to his experiences as a female student at MIT in the 1970s to his female-to-male transition in his forties, to his scientific work and role as teacher and mentor at Stanford. Barres recounts his early life—his interest in science, first manifested as a fascination with the mad scientist in *Superman*; his academic successes; and his gender confusion. Barres felt even as a very young child that he was assigned the wrong gender. After years of being acutely uncomfortable in his own skin, Barres transitioned from female to male. He reports he felt nothing but relief on becoming his true self. He was proud to be a role model for transgender scientists. As an undergraduate at MIT, Barres experienced discrimination, but it was after transitioning that he realized how differently male and female scientists are treated. He became an advocate for gender equality in science, and later in life responded pointedly to Larry Summers's speculation that women were innately unsuited to be scientists. Privileged white men, Barres writes, "miss the basic point that in the face of negative stereotyping, talented women will not be recognized." At Stanford, Barres made important discoveries about glia, the most numerous cells in the brain, and he describes some of his work. "The most rewarding part of his job," however, was mentoring young scientists. That, and his advocacy for women and transgender scientists, ensures his legacy.

Bigger Is Better - Big Ang 2012-09-11

Everything about Angela "Big Ang" Raiola is larger than life: her lips, her 36JJ breasts, and especially her personality! In a lifestyle guide as genuine and fun as Big Ang herself, the star of VH1's *Mob Wives*, called the show's "den mother" by the *New York Times*, serves up the hilarious and poignant wisdom she's learned while running her bar, raising her family, and dating made men. Big Ang has rules to live by for beauty, food, family, friendship, and more. Here she is...
ON HER KILLER BOOBS: I was on vacation with my family in the Catskills when out of nowhere, this bat flies right into my chest and then falls splat on the ground. Turned out, he died on impact.
ON FAMILY TRADITIONS: Every Sunday, we do a feast for fifteen to twenty-five people. Last week, we went through seventy-five meatballs. Even by my family's standards, that's a lot of balls.
ON DIETING: Swearing off lasagna to lose weight? You might fit into smaller jeans. But you're still the same person—except hungrier and bitchier.
ON HOBBIES: Would I rather cook for people or have sex? No hard-and-fast rule there. But I will say this: Cooking is always satisfying.

Yellow Wife - Sadeqa Johnson 2021-01-12

A Best Book of the Year by NPR and *Christian Science Monitor* Called "wholly engrossing" by *New York Times* bestselling author Kathleen Grissom, this "fully immersive" (Lisa Wingate, #1 bestselling author of *Before We Were Yours*) story

follows an enslaved woman forced to barter love and freedom while living in the most infamous slave jail in Virginia. Born on a plantation in Charles City, Virginia, Pheby Delores Brown has lived a relatively sheltered life. Shielded by her mother's position as the estate's medicine woman and cherished by the Master's sister, she is set apart from the others on the plantation, belonging to neither world. She'd been promised freedom on her eighteenth birthday, but instead of the idyllic life she imagined with her true love, Essex Henry, Pheby is forced to leave the only home she has ever known. She unexpectedly finds herself thrust into the bowels of slavery at the infamous Devil's Half Acre, a jail in Richmond, Virginia, where the enslaved are broken, tortured, and sold every day. There, Pheby is exposed not just to her Jailer's cruelty but also to his contradictions. To survive, Pheby will have to outwit him, and she soon faces the ultimate sacrifice.

Crying in H Mart - Michelle Zauner 2021-04-20

NEW YORK TIMES BEST SELLER • From the indie rock sensation known as Japanese Breakfast, an unforgettable memoir about family, food, grief, love, and growing up Korean American—"in losing her mother and cooking to bring her back to life, Zauner became herself" (NPR) • CELEBRATING OVER ONE YEAR ON THE NEW YORK TIMES BEST SELLER LIST In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

Uninsured in America, Updated - Susan Sered 2006-10-16

Uninsured in America goes to the heart of why more than forty million Americans are falling through the cracks in the health care system, and what it means for society as a whole when so many people suffer the consequences of inadequate medical care. Based on interviews with 120 uninsured men and women and dozens of medical providers, policymakers, and advocates from around the nation, this book takes a fresh look at one of the most important social issues facing the United States today. A new afterword updates the stories of many of the people who are so memorably presented here.

Mama Might Be Better Off Dead - Laurie Kaye Abraham 2012-03-28

Mama Might Be Better Off Dead is an unsettling, profound look at the human face of health care. Both disturbing and illuminating, it immerses readers in the lives of four generations of a poor, African-American family beset with the devastating illnesses that are all too common in America's inner-cities. The story takes place in North Lawndale, a neighborhood that lies in the shadows of Chicago's Loop. Although surrounded by some of the city's finest medical facilities, North

Lawndale is one of the sickest, most medically underserved communities in the country. Headed by Jackie Banes, who oversees the care of a diabetic grandmother, a husband on kidney dialysis, an ailing father, and three children, the Banes family contends with countless medical crises. From visits to emergency rooms and dialysis units, to trials with home care, to struggles for Medicaid eligibility, Abraham chronicles their access (or lack of access) to medical care. Told sympathetically but without sentimentality, their story reveals an inadequate health care system that is further undermined by the direct and indirect effects of poverty. When people are poor, they become sick easily. When people are sick, their families quickly become poorer. Embedded in the family narrative is a lucid analysis of the gaps, inconsistencies, and inequalities the poor face when they seek health care. This book reveals what health care policies crafted in Washington, D. C. or state capitals look like when they hit the street. It shows how Medicaid and Medicare work and don't work, the Catch-22s of hospital financing in the inner city, the racial politics of organ transplants, the failure of childhood immunization programs, the vexed issues of individual responsibility and institutional paternalism. One observer puts it this way: "Show me the poor woman who finds a way to get everything she's entitled to in the system, and I'll show you a woman who could run General Motors." Abraham deftly weaves these themes together to make a persuasive case for health care reform while unflinchingly presenting the complexities that will make true reform as difficult as it is necessary. *Mama Might Be Better Off Dead* is a book with the power to change the way health care is understood in America. For those seeking to learn what our current system of health care promises and what it delivers, it offers a place for the debate to begin.

Love Letters to the Dead - Ava Dellaira 2014-04-01

It begins as an assignment for English class: Write a letter to a dead person. Laurel chooses Kurt Cobain because her sister, May, loved him. And he died young, just like May did. Soon, Laurel has a notebook full of letters to people like Janis Joplin, Amy Winehouse, Amelia Earhart, Heath Ledger, and more -- though she never gives a single one of them to her teacher. She writes about starting high school, navigating new friendships, falling in love for the first time, learning to live with her splintering family. And, finally, about the abuse she suffered while May was supposed to be looking out for her. Only then, once Laurel has written down the truth about what happened to herself, can she truly begin to accept what happened to May. And only when Laurel has begun to see her sister as the person she was -- lovely and amazing and deeply flawed -- can she begin to discover her own path in this stunning debut from Ava Dellaira, *Love Letters to the Dead*.

The Book Thief - Markus Zusak 2007-12-18

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist--books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most

enduring stories of our time. "The kind of book that can be life-changing." –The New York Times "Deserves a place on the same shelf with The Diary of a Young Girl by Anne Frank." –USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.

I'm Glad My Mom Died - Jennette McCurdy 2022-08-09

#1 NEW YORK TIMES BESTSELLER #1 INTERNATIONAL BESTSELLER A heartbreaking and hilarious memoir by iCarly and Sam & Cat star Jennette McCurdy about her struggles as a former child actor—including eating disorders, addiction, and a complicated relationship with her overbearing mother—and how she retook control of her life. Jennette McCurdy was six years old when she had her first acting audition. Her mother's dream was for her only daughter to become a star, and Jennette would do anything to make her mother happy. So she went along with what Mom called "calorie restriction," eating little and weighing herself five times a day. She endured extensive at-home makeovers while Mom chided, "Your eyelashes are invisible, okay? You think Dakota Fanning doesn't tint hers?" She was even showered by Mom until age sixteen while sharing her diaries, email, and all her income. In I'm Glad My Mom Died, Jennette recounts all this in unflinching detail—just as she chronicles what happens when the dream finally comes true. Cast in a new Nickelodeon series called iCarly, she is thrust into fame. Though Mom is ecstatic, emailing fan club moderators and getting on a first-name basis with the paparazzi ("Hi Gale!"), Jennette is riddled with anxiety, shame, and self-loathing, which manifest into eating disorders, addiction, and a series of unhealthy relationships. These issues only get worse when, soon after taking the lead in the iCarly spinoff Sam & Cat alongside Ariana Grande, her mother dies of cancer. Finally, after discovering therapy and quitting acting, Jennette embarks on recovery and decides for the first time in her life what she really wants. Told with refreshing candor and dark humor, I'm Glad My Mom Died is an inspiring story of resilience, independence, and the joy of shampooing your own hair.

Mama Might Be Better Off Dead - Laurie Abraham 1994-11-15

Details the modern state of health care in urban America, spotlighting challenges that face low-income families in this part of the nation. Explains how the health care system has reached this point and considers how change can be wrought.

Mama Might Be Better Off Dead - Laurie Kaye Abraham 2019-05-10

North Lawndale, a neighborhood that lies in the shadows of Chicago's Loop, is surrounded by some of the city's finest medical facilities, Yet, it is one of the sickest, most medically underserved communities in the country. Mama Might Be Better Off Dead immerses readers in the lives of four generations of a poor, African-American family in the neighborhood, who are beset with the devastating illnesses that are all too common in America's inner-cities. Headed by Jackie Banes, who oversees the care of a diabetic grandmother, a husband on kidney dialysis, an ailing father, and three children, the Banes family contends with countless medical crises. From visits to emergency rooms and dialysis units, to trials with home care, to struggles for Medicaid eligibility, Laurie Kaye Abraham chronicles their access—or more often, lack thereof—to medical care. Told sympathetically but without sentimentality, their story reveals an inadequate health care system that is further undermined by the direct and indirect effects of poverty. Both disturbing and illuminating, Mama Might Be Better Off Dead is an unsettling, profound look at the human face of health care in America. Published to great acclaim in 1993, the book in this new edition includes an incisive foreword by David Ansell, a physician who worked at Mt. Sinai Hospital, where much of the Banes family's narrative unfolds.

Bury Your Dead - Louise Penny 2011-08-02

It is Winter Carnival in Quebec City, bitterly cold and surpassingly beautiful. Chief Inspector Armand Gamache has come not to join the revels but to recover from an investigation gone hauntingly wrong. But violent death is inescapable, even in the apparent sanctuary of the Literary and Historical Society—where an obsessive historian's quest for the remains of the founder of Quebec, Samuel de Champlain, ends in murder. Could a secret buried with Champlain for nearly 400 years be so dreadful that someone would kill to protect it? Although he is supposed to be on leave, Gamache cannot walk away from a crime that threatens to ignite long-smoldering tensions between the English and the French. Meanwhile, he is receiving disquieting letters from the village of Three Pines, where beloved Bistro owner Olivier was recently convicted of murder. "It doesn't make sense," Olivier's partner writes every day. "He didn't do it, you know." As past and present collide in this astonishing novel, Gamache must relive the terrible event of his own past before he can bury his dead.

Managerial Ethics in Healthcare - Gary Lewis Filerman 2013

Foreword by Stephen Shortell, PhD, Dean of the School of Public Health, University of California Berkeley The ethical behavior of a healthcare organization is the expression of its moral core. This book shows how the integrity and values of professional healthcare administrators contribute to defining and implementing the organization's moral core. Through conceptual and practical tools—including 30 cases—this book provides a new perspective that recognizes that every decision you make and every activity you undertake have the potential to compromise or enhance the moral core of your healthcare organization. Decisions with ethical implications are described and explored through the experiences of thought leaders, scholars, and healthcare executives. The book demonstrates how personal integrity and values affect decision making, including: Understanding an organization's moral core and how it is expressed in the organization's culture and in operations and decisions at all levels Using concepts, resources, and tools that prepare you to sustain and enhance the moral core of the healthcare organization you manage Assessing the ethical and legal frameworks currently relied on by healthcare organizations to preserve this moral core Acknowledging why personal value systems are important and how they are developed by healthcare administrators Exploring the idea of organizational culture and ethical climate and examining what role they have in formulating and maintaining the moral core Learning how to recognize and manage moral distress, which develops when personal values conflict with the culture of the organization Application of the American College of Healthcare Executives competency assessment tool provides a unique learning experience and relates content to the specific elements of this tool. Instructor Resources include PowerPoint slides with discussion questions and teaching tips.

Love What Matters - LoveWhatMatters 2017-05-02

In the bestselling tradition of The Five People You Meet in Heaven and Humans of New York comes a collection of authentic, emotional, and inspiring stories about life's most important moments, as curated by the editors at Love What Matters. "90% of the reads bring me to tears. I just can't believe the love this world truly has when all we see is hate. This is so uplifting." –Shelsea Where do you go when you want to feel inspired? When you want to forget about the divisiveness and the anger? For over five million people, that place is Love What Matters, a digital platform dedicated to finding and sharing the daily moments of kindness, compassion, and love that so often go overlooked. This curated collection of

powerful stories features first person accounts and photographs that perfectly capture each moment: A husband learning he's about to be a dad. A new mom embracing her body. A cashier inadvertently teaching a young girl a lesson about patience. A bagel from a stranger that saved a homeless man's life. From long overdue adoptions to military heroes returning home; from a fireman's touching 9/11 tribute to what an old dinner plate found at a bake sale can teach us all about life—these are the moments that matter. They are genuine. Authentic. Raw. And they are perfect in their imperfection—just like all of us. You will no doubt experience goosebumps and tears, but this mosaic of life's moments will leave you with something even more profound: a reminder that, in the end, love always wins. "This really is the best page on Facebook. It renews your love of humanity. There are still good people. We need more reports of acts of kindness." —Johnny

Children of Blood and Bone - Tomi Adeyemi 2018-03-06

Z'lie Adebola remembers when the soil of Orsha hummed with magic. Burners ignited flames, Tiders beckoned waves, and Z'lie's Reaper mother summoned forth souls.

Mama's Last Hug: Animal Emotions and What They Tell Us about Ourselves - Frans de Waal 2019-03-12

New York Times best-selling author and primatologist Frans de Waal explores the fascinating world of animal and human emotions. Frans de Waal has spent four decades at the forefront of animal research. Following up on the best-selling *Are We Smart Enough to Know How Smart Animals Are?*, which investigated animal intelligence, *Mama's Last Hug* delivers a fascinating exploration of the rich emotional lives of animals. *Mama's Last Hug* begins with the death of Mama, a chimpanzee matriarch who formed a deep bond with biologist Jan van Hooff. When Mama was dying, van Hooff took the unusual step of visiting her in her night cage for a last hug. Their goodbyes were filmed and went viral. Millions of people were deeply moved by the way Mama embraced the professor, welcoming him with a big smile while reassuring him by patting his neck, in a gesture often considered typically human but that is in fact common to all primates. This story and others like it form the core of de Waal's argument, showing that humans are not the only species with the capacity for love, hate, fear, shame, guilt, joy, disgust, and empathy. De Waal discusses facial expressions, the emotions behind human politics, the illusion of free will, animal sentience, and, of course, Mama's life and death. The message is one of continuity between us and other species, such as the radical proposal that emotions are like organs: we don't have a single organ that other animals don't have, and the same is true for our emotions. *Mama's Last Hug* opens our hearts and minds to the many ways in which humans and other animals are connected, transforming how we view the living world around us.

The Book Woman of Troublesome Creek - Kim Michele Richardson 2019-05-07

RECOMMENDED BY DOLLY PARTON IN PEOPLE MAGAZINE! A NEW YORK TIMES BESTSELLER A USA TODAY BESTSELLER A LOS ANGELES TIMES BESTSELLER A PBS BOOK PICK The bestselling historical fiction novel from Kim Michele Richardson, this is a novel following Cussy Mary, a packhorse librarian and her quest to bring books to the Appalachian community she loves, perfect for readers of William Kent Kreuger and Lisa Wingate. The perfect addition to your next book club! The hardscrabble folks of Troublesome Creek have to scrap for everything—everything except books, that is. Thanks to Roosevelt's Kentucky Pack Horse Library Project, Troublesome's got its very own traveling librarian, Cussy Mary Carter. Cussy's not only a book woman, however, she's also the last of her kind, her skin a shade of blue unlike most anyone else. Not everyone is keen on Cussy's family or the Library Project, and a Blue is often blamed for any whiff of trouble. If Cussy wants to bring the joy of books to the

hill folks, she's going to have to confront prejudice as old as the Appalachias and suspicion as deep as the holler. Inspired by the true blue-skinned people of Kentucky and the brave and dedicated Kentucky Pack Horse library service of the 1930s, *The Book Woman of Troublesome Creek* is a story of raw courage, fierce strength, and one woman's belief that books can carry us anywhere—even back home. Look for *The Book Woman's Daughter*, the new novel from Kim Michele Richardson, out now! Other Bestselling Historical Fiction from Sourcebooks Landmark: *The Mystery of Mrs. Christie* by Marie Benedict *The Engineer's Wife* by Tracey Enerson Wood Sold on a Monday by Kristina McMorris

The Empowered Mama - Lisa Druxman 2017-11-14

The Empowered Mama is a practical and interactive workbook full of simple, powerful tools to help moms reconnect with themselves on the journey through motherhood. Moms often try to juggle the roles of wife, mother, and homemaker while also being professional, competent women. Many moms feel like they can't take time to replenish their bodies and minds, despite their many roles. There's just not enough time in the day, and it seems selfish to take time when families and work still demand more. *The Empowered Mama* is a practical workbook full of simple, powerful tools to help you reconnect with yourself on the journey through motherhood. Author Lisa Druxman uplifts, inspires, and takes moms on a journey not just to rediscover themselves, but to fall in love with motherhood again. Whether you are a working mom or a stay-at-home mom, this book will add balance to your life. Since there will never be more hours in the day, *The Empowered Mama* will help you maximize the hours you do have to accomplish what matters most. This guide focuses on all parts of a mom's life—work relationships, built-up stressors, cleaning up your diet, even going green and being more mindful about the environment—all with the intuitive understanding that getting the rest of your life in order will only reap huge dividends for your family.

Mama Does Time - Deborah Sharp 2010-09-08

"Who knew that a who-dun-it would not only keep you guessing—but have you laughing! Deborah Sharp is the new Edna Buchanan."—Hoda Kotb, co-anchor of NBC's Today show Meet Mama: a true Southern woman with impeccable manners, sherbet-colored pantsuits, and four prior husbands, able to serve sweet tea and sidestep alligator attacks with equal aplomb. Mama's antics—especially her penchant for finding trouble – drive her daughters Mace, Maddie, and Marty to distraction. One night, while settling in to look for ex-beaus on COPS, Mace gets a frantic call from her mother. This time, the trouble is real: Mama found a body in the trunk of her turquoise convertible and the police think she's the killer. It doesn't help that the handsome detective assigned to the case seems determined to prove Mama's guilt or that the cowboy who broke Mace's heart shows up at the local Booze & 'n' Breeze in the midst of the investigation. Before their mama lands in prison—just like an embarrassing lyric from a country-western song—Mace and her sisters must find the real culprit. TV APPEARANCES NBC's Today Show from November 4, 2008 Mayor's Book Talk" from January 14, 2009 NBC6 "South Florida Today" from July 17, 2009 NBC's Today Show from August 4, 2009 Praise: "Mama Does Time is a humorous, touching reflection on familial love and politics."—Mystery Scene Magazine "With a strong, funny heroine, colorful characters, and a look at a part of Florida the tourists rarely see, Deborah Sharp has an engaging new series. Make sure Mama Does Time does time on your bookshelf."—Elaine Viets, author of *Clubbed to Death: a Dead-End Job Mystery* "Not since the late Anne George has there been such laugh-out-loud Southern fried fun. Deborah Sharp's *Mama Does Time* is a hilarious page turner with crisp and intelligent writing."—Sue Ann Jaffarian, author of the

Odelia Grey Mystery series "Deborah Sharp's witty way with words makes Mama Does Time as much fun as a down-home visit with your quirky Florida cousins."—Nancy Martin, author of the Blackbird Sisters Mysteries "Colorful characters and a segment of Florida seldom seen by tourists evoke a Southern Sisters feeling in this very well written Southern fried epic...A winner."—BookBitch.com "The author's surname—Sharp—is an apt adjective to describe her writing. Her characters crackle off the page."—Cozy Library "Deborah Sharp has an eye for character...She's funny, perceptive, and entertaining. What more can a cozy reader ask for?"—Reviewing the Evidence "Newcomer Deborah Sharp will knock your socks off with this clever cozy mystery."—Fresh Fiction

All the Living and the Dead - Hayley Campbell 2022-08-16

A deeply compelling exploration of the death industry and the people—morticians, detectives, crime scene cleaners, embalmers, executioners—who work in it and what led them there. We are surrounded by death. It is in our news, our nursery rhymes, our true-crime podcasts. Yet from a young age, we are told that death is something to be feared. How are we supposed to know what we're so afraid of, when we are never given the chance to look? Fueled by a childhood fascination with death, journalist Hayley Campbell searches for answers in the people who make a living by working with the dead. Along the way, she encounters mass fatality investigators, embalmers, and a former executioner who is responsible for ending sixty-two lives. She meets gravediggers who have already dug their own graves, visits a cryonics facility in Michigan, goes for late-night Chinese with a homicide detective, and questions a man whose job it is to make crime scenes disappear. Through Campbell's incisive and candid interviews with these people who see death every day, she asks: Why would someone choose this kind of life? Does it change you as a person? And are we missing something vital by letting death remain hidden? A dazzling work of cultural criticism, *All the Living and the Dead* weaves together reportage with memoir, history, and philosophy, to offer readers a fascinating look into the psychology of Western death.

First, Do No Harm - Lisa Belkin 2021-02-16

"Crammed with provocative insights, raw emotion, and heartbreaking dilemmas," (The New York Times) *First, Do No Harm* is a powerful examination of how life and death decisions are made at a major metropolitan hospital in Houston, as told through the stories of doctors, patients, families, and hospital administrators facing unthinkable choices. What is life worth? And when is a life worth living? Journalist Lisa Belkin examines how these questions are asked and answered over one dramatic summer at Hermann Hospital in Houston, Texas. In an account that is fascinating, revealing, and almost novelistic in its immediacy, Belkin takes us inside a major hospital and introduces us to the people who must make life and death decisions every day. As we walk through the hallways of the hospital we meet a young pediatrician who must decide whether to perform a risky last-ditch surgery on a teenager who has spent most of his fifteen years in a hospital; we watch as new parents battle with doctors over whether to disconnect their fragile, premature twins from the machine that keeps them breathing; we are in the operating room as a poor immigrant, paralyzed from a gunshot in the neck, is asked by doctors whether or not he wishes to stay alive; we witness the worry of a kidney specialist as he decides whether or not to transfer an uninsured baby to the county hospital down the road. We experience critical moments in the lives of these real people as Belkin explores challenging issues and questions involving medical ethics, human suffering, modern technology, legal liability, and financial reality. As medical technology advances, the choices grow more complicated. How

far should we go to save a life? Who decides? And who pays?

Hillbilly Elogy - J. D. Vance 2018-05-01

THE #1 NEW YORK TIMES BESTSELLER IS NOW A MAJOR-MOTION PICTURE DIRECTED BY RON HOWARD AND STARRING AMY ADAMS, GLENN CLOSE, AND GABRIEL BASSO "You will not read a more important book about America this year."—The Economist "A riveting book."—The Wall Street Journal "Essential reading."—David Brooks, New York Times *Hillbilly Elogy* is a passionate and personal analysis of a culture in crisis—that of white working-class Americans. The disintegration of this group, a process that has been slowly occurring now for more than forty years, has been reported with growing frequency and alarm, but has never before been written about as searingly from the inside. J. D. Vance tells the true story of what a social, regional, and class decline feels like when you were born with it hung around your neck. The Vance family story begins hopefully in postwar America. J. D.'s grandparents were "dirt poor and in love," and moved north from Kentucky's Appalachia region to Ohio in the hopes of escaping the dreadful poverty around them. They raised a middle-class family, and eventually one of their grandchildren would graduate from Yale Law School, a conventional marker of success in achieving generational upward mobility. But as the family saga of *Hillbilly Elogy* plays out, we learn that J.D.'s grandparents, aunt, uncle, sister, and, most of all, his mother struggled profoundly with the demands of their new middle-class life, never fully escaping the legacy of abuse, alcoholism, poverty, and trauma so characteristic of their part of America. With piercing honesty, Vance shows how he himself still carries around the demons of his chaotic family history. A deeply moving memoir, with its share of humor and vividly colorful figures, *Hillbilly Elogy* is the story of how upward mobility really feels. And it is an urgent and troubling meditation on the loss of the American dream for a large segment of this country.

Boneshaker - Cherie Priest 2009-09-29

In the early days of the Civil War, rumors of gold in the frozen Klondike brought hordes of newcomers to the Pacific Northwest. Anxious to compete, Russian prospectors commissioned inventor Leviticus Blue to create a great machine that could mine through Alaska's ice. Thus was Dr. Blue's Incredible Bone-Shaking Drill Engine born. But on its first test run the *Boneshaker* went terribly awry, destroying several blocks of downtown Seattle and unearthing a subterranean vein of blight gas that turned anyone who breathed it into the living dead. Now it is sixteen years later, and a wall has been built to enclose the devastated and toxic city. Just beyond it lives Blue's widow, Briar Wilkes. Life is hard with a ruined reputation and a teenaged boy to support, but she and Ezekiel are managing. Until Ezekiel undertakes a secret crusade to rewrite history. His quest will take him under the wall and into a city teeming with ravenous undead, air pirates, criminal overlords, and heavily armed refugees. And only Briar can bring him out alive. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

The Adventurer's Son - Roman Dial 2020-02-18

NATIONAL BESTSELLER "Destined to become an adventure classic." —Anchorage Daily News Hailed as "gripping" (New York Times) and "beautiful" (Washington Post), *The Adventurer's Son* is Roman Dial's extraordinary and widely acclaimed account of his two-year quest to unravel the mystery of his son's disappearance in the jungles of Costa Rica. In the predawn hours of July 10, 2014, the twenty-seven-year-old son of preeminent Alaskan scientist and National Geographic Explorer Roman Dial, walked alone into Corcovado National Park, an untracked rainforest along Costa Rica's remote Pacific Coast that shelters miners, poachers, and drug smugglers. He

carried a light backpack and machete. Before he left, Cody Roman Dial emailed his father: "I am not sure how long it will take me, but I'm planning on doing 4 days in the jungle and a day to walk out. I'll be bounded by a trail to the west and the coast everywhere else, so it should be difficult to get lost forever." They were the last words Dial received from his son. As soon as he realized Cody Roman's return date had passed, Dial set off for Costa Rica. As he trekked through the dense jungle, interviewing locals and searching for clues—the authorities suspected murder—the desperate father was forced to confront the deepest questions about himself and his own role in the events. Roman had raised his son to be fearless, to be at home in earth's wildest places, travelling together through rugged Alaska to remote Borneo and Bhutan. Was he responsible for his son's fate? Or, as he hoped, was Cody Roman safe and using his wilderness skills on a solo adventure from which he would emerge at any moment? Part detective story set in the most beautiful yet dangerous reaches of the planet, *The Adventurer's Son* emerges as a far deeper tale of discovery—a journey to understand the truth about those we love the most. *The Adventurer's Son* includes fifty black-and-white photographs.

Genesis Begins Again - Alicia D. Williams 2020-08-18

"Reminiscent of Toni Morrison's *The Bluest Eye*." —The New York Times "One of the best books I have ever read...will live in the hearts of readers for the rest of their lives." —Colby Sharp, founder of Nerdy Book Club "An emotional, painful, yet still hopeful adolescent journey...one that needed telling." —Kirkus Reviews (starred review) "I really loved this." —Sharon M. Draper, author of the New York Times bestseller *Out of My Mind* This deeply sensitive and "compelling" (BCCB) debut novel tells the story of a thirteen-year-old who must overcome internalized racism and a verbally abusive family to finally learn to love herself. There are ninety-six reasons why thirteen-year-old Genesis dislikes herself. She knows the exact number because she keeps a list: -Because her family is always being put out of their house. -Because her dad has a gambling problem. And maybe a drinking problem too. -Because Genesis knows this is all her fault. -Because she wasn't born looking like Mama. -Because she is too black. Genesis is determined to fix her family, and she's willing to try anything to do so...even if it means harming herself in the process. But when Genesis starts to find a thing or two she actually likes about herself, she discovers that changing her own attitude is the first step in helping change others.

The Death Gap - David A. Ansell, MD 2021-06-16

We hear plenty about the widening income gap between the rich and the poor in America and about the expanding distance separating the haves and the have-nots. But when detailing the many things that the poor have not, we often overlook the most critical—their health. The poor die sooner. Blacks die sooner. And poor urban blacks die sooner than almost all other Americans. In nearly four decades as a doctor at hospitals serving some of the poorest communities in Chicago, David A. Ansell, MD, has witnessed firsthand the lives behind these devastating statistics.

In *The Death Gap*, he gives a grim survey of these realities, drawn from observations and stories of his patients. While the contrasts and disparities among Chicago's communities are particularly stark, the death gap is truly a nationwide epidemic—as Ansell shows, there is a thirty-five-year difference in life expectancy between the healthiest and wealthiest and the poorest and sickest American neighborhoods. If you are poor, where you live in America can dictate when you die. It doesn't need to be this way; such divisions are not inevitable. Ansell calls out the social and cultural arguments that have been raised as ways of explaining or excusing these gaps, and he lays bare the structural violence—the racism, economic exploitation, and discrimination—that is really to blame. Inequality is a disease, Ansell argues, and we need to treat and eradicate it as we would any major illness. To do so, he outlines a vision that will provide the foundation for a healthier nation—for all. As the COVID-19 mortality rates in underserved communities proved, inequality is all around us, and often the distance between high and low life expectancy can be a matter of just a few blocks. Updated with a new foreword by Chicago mayor Lori Lightfoot and an afterword by Ansell, *The Death Gap* speaks to the urgency to face this national health crisis head-on.

Saving Babies? - Stefan Timmermans 2015-05-06

Introduction: the consequences of newborn screening -- The expansion of newborn screening -- Patients-in-waiting -- Shifting disease ontologies -- Is my baby normal? -- The limits of prevention -- Does expanded newborn screening save lives? -- Conclusion: the future of expanded newborn screening

The Poisonwood Bible - Barbara Kingsolver 2008-09-04

'Breathtaking.' Sunday Times 'Exquisite.' The Times 'Beautiful.' Independent 'Powerful.' New York Times An international bestseller and a modern classic, this suspenseful epic of one family's tragic undoing and their remarkable reconstruction has been read, adored and shared by millions around the world. This story is told by the wife and four daughters of Nathan Price, a fierce, evangelical Baptist who takes his family and mission to the Belgian Congo in 1959. They carry with them everything they believe they will need from home, but soon find that all of it - from garden seeds to Scripture - is calamitously transformed on African soil. What readers are saying 'This remains one of the most fascinating books I have ever read.' 'I felt every emotion under the sky with this book.' 'Riveting.' 'This novel left a lasting - YEARS LASTING - impression.' 'This is one of those booksthat stands the test of time and is worth rereading.' 'Five epic, no-wonder-this-book-is-so-well-loved stars!'

The Stranger - Albert Camus 2012-08-08

With the intrigue of a psychological thriller, Camus's masterpiece gives us the story of an ordinary man unwittingly drawn into a senseless murder on an Algerian beach. Behind the intrigue, Camus explores what he termed "the nakedness of man faced with the absurd" and describes the condition of reckless alienation and spiritual exhaustion that characterized so much of twentieth-century life. First published in 1946; now in translation by Matthew Ward.