

# Obedece A Tu Cuerpo Amate

Getting the books **Obedece A Tu Cuerpo Amate** now is not type of inspiring means. You could not unaccompanied going later ebook buildup or library or borrowing from your links to retrieve them. This is an no question easy means to specifically get lead by on-line. This online declaration Obedece A Tu Cuerpo Amate can be one of the options to accompany you later having extra time.

It will not waste your time. give a positive response me, the e-book will extremely space you supplementary concern to read. Just invest tiny era to get into this on-line message **Obedece A Tu Cuerpo Amate** as with ease as review them wherever you are now.

**Tragic Sense Of Life** - Miguel de Unamuno 2022-06-02  
"The Tragic Sense of Life," first published in 1912, was the most important philosophical work by Miguel de Unamuno and is now generally considered one of the great existential texts of the 20th century. In the book, Unamuno rejects the life of reason for one of intense passion, faith, and love, establishing Don Quixote as a great role model for the contemporary man.  
**A Course in Miracles** - 2005

**Dialogues of Love** - Leone Ebreo 2009-05-09  
First published in Rome in 1535, Leone Ebreo's Dialogues of Love is one of the most important texts of the European Renaissance. Well known in the Italian academies of the sixteenth century, its popularity quickly spread throughout Europe, with numerous reprintings and translations into French, Latin Spanish, and Hebrew. It attracted a diverse audience that included noblemen, courtesans, artists, poets, intellectuals, and philosophers. More than just a bestseller, the work exerted a deep influence over the centuries on figures as diverse as Giordano Bruno, John Donne, Miguel de

Cervantes, and Baruch Spinoza. Leone's Dialogues consists of three conversations - 'On Love and Desire,' 'On the Universality of Love,' and 'On the Origin of Love' - that take place over a period of three subsequent days. They are organized in a dialogic format, much like a theatrical representation, of a conversation between a man, Philo, who plays the role of the lover and teacher, and a woman, Sophia, the beloved and pupil. The discussion covers a wide range of topics that have as their common denominator the idea of Love. Through the dialogue, the author explores many different points of view and complex philosophical ideas. Grounded in a distinctly Jewish tradition, and drawing on Neoplatonic philosophical structures and Arabic sources, the work offers a useful compendium of classical and contemporary thought, yet was not incompatible with Christian doctrine. Despite the unfinished state and somewhat controversial, enigmatic nature of Ebreo's famous text, it remains one of the most significant and influential works in the history of Western thought. This new, expertly translated and annotated English edition takes into account the latest

scholarship and provides an invaluable resource for today's readers.

*Body Language* - Allan Pease

2014-02-01

What people say is often very different from what they think or feel. *Body language* by Allan Pease is just what you require to know those feelings which people often try to hide.

*I the Supreme* - Augusto Roa Bastos

2019-02-26

*I the Supreme* imagines a dialogue between the nineteenth-century Paraguayan dictator known as Dr. Francia and Policarpo Patiño, his secretary and only companion. The opening pages present a sign that they had found nailed to the wall of a cathedral, purportedly written by Dr. Francia himself and ordering the execution of all of his servants upon his death. This sign is quickly revealed to be a forgery, which takes leader and secretary into a larger discussion about the nature of truth: "In the light of what Your Eminence says, even the truth appears to be a lie." Their conversation broadens into an epic journey of the mind, stretching across the colonial history of their nation, filled with surrealist imagery, labyrinthine turns, and footnotes supplied by a mysterious "compiler." A towering achievement from a foundational author of modern Latin American literature, *I the Supreme* is a darkly comic, deeply moving meditation on power and its abuse—and on the role of language in making and unmaking whole worlds.

**LA SANACIÓN DE LAS 5 HERIDAS** - LISE BOURBEAU 2017-10-27

Hace ya catorce años que Lise Bourbeau escribió su primera obra sobre las heridas del alma. *Las 5 heridas* que impiden ser uno mismo ha sido traducida a dieciséis idiomas, ha batido récords de ventas en varios países y, lo que es más importante,

ha ayudado a millones de personas.

Sin embargo, su autora

incansablemente comprometida con sus seguidores nunca se dio por satisfecha y continuó observando el sufrimiento emocional desde su perspectiva amorosa y lúcida, para ajustar sus conclusiones y tratar de comunicarlas de manera más efectiva. Porque no basta con reconocer la herida, lo realmente necesario es sanarla. Si te limitas a cubrirla sin ningún tratamiento, la infección irá a más y puede llegar a ser fatal. En este libro complementario y definitivo encontrarás el único remedio eficaz, el bálsamo indicado para curar esas heridas abiertas e infectadas, unas úlceras tan dolorosas que te están impidiendo vivir. Este bálsamo se llama aceptación y al aplicarlo según las instrucciones de Lise Bourbeau el dolor irá remitiendo y las heridas cicatrizarán limpiamente.

**Surrealism** - Jacqueline Chénieux-Gendron 1990

The definitive survey of the literary and artistic aspects of surrealism.

*A Course in Miracles* - Helen Schucman 2019-03-20

*A Course in Miracles* is the acclaimed spiritual guide that teaches the way to universal love and peace is by undoing guilt through forgiving others. The "miracles" of the title refers to shifts in perception from fear to love, which fosters the healing and sanctification of relationships. Although expressed in terms of traditional Christianity, this life-changing work constitutes nonsectarian, universal spiritual teachings. The three-part approach begins with an explanation of the course's theory and the development of the experience of forgiveness. The second consists of a workbook, comprising 365 lessons – an exercise for each day of the year – intended to influence students' perceptions.

The third section presents a manual for teachers, in which the question-and-answer format provides responses for likely inquiries as well as definitions for terms used throughout the course. Written by Dr. Helen Schucman, a clinical and research psychologist, and edited by her colleague at Columbia University, Dr. William Thetford, from 1965 to 1970, A Course in Miracles has been translated into more than 20 languages and sold millions of copies around the world.

**Heal Your Body** - Louise Hay  
1995-03-07

Heal Your Body is a fresh and easy step-by-step guide. Just look up your specific health challenge and you will find the probable cause for this health issue and the information you need to overcome it by creating a new thought pattern. Louise Hay, bestselling author, is an internationally known leader in the self-help field. Her key message: "If we are willing to do the mental work, almost anything can be healed." The author has a great deal of experience and firsthand information to share about healing—including how she cured herself after having been diagnosed with cancer. Hundreds of thousands of people from all over the world have read Heal Your Body and have found it to be an indispensable reference. Here are some typical comments: "I love this book. I carry it around in my purse, refer to it constantly, and share it with my friends." "HEAL YOUR BODY seems divinely inspired." "Thank you for writing HEAL YOUR BODY. It changed my ideas about diseases. As I am a doctor, it also changed the way I look at people."

Surameris and the Chest of Secrets -  
Fresia Castro 2012-08

Twenty-five years ago, Fresia Castro started a personal journey in which the usual became extraordinary forever. Her journey started in

Chile, then continued in France, and culminated with the unveiling of the Seven Documents in South America, in the Atacama Desert, in which the keys to access the universal truths are contained. Surameris is the story of that journey and a series of events that portend better times. This new proposal of the universe demands of us a great internal creative preparation, and learn to look at life in new ways. The people of America should encourage people of other continents to perform the Original Master Plan, awaken the personal adventure, discover their true role in this life and continue the relentless pursuit of perfection in every act, in love, health, work, family, and knowledge of life. An opportunity to manifest the glory foretold by ancient cultures.

**OBEDECE A TU CUERPO, ÁMATE!** - LISE  
BOURBEAU 2017-10-27

Esta obra es una especie de diccionario, o libro de consulta para que, quien sufra de un malestar o enfermedad cualquiera, pueda averiguar de una manera sencilla y rápida la causa profunda de su problema. La medicina tradicional sigue creyendo que la enfermedad es un obstáculo para la felicidad del ser humano, por ello lucha contra ella, tratando los síntomas sin atacar su causa profunda no organica. La autora ha descubierto que la enfermedad es más bien un regalo que nos puede permitir equilibrar nuestro ser. El cuerpo físico no es la causa de las enfermedades. Por si mismo no puede hacer nada, pues la vida que lo mantiene viene del alma, del espíritu. El cuerpo es simplemente el reflejo de lo que sucede en el interior de nuestro verdadero ser. Lise Bourbeau nació en 1941 en Quebec. En 1966 ya era una destacada directiva a cargo de las ventas de una multinacional. Mantuvo este cargo hasta 1982, cuando decidió dedicarse

a motivar a las personas a conseguir sus objetivos en la vida, exactamente como lo había hecho ella. Desde entonces impartió clases a varios millones de personas, abrió su propio centro de coach training y escribió varios libros, todos best seller internacionales.

*The Art of Loving* - Erich Fromm  
2013-02-26

The landmark bestseller that changed the way we think about love: "Every line is packed with common sense, compassion, and realism" (Fortune). *The Art of Loving* is a rich and detailed guide to love—an achievement reached through maturity, practice, concentration, and courage. In the decades since the book's release, its words and lessons continue to resonate. Erich Fromm, a celebrated psychoanalyst and social psychologist, clearly and sincerely encourages the development of our capacity for and understanding of love in all of its facets. He discusses the familiar yet misunderstood romantic love, the all-encompassing brotherly love, spiritual love, and many more. A challenge to traditional Western notions of love, *The Art of Loving* is a modern classic about taking care of ourselves through relationships with others by the New York

Times—bestselling author of *To Have or To Be?* and *Escape from Freedom*. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

Community-based Rehabilitation -  
World Health Organization 2010

Volume numbers determined from Scope of the guidelines, p. 12-13.

*Zen and the Art of Falling in Love* -  
Brenda Shoshanna 2004-02-02

Explains how to apply Zen principles to create and maintain loving relationships, outlining thirteen essential practices that offer advice

on how to overcome such challenges as miscommunication, insecurity, and jealousy.

**The Secret of Instant Healing** - Frank J. Kinslow, Dr. 2011-06-15

Over the last few years, innovative self-help methods have convinced many people of a new worldview. Quantum Entrainment® (QE) is the newest development in this area: QE works with gentle touch that quietly activates the autonomic nervous system to spontaneously and naturally create an atmosphere in which deep healing can take place. This amazing self-help method is easy to use and needs no previous knowledge—it can be applied by everyone! And what is most astonishing: not only does the treated individual receive deep, restful healing; but the person who is using QE will also experience an immediate, prolonged sense of well-being. Give it a try—you will be surprised by how powerful Quantum Entrainment is! It works in minutes, is easily taught, requires no special training, and even works on pets!

Being in Love - Osho 2008-01-15

What Is Love? In this thoughtful, provocative work, Osho—one of the most revolutionary thinkers of our time—challenges us to question what we think we know about love and opens us to the possibility of a love that is natural, fulfilling, and free of possessiveness and jealousy. With his characteristic wit, humor, and understanding, Osho dares us to resist the unhealthy relationship patterns we've learned from those around us, and to rediscover the meaning of love for ourselves. "By the time you are ready to explore the world of love, you are filled with so much rubbish about love that there is not much hope for you to be able to find the authentic and discard the false." By answering the questions that so many lovers face, Osho shares new ways to love that will forever

change how you relate to others, including how to:

- Love without clinging
- Let go of expectations, rules, and demands
- Free yourself from the fear of being alone
- Be fully present in your relationships
- Keep your love fresh and alive
- Become a life partner with whom someone could continue to grow and change
- Surrender your ego so you can surrender to love

Being in Love will inspire you to welcome love into your life anew and experience the joy of being truly alive by sharing it.

Heal Your Wounds and Find Your True Self - Lise Bourbeau 2020-07-07

In this empowering book, Lise Bourbeau demonstrates that all problems, whether physical, emotional or mental, stem from five significant wounds: rejection, abandonment, humiliation, betrayal and injustice. The book contains detailed descriptions of these wounds and the masks we've developed to hide them. With this information, you will learn to identify the causes of specific problems in your life, and begin the path towards complete healing and discovering your true self.

A Century of Spells - Carolyn Elliott 2020-03

A smart, sexy guide to embracing the repressed, tabooed, and often unwanted aspects of ourselves so we can discover our inner power and finally live the life we deserve. 'We always get exactly what we want; but often, though we may not be aware of it, what we most want is dark - very dark.' Each of us has a dual nature: we are light (conscious) and dark (unconscious). The dark side of our personality - the "other," the shadow side - is made up of what we think is our primitive, primal, negative impulses - our "existential kink." Our existential kink also drives the dark or negative repeating patterns in our life: always choosing the abusive partner or boss, settling for

less, thinking that we're undeserving, not worthy. But it also is the source of our greatest power. In Existential Kink, Carolyn Elliot, PhD, offers a truth-telling guide for bringing our shadow into the light. Inviting us to make conscious the unconscious, Elliot asks us to own the subconscious pleasure we get from the stuck, painful patterns of our existence. Existential Kink provides practical advice and meditations so we truly see our shadow side's "guilty pleasures," love and accept them, and integrate them into our whole being. By doing so, Elliot shows, we bring to life the raw, hot, glorious power we all have to get what we really want in our lives.

The Critique of Practical Reason - Immanuel Kant 2016-08-17

The Critique of Practical Reason is the second of Kant's three Critiques, following Critique of Pure Reason. In it he distinguishes between actual practical reason and desire-based practical reason, arguing for the first and against the application of the second. He sees practical reason as something to be cultivated and moreover believes Freedom can be proven by it.

**Reality, Spirituality and Modern Man** - David R. Hawkins, M.D./Ph.D. 2013-08-01

This is the seventh book in a progressive series based on the revelations of consciousness research. It describes in detail how to discern not only truth from falsehood but also the illusion of appearance from the actual core of reality. The text explains how to differentiate perception from essence, and thereby enables the reader to resolve the ambiguities and classical riddles that have challenged mankind for centuries and baffled the best minds in history. While modern technologies have provided a plethora of new toys and

conveniences, the basic problems of daily existence remain. This book provides the tools to survive and regain fundamental autonomy and inner harmony while living with the complexities of the modern world.

**Mi historia la cuento Yo.** - Aspasia  
2016-01-15

**30 DAYS** - Marc Reklau 2019-07

30 Days is a simple, fast-paced book where you will learn what it takes to create the life you want. In this book, international bestselling author Marc Reklau introduces the readers to some proven tips, tricks and exercises that can improve their life beyond imagination! All it takes is following them constantly and persistently.

**Red Moon** - M.a. Grant 2013-08-01

Dark, moving and original, a story of family, survival, and getting on with life... Flynn Sinclair understands pack loyalty – for years as his Alpha father's enforcer, he has done things in the name of duty that he can't ever forget. But the vast expanse of Alaska offers him a peace he's never known. Alone, removed from pack life, he can focus on his research and try to forget his life before. But duty has a way of inviting itself in, and Flynn finds himself doing two reckless things in one week: leaving the safety of Alaska to save his brother Connor's life, and unwittingly falling in love with Evie Thompson, a woman who doesn't deserve to be drawn into his terrifying world. Connor carries news of their father's descent into madness, and it looks like neither geography nor Flynn's attempts at disengagement will put off a confrontation. Flynn had finally begun to believe that he might deserve something good in his life – something like Evie – but to move forward in the light, he must first reconcile with the dark.

Heal Your Mind - Mona Lisa Schulz,

MD, PHD 2017-10-10

"A much-needed guidebook . . . a treasure chest of insights." – Caroline Myss, M.D. "[A] brilliant new work . . . profound healing advice." – Brian L. Weiss, M.D. Many of us grapple with how to stay happy, calm, and focused in a world that seems to get more complex by the minute. How do we keep our wits about us, our mood stable, and our memory intact when our brains and bodies are bombarded with information and influences from every side? This one-of-a-kind resource combines cutting-edge science with compassion and wisdom to offer answers we can really use. Heal Your Mind continues the three-pronged healing approach that Dr. Mona Lisa Schulz and Louise Hay pioneered together in All Is Well: Heal Your Body with Medicine, Affirmations, and Intuition. Here, it's applied to aspects of the mind ranging from depression, anxiety, and addiction to memory, learning, and even mystical states. You'll learn what's going on in your brain and body when you feel sad, angry, or panicked; you have trouble focusing, reading, or remembering; a past trauma is clouding your mind in the present; and more. And in each chapter, you'll get a "virtual healing experience" through case studies in the All Is Well Clinic, where Dr. Mona Lisa uses medical intuition to pinpoint issues in a wide range of prototypical client histories and she and Louise offer solutions and affirmations to help restore well-being. Today, we tend to think our minds and bodies need an endless array of expensive, ever-changing pharmaceutical interventions. In truth, medicines are just one approach to healing the mind; nutritional supplements also support mind-body health; and affirmations restore us to balance by changing the way we think. Heal Your

Mind puts all these tools at your disposal to help you choose your own path.

*MATLAB with Applications to Engineering, Physics and Finance* - David Baez-Lopez 2009-10-28  
Master the tools of MATLAB through hands-on examples Shows How to Solve Math Problems Using MATLAB The mathematical software MATLAB® integrates computation, visualization, and programming to produce a powerful tool for a number of different tasks in mathematics. Focusing on the MATLAB toolboxes especially dedicated to science, finance, and engineering, MATLAB® with Applications to Engineering, Physics and Finance explains how to perform complex mathematical tasks with relatively simple programs. This versatile book is accessible enough for novices and users with only a fundamental knowledge of MATLAB, yet covers many sophisticated concepts to make it helpful for experienced users as well. The author first introduces the basics of MATLAB, describing simple functions such as differentiation, integration, and plotting. He then addresses advanced topics, including programming, producing executables, publishing results directly from MATLAB programs, and creating graphical user interfaces. The text also presents examples of Simulink® that highlight the advantages of using this software package for system modeling and simulation. The applications-dedicated chapters at the end of the book explore the use of MATLAB in digital signal processing, chemical and food engineering, astronomy, optics, financial derivatives, and much more.

*Escucha a Tu Cuerpo* - Lise Bourbeau 2016-06-15

This book was written for those who have made a conscious decision to improve the quality of their lives by

deciding to take control. The author provides the tools and the guidelines necessary for step by step personal development in every area of life. Based on the concept of Whole Mind Integration, the book is presented in five parts.

**People of the Peyote** - Stacy B. Schaefer 1996

The first substantial study of a Mexican Indian society that more than any other has preserved much of its ancient way of life and religion.

**Your Body's Telling You: Love Yourself!** - Lise Bourbeau 2001

Cover to cover, the reader discovers a most powerful tool, as he becomes his own healer. The reference material, a comprehensive guide to the cause of over 500 illnesses and disease, is a succinct and visionary work that is truly and literally a labor of love.

**Comentarios Reales de Los Incas** - Garcilaso de la Vega 2009

The Spontaneous Healing of Belief - Gregg Braden 2009-04-01

What would it mean to discover that everything from the DNA of life, to the future of our world, is based upon a simple Reality Code—one that we can change and upgrade by choice? New revelations in physics and biology suggest that we're about to find out! A growing body of scientific evidence suggests that our universe works like a Consciousness Computer. Rather than the number codes of typical software, our Consciousness Computer uses a language that we all have, yet are only beginning to understand. Life's reality code is based in the language of human emotion and focused belief. Knowing that belief is our reality-maker, the way we think of ourselves and our world is now more important than ever! For us to change the beliefs that have led to war, disease, and the failed careers and

relationships of our past we need a reason to see things differently. Our ancestors used miracles to change what they believed. Today we use science. The Spontaneous Healing of Belief offers us both: the miracles that open the door to a powerful new way of seeing the world, and the science that tells us why the miracles are possible, revealing: why we are not limited by the "laws" of physics and biology as we know them today. Once we become aware of the paradigm-shattering discoveries and true-life miracles, we must think of ourselves differently. And that difference is where the spontaneous healing of belief begins.

*Obedece a Tu Cuerpo, Amate* - Lise Bourbeau 1999

La enfermedad es un mensaje que el cuerpo nos manda para ayudarnos a tomar consciencia de una forma de pensar que nos está perjudicando. La medicina tradicional sigue creyendo que la enfermedad es un obstáculo para la felicidad del ser humano, por ello lu

**Lilus Kikus and Other Stories** - Elena Poniatowska 2005

The first English edition of the work of one of Mexico's most admired women writers.

**The Voice of Your Soul** - Lain Garcia Calvo 2018-02-08

1  
*Converting Words* - William F. Hanks 2010

"This synthesis of history, anthropology, and linguistics gives a view of the first two hundred years of the Spanish colonization of the Yucatec Maya. Drawing on a range of sources, it documents the crucial role played by language in cultural conquest: how colonial Mayan emerged in the age of the cross, how it was taken up by native writers to become the language of indigenous literature, and how it ultimately became the language of rebellion

against the system that produced it. The book includes analyses of the linguistic practices of both missionaries and Mayas—as found in bilingual dictionaries, grammars, catechisms, land documents, native chronicles, petitions, and the forbidden Maya Books of Chilam Balam. It presents an approach to the study of religious and cultural conversion that aims to illuminate the history of Latin America and beyond."--

**El Triunfo del Alma** - Humberto Montes 2015-10-10

Nos entrega las claves mas importantes para: - Lograr a sanación de las enfermedades, crear y mantener una extraordinaria salud. - Mejorar nuestras relaciones y encontrar el amor. - Alcanzar la prosperidad, la plenitud y la felicidad. - Descubrir nuestro propósito de vida y conectarnos con el logro de nuestros sueños. Nos permite encontrarnos con nosotros mismos e identificar nuestro saboteador interno y colocarnos en un nuevo espacio en donde somos los protagonistas de nuestro propio destino. Nos invita a traspasar nuestros propios límites y explorar más allá de lo que nos es cómodo. Es una propuesta profunda, muy bien cuidada, basada en el amor puro, el reconocimiento y el valor del ser humano. Humberto ofrece herramientas contundentes comprobadas en su vivencia personal y con las personas que ha apoyada en los talleres, conferencia y en su asesoría privada. *The Encyclopedia of Mental Imagery* - Gerald Epstein 2012

Containing more than 2,100 original mental imagery exercises drawn from the work of the great 20th-century spiritual master and healer Colette Aboulker-Muscat, this manual of spiritual teaching and rich treasury of powerful healing images can be used as a daily source of inspiration, transformation, and healing.



*The Healing Code* - Alexander Loyd  
2011-02-09

With over 1 million copies sold worldwide and translated into 29 languages, Dr. Alex Loyd's international bestselling book is a life-changing program that uses energy medicine to heal mental and physical challenges. The Healing Code is your healing kit for life-to recover from the issues you know about, and repair the ones you don't. The book also includes: The Seven Secrets of life, health, and prosperity The 10-second Instant Impact technique for defusing daily stress The Heart Issues Finder, the only test that identifies your source issues in a succinct personalized report Dr. Alex Loyd discovered how to activate a physical function built into the body that consistently and predictably removes the source of 95% of all illness and disease. His findings were validated by tests and by the thousands of people from all over the world who have used The Healing Code's system to heal virtually any physical, emotional, or relational issue. His testing also revealed that there is a "Universal Healing Code" that will heal most issues for most people. In this book you will get that Universal Healing Code, which takes only minutes to do.

Coaching, ciencia y salud - Francisco J. Junquera 2014-09-04

Cambiar la forma en que vemos el mundo, nuestras creencias y nuestra percepción de la realidad sí es posible; pero ¿sabías cómo afecta a nuestro cuerpo y a nuestra salud? Coaching, ciencia y salud nos ayuda a conocer los procesos de la mente, los campos de energía del cuerpo humano y a entender cómo podemos influir en nuestra biología, mejorar la vitalidad de cada individuo y aliviar dolores y enfermedades mediante un proceso llamado «cambio de observador». A través de veinte

cartas, Francisco J. Junquera conversa con su coach, el doctor Sigmund Freud, traído al presente para compartir los recientes descubrimientos en neurociencia y los nuevos caminos para entender la medicina y comprender cómo las teorías de diferentes científicos, médicos, maestros y profesionales de la salud nos abren nuevos caminos para conocer mejor la causa de las enfermedades, los procesos de curación y la salud. En definitiva, Coaching, ciencia y salud es un libro que demuestra que no somos esclavos de nuestra genética y que podemos cambiar nuestra biología, día a día, desde los pensamientos, creencias, emociones y alimentación. Imprescindible para todos los que quieran tomar las riendas de su salud y bienestar.

*Just Listen to Your Body and Eat* - Lise Bourbeau 2012-02

The goals of this book are to help you discover that besides hunger there are six other factors that make you want to eat; help you realize how much you control what you eat, how you are doing this and why it may be harmful to you; teach you to quickly recognize the emotional wounds preventing you from eating a nutritious diet; help you love and accept yourself at every moment.

**Dying to Be Me** - Anita Moorjani  
2022-03-08

THE NEW YORK TIMES BESTSELLER! "I had the choice to come back ... or not. I chose to return when I realized that 'heaven' is a state, not a place" In this truly inspirational memoir, Anita Moorjani relates how, after fighting cancer for almost four years, her body began shutting down—overwhelmed by the malignant cells spreading throughout her system. As her organs failed, she entered into an extraordinary near-death experience where she realized her inherent worth . . . and the

actual cause of her disease. Upon regaining consciousness, Anita found that her condition had improved so rapidly that she was released from the hospital within weeks—without a trace of cancer in her body! Within this enhanced e-book, Anita recounts—in words and on video—stories of her childhood in Hong Kong, her challenge to establish

her career and find true love, as well as how she eventually ended up in that hospital bed where she defied all medical knowledge. In "Dying to Be Me," Anita Freely shares all she has learned about illness, healing, fear, "being love," and the true magnificence of each and every human being!