

Mental Health First Aid Manual

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THE RECOGNITION AND MANAGEMENT OF EARLY PSYCHOSIS - PATRICK D. MCGORRY 1999-07-28

THE TREATMENT OF EARLY PSYCHOSIS HAS BEEN BEDEVILLED BY AN ENTRENCHED PESSIMISM, STEMMING FROM THE ASYLUM ERA AND THE KRAEPELINIAN MODEL OF SCHIZOPHRENIA. MORE RECENTLY, HOWEVER, THERE HAS BEEN A SURGE OF INTEREST IN PREVENTIVELY ORIENTED TREATMENT OF PATIENTS SHOWING THE FIRST SIGNS OF PSYCHOTIC ILLNESS, WITH THE REALIZATION THAT THESE ILLNESSES ARE FREQUENTLY HIGHLY RESPONSIVE TO EARLY TREATMENT. THIS IS THE FIRST TEXT TO FOCUS ON THE POTENTIAL OF EARLY DETECTION OF PSYCHOSIS, AND THE

PRACTICALITIES OF TREATMENT. BASED ON THE PIONEERING EXPERIENCE AND RESEARCH OF A NOW WELL-ESTABLISHED PREVENTION AND INTERVENTION CENTRE, AND WITH CONTRIBUTIONS FROM INTERNATIONAL AUTHORITIES, THE BOOK OUTLINES A FRAMEWORK FOR INTERVENTION, REVIEWS THE EVIDENCE AVAILABLE TO GUIDE CLINICAL PRACTICE, AND DESCRIBES MODELS OF TREATMENT. INCORPORATING MANY PERSONAL NARRATIVES AND CASE HISTORIES, IT IS STRONG ON THEORY, SENSITIVE ON PRACTICAL ISSUES, AND WILL CHALLENGE, INFORM AND GUIDE CLINICIANS.

EMOTIONAL FIRST AID - GUY WINCH

2013

EXPLAINS THE LONG-TERM FALLOUT THAT CAN RESULT FROM SEEMINGLY MINOR EMOTIONAL AND PSYCHOLOGICAL INJURIES AND OFFERS CONCRETE, EASY-TO-USE EXERCISES BACKED UP BY HARD CUTTING-EDGE SCIENCE TO AID IN RECOVERY.

10 SIMPLE SOLUTIONS TO PANIC -
MARTIN ANTONY 2004-09-01

WE ALL GET SCARED SOMETIMES. OUR HEARTS RACE, OUR BREATH GETS SHALLOW, AND OUR HANDS AND FEET TURN ICY COLD--THESE PHYSICAL EXPRESSIONS OF FEAR ARE OUR NORMAL RESPONSES TO THINGS THAT THREATEN US. BUT MOMENTS OF PANIC CAN CAUSE YOU TO EXPERIENCE THESE FEELINGS WITH NO APPARENT CAUSE, ROBBING YOU OF CONFIDENCE AND COMPOSURE UNEXPECTEDLY THROUGHOUT YOUR DAY. YOU DESERVE TO BE FREE FROM THESE TROUBLESOME MOMENTS, AND THE TEN EASY AND EFFECTIVE TECHNIQUES YOU'LL FIND IN 10 SIMPLE SOLUTIONS TO PANIC MAKE IT NOT ONLY POSSIBLE BUT ALSO EASY. LEARN HOW TO MONITOR YOUR EPISODES OF PANIC, AND FIND OUT HOW TO REPLACE YOUR ANXIOUS, RACING INNER MONOLOGUE WITH CALM, REALISTIC THINKING. DISCOVER SAFE AND COMFORTABLE WAYS TO FACE FEARFUL SITUATIONS. BREATHING EXERCISES, STRESS REDUCTION TECHNIQUES ROUND OUT THIS APPROACH TO OVERCOMING PANIC THAT PROMISES TO RESTORE YOUR SECURITY AND PEACE OF MIND.
PSYCHOLOGICAL FIRST AID - WORLD HEALTH ORGANIZATION 2014-05

THIS MANUAL IS DESIGNED TO ORIENT HELPERS TO OFFER PSYCHOLOGICAL FIRST AID (PFA) TO PEOPLE FOLLOWING A SERIOUS CRISIS EVENT. PFA INVOLVES HUMANE, SUPPORTIVE AND PRACTICAL ASSISTANCE FOR PEOPLE WHO ARE DISTRESSED, IN WAYS THAT RESPECT THEIR DIGNITY, CULTURE AND ABILITIES. THE INSTRUCTIONS AND MATERIALS IN THIS MANUAL ARE FOR A HALF-DAY ORIENTATION (4 HOURS EXCLUDING BREAKS) TO PREPARE HELPERS TO SUPPORT PEOPLE RECENTLY AFFECTED BY VERY STRESSFUL EVENTS. IF YOU HAVE MORE TIME AVAILABLE FOR THE ORIENTATION, EXTRA ACTIVITIES AND SLIDES ARE INCLUDED IN TEXT BOXES TO DELIVER A FULL DAY ORIENTATION (FIVE AND A HALF HOURS EXCLUDING BREAKS). WHERE POSSIBLE, ONE SHOULD ORGANIZE FULL DAY ORIENTATIONS TO ALLOW FOR DEEPER LEARNING. IT IS IMPORTANT TO ADAPT THE ORIENTATION AND MATERIALS TO THE LOCAL CULTURE, LANGUAGE AND CONTEXT, AND TO THE LIKELY KINDS OF CRISIS SITUATIONS IN WHICH YOUR PARTICIPANTS WOULD BE HELPING. THIS FACILITATOR'S MANUAL IS TO BE USED TOGETHER WITH PSYCHOLOGICAL FIRST AID: GUIDE FOR FIELD WORKERS.
COMMUNITY-BASED PSYCHOLOGICAL FIRST AID - GERARD A JACOBS 2016-06-07
COMMUNITY-BASED PSYCHOLOGICAL FIRST AID: A PRACTICAL GUIDE TO HELPING INDIVIDUALS AND COMMUNITIES DURING DIFFICULT TIMES PRESENTS A PRACTICAL METHOD FOR HELPING THOSE IN NEED IN DIFFICULT TIMES. NO

TREATMENT MODELS: COGNITIVE-BEHAVIORAL, PSYCHOEDUCATION, AND PSYCHIATRIC REHABILITATION. A NEW CHAPTER ON "WHO IS THE CONSUMER?" AS WELL AS INCREASED INFORMATION ON THE APPLICATIONS OF DSM-IV DIAGNOSES ARE COVERED.

PSYCHOLOGICAL FIRST AID - LESLIE SNIDER 2011-10-17

THIS GUIDE COVERS PSYCHOLOGICAL FIRST AID WHICH INVOLVES HUMANE, SUPPORTIVE AND PRACTICAL HELP TO FELLOW HUMAN BEINGS SUFFERING SERIOUS CRISIS EVENTS. IT IS WRITTEN FOR PEOPLE IN A POSITION TO HELP OTHERS WHO HAVE EXPERIENCED AN EXTREMELY DISTRESSING EVENT.

PEDIATRIC FIRST AID FOR CAREGIVERS AND TEACHERS - AMERICAN ACADEMY OF PEDIATRICS 2013

CAREGIVERS AND TEACHERS NEED TO KNOW WHAT TO DO WHEN A CHILD IS INJURED OR BECOMES SUDDENLY ILL. MOST INJURIES THAT REQUIRE FIRST AID CARE ARE NOT LIFE-THREATENING. HOWEVER, FIRST AID CAN SOMETIMES MEAN THE DIFFERENCE BETWEEN LIFE AND DEATH. THIS COURSE IS DESIGNED TO GIVE CAREGIVERS AND TEACHERS THE EDUCATION THEY NEED TO EFFECTIVELY CARE FOR CHILDREN.

TRAINING MANUAL FOR MENTAL HEALTH AND HUMAN SERVICE WORKERS IN MAJOR DISASTERS - DEBORAH J. DEWOLFE 2000

TEEN MENTAL HEALTH FIRST AID - LAURA HART 2012

THIS MANUAL IS FOR SENIOR ADOLESCENTS IN YEARS 10 - 12 TO

ASSIST FRIENDS WHO HAVE MENTAL HEALTH PROBLEM.

YOUTH MENTAL HEALTH - ALISON R. YUNG 2020-12-29

THIS BOOK HIGHLIGHTS THE FIELD OF YOUTH MENTAL HEALTH AND WHY IT IS A SPECIALTY DISTINCT FROM BOTH CHILD AND ADOLESCENT AND ADULT MENTAL HEALTH. YOUTH MENTAL HEALTH: APPROACHES TO EMERGING MENTAL ILL-HEALTH IN YOUNG PEOPLE EXAMINES ISSUES SUCH AS MENTAL HEALTH LITERACY, E-HEALTH, FAMILY, PSYCHOLOGICAL, VOCATIONAL AND PHARMACOLOGICAL INTERVENTIONS. THE AUTHORS ALSO DISCUSS ISSUES THAT ARE PARTICULARLY PERTINENT TO YOUNG PEOPLE, SUCH AS SUICIDALITY, SUBSTANCE ABUSE, GENDER IDENTITY AND SEXUALITY, ATTENTION DEFICIT DISORDER AND EATING DISORDERS.

TAKING A PREVENTATIVE FOCUS, THIS BOOK PRESENTS EVIDENCE FOR YOUTH MENTAL HEALTH AS AN IMPORTANT AND GROWING FIELD, MAKES THE CASE FOR THE REFORM OF EXISTING SERVICE STRUCTURES TO BETTER SERVE THIS GROUP AND OUTLINES THE LATEST SPECIALISED APPROACHES TO TREATMENT. DRAWING ON THE KNOWLEDGE AND EXPERTISE OF LEADING THINKERS IN YOUTH MENTAL HEALTH, THIS BOOK IS INSTRUMENTAL FOR MENTAL HEALTH PROFESSIONALS WHO WISH TO DESIGN NEW SPECIALISED MENTAL HEALTH SYSTEMS FOR YOUNG PEOPLE.

FIRST AID AT WORK - HSE BOOKS 2009

THE HEALTH AND SAFETY (FIRST AID)

REGULATIONS 1981 APPLY TO WORKPLACES IN THE UK, INCLUDING THOSE WITH LESS THAN FIVE EMPLOYEES, AND TO THE SELF-EMPLOYED.

WHAT IS NARRATIVE THERAPY? -

ALICE MORGAN 2000

THIS BEST SELLING BOOK IS AN EASY-TO-READ INTRODUCTION TO THE IDEAS AND PRACTICES OF NARRATIVE THERAPY WITH ACCESSIBLE LANGUAGE, A CONCISE STRUCTURE AND A WIDE RANGE OF PRACTICAL EXAMPLES. THIS BOOK COVERS A BROAD SPECTRUM OF NARRATIVE PRACTICES INCLUDING EXTERNALISATION, RE-MEMBERING, THERAPEUTIC LETTER WRITING, THE USE OF RITUALS, LEAGUES, REFLECTING TEAMS AND MUCH MORE. IF YOU ARE A THERAPIST, HEALTH WORKER OR COMMUNITY WORKER WHO IS TRYING TO APPLY NARRATIVE IDEAS IN YOUR OWN WORK CONTEXT, THIS BOOK HAS BEEN WRITTEN WITH YOU IN MIND.

MENTAL HEALTH FIRST AID

PARTICIPANT MANUAL - MENTAL HEALTH ASSOCIATION OF MARYLAND
2016-03-01

REVISED PARTICIPANT MANUAL USED IN THE ADULT MENTAL HEALTH FIRST AID COURSE

YOUTH MENTAL HEALTH FIRST AID FOR ADULTS ASSISTING YOUNG PEOPLE - MENTAL HEALTH ASSOCIATION OF MARYLAND
2012-11-01

PARTICIPANT MANUAL FOR PEOPLE WHO TAKE THE YOUTH MENTAL HEALTH FIRST AID COURSE

YOUTH MENTAL HEALTH FIRST AID -
CLAIRE KELLY 2021-03

SCHOOL NURSING - JANICE SELEKMAN
2019-07-01

PRODUCED IN COOPERATION WITH THE NATIONAL ASSOCIATION OF SCHOOL NURSES, THIS TEXT INCLUDES COMPREHENSIVE COVERAGE OF THE MULTIPLE FACETS OF SCHOOL NURSING—FROM THE FOUNDATIONS OF PRACTICE AND THE ROLES AND FUNCTIONS OF A SCHOOL NURSE THROUGH EPISODIC AND CHRONIC ILLNESS AND BEHAVIORAL ISSUES, TO LEGAL ISSUES AND LEADING AND MANAGING WITHIN SCHOOL SETTINGS. WRITTEN AND EDITED BY SCHOOL NURSES AND PEDIATRIC EXPERTS, IT FEATURES REAL-WORLD-TESTED, BEST PRACTICES BASED ON EVIDENCE AND EXPERIENCE. THERE'S CONTENT HERE THAT YOU WON'T FIND IN OTHER BOOKS, SUCH AS HEALTH ASSESSMENTS, INDIVIDUALIZED HEALTH PLAN DEVELOPMENT, MENTAL HEALTH CONDITIONS INCLUDING ADOLESCENT DEPRESSION, CONTEMPORARY LEGAL ISSUES, AND CURRENT POLICY STATEMENTS ESSENTIAL TO SCHOOL NURSING.

MENTAL HEALTH FIRST AID -

AMERICAN RED CROSS FIRST AID/CPR/AED PARTICIPANT'S MANUAL - AMERICAN RED CROSS
2011

REV. ED. OF: FIRST AID/CPR/AED FOR SCHOOLS AND THE COMMUNITY. 3RD ED. c2006.

MENTAL HEALTH FIRST AID PARTICIPANT MANUAL, REVISED FIRST EDITION - MENTAL HEALTH

ASSOCIATION OF MARYLAND
2013-04-19

YOUTH MENTAL HEALTH FIRST AID -

BETTY ANN KITCHENER 2013

THE 3RD EDITION YOUTH MHFA MANUAL (2013) WAS WRITTEN TO ACCOMPANY THE 14-HR YOUTH MHFA COURSE.

MENTAL HEALTH FIRST AID - NATALY BOVOPOULOS 2013

THIS MANUAL IS A SUPPLEMENTARY MATERIAL TO THE MENTAL HEALTH FIRST AID MANUAL. IT IS DESIGNED TO ACCOMPANY A TAILORED 13-HOUR VERSION OF THE MHFA COURSE FOR NURSING STUDENTS.

FIRST AID MANUAL 11TH EDITION - DK
2021-07-01

THE UK'S ONLY FULLY AUTHORISED FIRST AID GUIDE, THE BOOK IS USED AS THE OFFICIAL TRAINING MANUAL FOR THE UK'S LEADING FIRST AID ORGANISATIONS' COURSES. IT'S AVAILABLE IN EBOOK FORMAT. THIS BESTSELLING GUIDE COVERS ALL ASPECTS OF FIRST AID, INCLUDING FIRST AID FOR BABIES AND CHILDREN. THIS NEW EDITION FEATURES GUIDANCE ON FIRST AID IN PANDEMIC CONDITIONS, WHAT TO DO IN A TERRORIST INCIDENT, THE LATEST GUIDELINES ON RESUSCITATION, AND DELIVERING FIRST AID FOR A MENTAL HEALTH CRISIS. ILLUSTRATIONS HAVE BEEN REDRAWN IN THE SIMPLEST, CLEAREST STYLE TO FOCUS ON THE VITAL INFORMATION. FIND OUT HOW TO TREAT OVER 100 DIFFERENT CONDITIONS FROM SPLINTERS AND SPRAINED ANKLES TO

UNRESPONSIVE CASUALTIES, AND HOW TO USE ESSENTIAL EQUIPMENT. LEARN HOW TO MANAGE A SITUATION SAFELY AND HOW TO ASSESS A SICK OR INJURED PERSON EFFECTIVELY. STEP-BY-STEP PHOTOGRAPHY, ALL SHOT IN-SITU TO REFLECT REAL-LIFE ISSUES, SHOWS YOU WHAT TO DO IN ANY EMERGENCY. EASY-TO-UNDERSTAND ANATOMY SECTIONS EXPLAIN THE RISKS INVOLVED WITH PARTICULAR INJURIES OR CONDITIONS AND HOW AND WHY FIRST AID CAN HELP. DISCOVER EVERY LIFE-SAVING TECHNIQUE YOU NEED TO KNOW WITH THIS ESSENTIAL REFERENCE.

OCCUPATIONAL OUTLOOK HANDBOOK - UNITED STATES. BUREAU OF LABOR STATISTICS 1976

THE JOHNS HOPKINS GUIDE TO PSYCHOLOGICAL FIRST AID - GEORGE S. EVERLY JR. 2022-08-02

LEARN THE ESSENTIAL SKILLS OF PSYCHOLOGICAL FIRST AID FROM THE EXPERTS—THE CREATORS OF THE JOHNS HOPKINS RAPID PFA METHOD. PSYCHOLOGICAL FIRST AID, OR PFA, IS DESIGNED TO MITIGATE THE EFFECTS OF ACUTE STRESS AND TRAUMA AND ASSIST THOSE IN CRISIS TO COPE EFFECTIVELY. PFA CAN BE APPLIED IN EMERGENCIES, INCLUDING DISASTERS, TERRORIST ATTACKS, AND THE COVID-19 PANDEMIC. IN THE SECOND EDITION OF THIS ESSENTIAL GUIDE, GEORGE S. EVERLY, JR., AND JEFFREY M. LATING DRAW ON THEIR EXPERIENCES IN KUWAIT AFTER THE GULF WAR, IN NEW YORK CITY AFTER THE SEPTEMBER 11 ATTACKS, AND DURING THE COVID-19

PANDEMIC TO DESCRIBE THE PRINCIPLES AND PRACTICES OF PFA IN AN EASY-TO-FOLLOW, PRESCRIPTIVE, AND PRACTICAL MANNER. INFORMED BY CURRENT EVENTS, THE SECOND EDITION INCLUDES UPDATED CHAPTERS AS WELL AS THREE COMPLETELY NEW CHAPTERS ON • CULTURAL AWARENESS • PFA CONSIDERATIONS WITH CHILDREN • THE USE OF PFA TO FACILITATE COMMUNITY MENTAL HEALTH AND RESILIENCE AIMED AT MENTAL HEALTH PRACTITIONERS, FIRST RESPONDERS, AND GLOBAL HEALTH DISASTER TEAMS SUCH AS M² DECINS SANS FRONTI² RES AND THE WORLD HEALTH ORGANIZATION, BUT ALSO BENEFICIAL TO THOSE WITH LITTLE OR NO PREVIOUS MENTAL HEALTH TRAINING, THE JOHNS HOPKINS GUIDE TO PSYCHOLOGICAL FIRST AID THOROUGHLY EXPLAINS RAPID PFA. RAPID, A UNIQUE EVIDENCE-INFORMED AND EVIDENCE-BASED PFA METHOD, FOLLOWS A SET OF EASILY UNDERSTOOD PRINCIPLES. IN EACH CHAPTER, EVERLY AND LATING—WHO HAVE TRAVELED NATIONALLY AND INTERNATIONALLY TO TEACH THE RAPID PFA MODEL IN NUMEROUS PUBLIC HEALTH, FIRE, POLICE, MILITARY, BUSINESS, AND FAITH-BASED SETTINGS—PROVIDE A STEP-BY-STEP APPROACH AND INCLUDE A KEY POINT SUMMARY. A UNIFYING CASE EXEMPLIFIES EACH PHASE OF THE RAPID PFA MODEL IN AN ONGOING DIALOGUE THAT PRESENTS IDEAL PFA RESPONSES, EXAMPLES OF COMMON MISTAKES, AND VARIOUS OUTCOMES.

THE ANXIETY SKILLS WORKBOOK -
STEFAN G. HOFMANN 2020-04-01
OVERCOME ANXIETY, FEAR, AND WORRY—AND START LIVING THE LIFE YOU WANT. IF YOU SUFFER FROM AN ANXIETY DISORDER, YOU AREN'T ALONE. ANXIETY IS AT EPIDEMIC LEVELS. FORTUNATELY, THERE ARE EFFECTIVE—AND FAST—TECHNIQUES YOU CAN USE TO BREAK FREE FROM WORRY AND GET BACK TO THE THINGS THAT MATTER TO YOU. THIS WORKBOOK OFFERS A COMPREHENSIVE COLLECTION OF SIMPLE TREATMENT STRATEGIES TO HELP GET YOU STARTED. IN THE ANXIETY SKILLS WORKBOOK, YOU'LL FIND TONS OF TIPS AND TRICKS FOR MANAGING YOUR ANXIETY AND WORRY USING COGNITIVE BEHAVIORAL THERAPY (CBT) AND MINDFULNESS. BASED ON THE EVIDENCE-BASED TREATMENT MODEL DEVELOPED AT THE CENTER FOR ANXIETY AND RELATED DISORDERS AT BOSTON UNIVERSITY—ONE OF THE PREMIER ANXIETY CENTERS IN THE WORLD—THIS BOOK WILL HELP YOU UNDERSTAND AND EFFECTIVELY DEAL WITH ANXIETY AND WORRY ANYTIME, ANYWHERE. THE UNIQUE “MODULE” FORMAT OF THIS WORKBOOK ALLOWS YOU TO FOCUS ON YOUR OWN INDIVIDUAL ANXIETY AND WORRY PATTERNS. WHILE IT IS RECOMMENDED THAT YOU TAKE A CHRONOLOGICAL PATH THROUGH THE MATERIAL, THE PACING AND LENGTH OF EACH MODULE ALLOWS FOR FLEXIBLY ADAPTING TO YOUR INDIVIDUAL NEEDS. IN OTHER WORDS, YOU CAN USE THIS BOOK HOWEVER YOU LIKE—WHETHER

THAT MEANS STARTING AT THE BEGINNING, MIDDLE, OR END. CHOOSE WHAT WORKS FOR YOU. WITH THIS UNIQUE WORKBOOK, YOU'LL LEARN BETTER WAYS TO COPE WITH YOUR ANXIETY, SO YOU CAN GET BACK TO LIVING YOUR LIFE.

FIRST AID MANUAL - DORLING KINDERSLEY PUBLISHING STAFF
2016-06-22

THE FIRST AID MANUAL IS THE UK'S ONLY FULLY AUTHORISED FIRST AID GUIDE, ENDORSED BY ST JOHN AMBULANCE, ST ANDREW'S FIRST AID AND THE BRITISH RED CROSS AND PACKED WITH STEP-BY-STEP FIRST AID ADVICE. USED AS THE OFFICIAL TRAINING MANUAL FOR THE UK'S LEADING FIRST AID ORGANISATIONS' COURSES, THE BESTSELLING FIRST AID MANUAL COVERS ALL ASPECTS OF FIRST AID, FROM EMERGENCY FIRST AID AND FIRST AID FOR BABIES AND CHILDREN, TO THE LATEST GUIDELINES ON RESUSCITATION, HELPING A DROWNING CASUALTY, AND SNAKE BITES. FIND OUT HOW TO TREAT OVER 100 DIFFERENT CONDITIONS FROM SPLINTERS AND SPRAINED ANKLES TO STROKES AND UNRESPONSIVENESS AND HOW TO USE ESSENTIAL EQUIPMENT INCLUDING A DEFIBRILLATOR. STEP-BY-STEP PHOTOGRAPHY, ALL SHOT IN-SITU TO REFLECT REAL-LIFE ISSUES, SHOWS YOU WHAT TO DO IN ANY SITUATION. THE IDEAL FIRST AID BOOK FOR YOU AND YOUR FAMILY, KEEP THE FIRST AID MANUAL HANDY; IT COULD BE A LIFE-SAVER. (PREVIOUS EDITION ISBN 9781409342007)

INTERNATIONAL HANDBOOK OF HEALTH LITERACY - OKAN, ORKAN
2019-07-31

AVAILABLE OPEN ACCESS UNDER CC-BY-NC LICENSE. HEALTH LITERACY ADDRESSES A RANGE OF SOCIAL DIMENSIONS OF HEALTH INCLUDING KNOWLEDGE, NAVIGATION, COMMUNICATION AS WELL AS INDIVIDUAL AND ORGANIZATIONAL SKILLS FOR ACCESSING, UNDERSTANDING, EVALUATING AND USING OF INFORMATION. ESPECIALLY OVER THE PAST DECADE, HEALTH LITERACY HAS BECOME A MAJOR PUBLIC HEALTH CONCERN GLOBALLY AS AN ASSET FOR PROMOTING HEALTH, WELLBEING AND SUSTAINABLE DEVELOPMENT. THIS COMPREHENSIVE HANDBOOK PROVIDES AN INVALUABLE OVERVIEW OF CURRENT INTERNATIONAL THINKING ABOUT HEALTH LITERACY, HIGHLIGHTING CUTTING EDGE RESEARCH, POLICY AND PRACTICE IN THE FIELD. WITH A DIVERSE TEAM OF CONTRIBUTORS, THE BOOK ADDRESSES HEALTH LITERACY ACROSS THE LIFE-SPAN AND OFFERS INSIGHTS FROM DIFFERENT POPULATIONS AND SETTINGS. PROVIDING A WIDE RANGE OF MAJOR FINDINGS, THE BOOK OUTLINES CURRENT DISCOURSE IN THE FIELD AND EXAMINES NECESSARY FUTURE DIALOGUES AND NEW PERSPECTIVES.

MENTAL DISORDERS : DIAGNOSTIC AND STATISTICAL MANUAL - COMMITTEE ON NOMENCLATURE AND STATISTICS
AMERICAN PSYCHIATRIC ASSOCIATION
1952

MENTAL HEALTH FIRST AID MANUAL -
BETTY KITCHENER 2013

THE 2ND EDITION STANDARD MHFA
MANUAL (2010) WAS WRITTEN TO
ACCOMPANY THE 12HR STANDARD
MHFA COURSE.

DR. DAVID REUBEN'S MENTAL FIRST-AID
MANUAL - DAVID R. REUBEN 1982

GIVES PRACTICAL ADVICE ON DEALING
WITH ALCOHOL, ANXIETY, BOREDOM,
BURNOUT, SUICIDE, INSOMNIA,
GAMBLING, DEPRESSION, UNEMPLOYMENT,

MENTAL HEALTH FIRST AID
INTERNATIONAL MANUAL

LONELINESS, AND OTHER PROBLEMS

- BETTY
KITCHENER 2015

YOUTH MENTAL HEALTH FIRST AID
TEACHING MANUAL - FIRST EDITION -
CLAIRE KELLY 2021-04

TEACHING MANUAL AND GUIDE FOR
YOUTH MENTAL HEALTH FIRST AID
COURSE IN ISRAEL. ENGLISH LANGUAGE
EDITION