

# Satisfaction The Art Of The Female Orgasm Solomoore

Getting the books **Satisfaction The Art Of The Female Orgasm Solomoore** now is not type of inspiring means. You could not lonely going past book stock or library or borrowing from your links to gate them. This is an entirely easy means to specifically acquire guide by on-line. This online statement Satisfaction The Art Of The Female Orgasm Solomoore can be one of the options to accompany you similar to having extra time.

It will not waste your time. acknowledge me, the e-book will agreed heavens you extra thing to read. Just invest little mature to contact this on-line broadcast **Satisfaction The Art Of The Female Orgasm Solomoore** as capably as evaluation them wherever you are now.

Sexual Intelligence - Kim Cattrall 2008-07-01

Sexual Intelligence explores the possibilities drawing on many authoritative sources as well as the insights of ordinary people as she explores the answers to questions such as: Are big penises really better? Why do we kiss? What is the only sexual organ whose sole purpose is to give pleasure?

Female Ejaculation - Jeffre Talltrees 2010-09

Do you want amazing, mind-blowing sexual ecstasy--full-body, multiple and extended orgasms, as well as the elusive and mysterious experience of female ejaculation? In this book, you'll learn how to awaken your secret orgasmic trigger, the G-spot. With step-by-step instruction for both men and women, this book shows how to give and receive incred...

Coming Soon - Rachel Kramer Bussel 2021-07-13

Multiple orgasms? Oh, yes! What does it feel like to climax? Coming Soon: Women's Orgasm Erotica offers wild and thrilling tales of female sexual pleasure that explore that question in a variety of wondrous ways. From a fetish that will appeal to any book lover and a waitress who's seduced by her very attractive customers, to the thrill of artificial intelligence that knows exactly how to please a woman sexually, you'll discover how delightful it is to come and come again. Read about

women who like to watch, and others who love to get naked and show it all off. With 20 erotic stories by popular authors such as Ella Dawson, Katrina Jackson, D. L. King, and Donna George Storey, you'll be turned on with every page. Whether they're enjoying multiple orgasms, playing with sex toys, attending a sex party or taking a thrilling business trip, the characters in Coming Soon savor every moment of their arousal. Edited by the award-winning Rachel Kramer Bussel, these sexy scenarios range from sex with strangers to the deepest of intimacy among couples, all while reaching the peak of erotic fulfillment.

Sexuality and Its Disorders - Mike Abrams 2016-10-07  
Sexuality and Its Disorders explores sexuality from an evolutionary perspective using powerful, real-life case studies to help readers provide effective guidance around issues relating to sexuality. Drawing on his 30 years of clinical experience and research, author Mike Abrams provides a comprehensive, evidence-based, and clinically-oriented text with cutting-edge coverage throughout. Discussions include the physical and psychological development of sexual identity; the social aspects of sexual behavior; the many expressions of sexuality; cognitive behavior treatment of sexual problems; and more. The many perspectives of sexuality

are examined with interviews and commentaries from major figures in the field—including David M. Buss, Helen Fisher, C. Sue Carter of Kinsey, Todd K. Shackelford, Ken Zucker, and Gordon Gallup—who discuss such topics as the origins of sexuality, the nature of love, the role of attachment, and the treatment of sexual problems.

*Female Ejaculation and the G-Spot* - Deborah Sundahl 2014

The first edition of *Female Ejaculation and the G-Spot* was meant to raise awareness about the phenomenon of female ejaculation and resurrect a now lost wonder, as well as the mystery surrounding this aspect of female sexuality. It empowered women who already ejaculated and taught women who wanted to. The second edition of the book promises to do even more. It includes even more testimonials from workshop participants, an interview with a sexual healer, and an expanded list of outside references, resources, product makers, and tantra teachers. Sundahl summarizes and explains new information that has come to light regarding the G-spot, paying special attention to the renamed and researched PC muscles, and new "find, see, and feel" techniques for ejaculating with a partner. She has also added new information to her section on men's role in female ejaculation, updating findings on men's sexual tastes. Finally, this edition includes new illustrations and links to online video clips. With its new features meant to enhance Sundahl's original empowering and healing message regarding female sexuality, the second edition of *Female Ejaculation and the G-Spot* helps readers appreciate the wonders and healing potential of female ejaculation.

*The Female Orgasm Uncovered* - Dr Solomon Gates

2021-05-14

Due to general agreement about the male orgasm having a straightforward evolutionary function, male now want to have more sex often. However, what happens to female orgasm since 89% of them don't reach orgasm during loving making? Are their orgasm buried in the dust forever? The truth is that there are techniques to make women climax and they yearn to climax. In this book THE

FEMALE ORGASM UNCOVERED, Dr. Solomon Gates an American Sex Therapist and a Member of American Association of Sex Therapist reveals the impressive ways, Techniques, step by step approach and sex positions that have been tested and proven to give women both old and young the best orgasm of their life. Though built on a comprehensive survey of female sex research, the book is more detailed that a lay reader will understand every step to give his woman that best she need from this book. An intense female orgasm is very possible with this book. This book will make you to exclaim wow I love female orgasm, hence the title of this book THE FEMALE ORGASM UNCOVERED

**Slow Sex** - Diana Richardson 2011-01-27

A revolutionary practice for couples to enhance sexuality and reach higher states of consciousness • How to make sex a conscious decision, not an accidental encounter • Discusses how slowness increases sensitivity and awakens the body's innate mechanism for ecstasy • Reveals how sexuality can be sustainable and enjoyable well into old age While fast, hot, orgasm-driven sex can bring momentary satisfaction, in the long run it can become boring and mechanical, causing many couples to lose interest and stop making time for physical intimacy. The first step to revive a waning sex life or make a healthy one more fulfilling, says author Diana Richardson, is to make sex a conscious decision rather than an accidental encounter. Focusing on eye contact, subtle sensations, and deep breathing, Diana's practice of slow sex awakens the body's innate mechanism for ecstasy, unlocking the door to extraordinary realms of sensitivity, sensuality, and higher consciousness. Exploring the healing, spiritual power of slow sex, this book offers a step-by-step guide for committed couples to transform sex into a meditative, loving union of complementary energies. It explains how slow sex increases sensitivity and sexual vitality and how, because it creates and restores love, slow sex is loving sex. With a focus on coolness rather than heat, this practice provides couples a way to reach a shared

meditative state and use it as a vehicle to achieve higher consciousness. Illustrating different positions for eye contact, deep sustained penetration, and soft penetration, this book reveals that sex truly can be sustainable and enjoyable well into old age.

**How to Make Love All Night (and Drive Your Woman Wild)** - Barbara Keesling, PhD 2009-03-17

No matter how old or young, experienced or not, anyone can achieve levels of fulfillment and satisfaction never before thought possible. Sex therapist Dr. Barbara Keesling tells men and women the simple secret that can give couples unmatched pleasure for years. Using Dr. Keesling's techniques, you and your partner will embark on an erotic exploration of the realm of the senses and experience intimacy like never before. Her proven, helpful tips include: How to prolong lovemaking for as long as you want Exercises that can enhance pleasure Learning how to touch and how to feel Igniting your partner's passion And so much more!

*The Multi-Orgasmic Woman* - Mantak Chia 2006-08-08

A holistic guide to female sexuality integrates the latest in Western medical research with the wisdom of the East to explain how any woman can enhance her pleasure in lovemaking and reach her full sexual potential. Reprint. 20,000 first printing.

*Woman's Orgasm* - Georgia Kline-Graber 2011-12

Find out what millions of women who have read *Woman's Orgasm* have learned. Any woman can achieve orgasm and sexual satisfaction. *Woman's Orgasm* is an invaluable resource and self-help guide filled with illuminating information, referencing medical studies and research, including the psychological, historical, social, and cultural aspects of female sexuality and issues in obtaining orgasm. Much of the book is devoted to teaching proven methods and exercises that can help women learn to achieve orgasm. The authors comprehensive and focused guide provides many easy to follow step-by-step instructions, including an eleven-step program for achieving self-stimulating orgasm and a ten-step program for achieving orgasm with intercourse. *Woman's Orgasm*

candidly teaches the physiological facts of woman's sexuality, and clearly tells her exactly how she can learn to reach total and consistent sexual fulfillment. The key word in this superbly practical and proven approach is learn. As the authors have discovered in their work as highly successful sex therapists, the key to the prevention of sexual dysfunction is adequate sex education. In this case knowledge really is power. World Renown Husband and Wife team of cutting edge sex therapists. This ground breaking couple have been featured as guests on Dinah Shore, Merv Griffin and numerous other national radio and television shows. Dr. Graber was a Planned Parenthood M.D. and a practicing Psychiatrist for three decades. He is a graduate of the University of Michigan Medical School. Georgia Kline-Graber is a R.N. and M.F.C.C. who specializes in sexual issues.

*Activate the Female Orgasm System* - Charles Runels 2013-12-22

The reader can better activate the sexual response of herself or that of a lover after following the steps in this book. Dr. Runels brings to this book his 23 years of experience in treating and conducting research with thousands of women suffering with sexual and hormonal problems. Also, since he invented and was first to do the O-Shot (R) procedure {Orgasm Shot (R)}, he offers unique insight about how the procedure was invented and how to know if it may benefit you or someone you love. He also explains the components of the "Female Orgasm System" (he was first to use the term). By understanding the system, including the O-Spot (a new idea that he introduced into the medical literature). He also explains the role of the O-Shot (R) procedure in rejuvenating the Female Orgasm System. The last chapter helps the reader make treatment plans for common sexual problems in women: (1) decreased sex drive (libido), (2) decreased arousal, (3) dyspareunia (pain with sexual intercourse), and (4) difficulty with orgasm. He also explains female ejaculation, the anatomy of the phenomenon, and how the O-Shot (R) can enhance and

promote that experience. Also, see plans for treatment of urinary incontinence and depression and anxiety.

*Sex Tips for Straight Women From a Gay Man* - Dan Anderson 2012-08-10

Witty sex guide which will appeal to watchers of *Sex and the City* and *Will and Grace*. A huge word-of-mouth success in the States.

*The Great Sex Rescue* - Sheila Wray Gregoire 2021-03-02

What if it's not your fault that sex is bad in your marriage? Based on a groundbreaking in-depth survey of 22,000 Christian women, *The Great Sex Rescue* unlocks the secrets to what makes some marriages red hot while others fizzle out. Generations of women have grown up with messages about sex that make them feel dirty, used, or invisible, while men have been sold such a cheapened version of sex, they don't know what they're missing.

*The Great Sex Rescue* hopes to turn all of that around, developing a truly biblical view of sex where mutuality, intimacy, and passion reign. *The Great Sex Rescue* pulls back the curtain on what is happening in Christian bedrooms and exposes the problematic teachings that wreck sex for so many couples--and the good teachings that leave others breathless. In the #metoo and #churchtoo era, not only is this book a long overdue corrective to church culture, it is poised to free thousands of couples from repressive and dissatisfying sex lives so that they can experience the kind of intimacy and wholeness God intended.

*Why Women Have Better Sex Under Socialism* - Kristen Ghodsee 2018-11-01

'Funny, angry, urgent. Ghodsee is going to start a revolution' Daisy Buchanan, author of *The Sisterhood A* witty, fiercely intelligent exploration of why capitalism is rigged against women and what we can do about it. Unregulated capitalism is bad for women. Socialism, if done properly, leads to economic independence, better labour conditions, better work/family balance and, yes, even better sex. If you like the idea of such outcomes, then come along for an exploration of how we can change women's lives for the

better.

*Vagina* - Naomi Wolf 2013

The embarrassment and alienation we often feel when the word 'vagina' comes up in conversation is fairly new. In this book, Naomi Wolf explains why the vagina deserves an understanding of its own cultural lineage and ancestry because, what is true of the female body in general, is more true of the vagina than of any other feminine aspect.

*Slow Sex* - Nicole Daedone 2014-07-02

Explains how to use the growing practice of Orgasmic Meditation to slow down, connect emotionally, and achieve authentic female sexual satisfaction.

*The Female Orgasm* - Seymour Fisher 1973

*The Art Of Seduction* - Robert Greene 2010-09-03

Which sort of seducer could you be? Siren? Rake? Cold Coquette? Star? Comedian? Charismatic? Or Saint? This book will show you which. Charm, persuasion, the ability to create illusions: these are some of the many dazzling gifts of the Seducer, the compelling figure who is able to manipulate, mislead and give pleasure all at once. When raised to the level of art, seduction, an indirect and subtle form of power, has toppled empires, won elections and enslaved great minds. In this beautiful, sensually designed book, Greene unearths the two sides of seduction: the characters and the process. Discover who you, or your pursuer, most resembles. Learn, too, the pitfalls of the anti-Seducer. Immerse yourself in the twenty-four manoeuvres and strategies of the seductive process, the ritual by which a seducer gains mastery over their target. Understand how to 'Choose the Right Victim', 'Appear to Be an Object of Desire' and 'Confuse Desire and Reality'. In addition, Greene provides instruction on how to identify victims by type. Each fascinating character and each cunning tactic demonstrates a fundamental truth about who we are, and the targets we've become - or hope to win over. *The Art of Seduction* is an indispensable primer on the essence of one of history's greatest weapons and the ultimate

power trip. From the internationally bestselling author of *The 48 Laws of Power*, *Mastery*, and *The 33 Strategies Of War*.

**The Art of Female Pleasure** - Gabrielle Cerise 2007-04-01  
Want to Really Satisfy a Woman? Then read on...Based on empirical evidence, women in same sex encounters report more pleasure and satisfaction. According to the groundbreaking Shere Hite report on Female Sexuality (described as one of the 100 key books of our time by the Times) 52% of women in the UK ALWAYS orgasm when with a woman!! In Australia and New Zealand that's even higher! 60 % and 61% respectively. Furthermore when asked 'are you curious or would you like to try a sexual relationship with a woman'. . . .71% of UK women said yes! And in Australia and New Zealand its 78% and 80%.Furthermore ancient texts advocate the immense sexual potential of women, in fact in 15AD a spiritual leader in the East declared that when God was giving out sexual desire one tenth went to men, and a whopping nine tenths went to women! Through it all, one truth has remained - women inherently know how to please and satisfy women in a way that, until now, has received little recognition. The Kama Sutra, Ananga Ranga, The Perfumed Garden, and The Tao have all touched upon these areas, but none have fully explored the process and learning to be gained by women who love women. Intense desire, coupled with a not so fulfilling bedroom life, means a tide of sexual frustration sweeping many women! However the situation is not as bleak as it seems. In discussions with numerous bisexual and lesbian women a number of factors have been isolated which may hold the key to bringing pleasure and satisfaction to many women.- Develop a great appreciation of your partners body. Large, small, simply show your appreciation in words or touch, make her feel truly admired. - Facilitate relaxation. In other words take the time to relax the lady in your life - talk, give her a massage, rub her hands, play some music. Remember relaxation precedes arousal - therefore the more relaxed the lady, the greater will be her arousal, and response to your

touch.- Increase your foreplay repertoire! For many couples there seem to be degree of focus on two strategic points. By expanding your vision to include often neglected areas such as the neck, back, forehead, eyes, hips, hands - you will be able to provide greater stimulation to her body, and increase arousal. Just make sure you keep this up for at least 20 - 30 minutes to create the desired effect.- Holistic seduction : Vary the stimulation when seducing your love object. Find out her likes and dislikes, interests, hobbies, and talk about them. Make her really feel listened to.. Now use your body language, words, questions, and atmosphere to create the seduction. Your body language should be open and relaxed; your words gentle and pleasing to the mind; the tone of your voice - deep, gentle and steady; slowly steer your line of questioning to sensual topics - i.e. her favorite food, types of massage she likes, the forms of art she admires. This will stimulate her inherent sensuality.- Holistic lovemaking : involve her mind, body and soul. The central idea here is to fundamentally create a sense of connection. By creating this feeling, you will be involving her mind, body and soul in the process, and thereby increase her response to you and her pleasure. Tantric exercise such as simply looking into each other's eyes - creates an intense bond, and fires neurons in the brain responsible for making us feel grounded, protected, and valued. Lye face to face, or sit face to face and simply gaze into each other's eyes. A variation of this is to sit, lie, or stand face to face (with eyes closed and foreheads touching) and simply feel the connection. Once you are familiar with these exercises try co-ordinating your breathing, to create an even greater feeling of connection.- Discover her body, find out her preferences! Is she a G-Spot or clitoral woman? Taylor you positions to give her - her favorite stimulation. As a general rule - positions which stimulate the clitoris are usually face to face, and those tha

**How to Blow His Mind in Bed** - Siski Green 2010  
*How to Blow His Mind in Bed* is written by 'Men's

Health' magazine's resident sexpert, Siski Green. In her refreshingly honest new book, she will debunk the myth that a man only cares about his own orgasm, and give the inside knowledge on what they really want in the bedroom. Siski has had unrivalled access to the innermost thoughts of men through her work, and has a unique insight into their worries, desires and needs. But she has also dealt with many women's queries from the 'Men's Health' website, so she understands exactly what they really want to know about how men think. HOW TO BLOW HIS MIND IN BED will offer women inside knowledge on how to make a man excited, what his erogenous zones are, his feelings and concerns, and improving his orgasms and your techniques. It is a must-read for every woman who wants to improve and enhance what they already know, to have even better sex.

*The Pleasure Gap* - Katherine Rowland 2020-02-04

American culture is more sexually liberal than ever. But compared to men, women's sexual pleasure has not grown: Up to 40 percent of American women experience the sexual malaise clinically known as low sexual desire. Between this low desire, muted pleasure, and experiencing sex in terms of labor rather than of lust, women by the millions are dissatisfied with their erotic lives. For too long, this deficit has been explained in terms of women's biology, stress, and age. In *The Pleasure Gap*, Katherine Rowland rejects the idea that women should settle for diminished pleasure; instead, she argues women should take inequality in the bedroom as seriously as we take it in the workplace and understand its causes and effects. Drawing on extensive research and interviews with more than one hundred women and dozens of sexual health professionals, Rowland shows that the pleasure gap is neither medical malady nor psychological condition but rather a result of our culture's troubled relationship with women's sexual expression. This provocative exploration of modern sexuality makes a case for closing the gap for good.

**The Art of Female Orgasm** - Michael Bush 2018-04-03

HOW TO EASILY MAKE A WOMAN SQUIRT You won't get the

information embedded in this book anywhere else in the world. This book was born out of the desire to help a brother whose wife was messing around with other men. I gave him some tips and tricks, and that was all he needed to keep his beautiful wife back at home. I have slept with countless women, and I know every single damn thing about a woman's body. Making a woman squirt is a technique that isn't common among the male folks. Whoever makes a woman squirt keep her for life irrespective of your misdoings. Several years, making a woman squirt was an art only Cassanova knew, but today I will show you all you need to make her squirt and want more of you all the time. If you've never seen or felt a true G-Spot orgasm, imagine for a moment, an orgasm that causes the whole vagina to spasm rigorously, often contracting so tight that it literally forces out your finger or any object inside the vagina. And imagine that while these intense contractions are throbbing and pulsing throughout the vagina, the vagina becomes very wet and ejaculates a stream or spurt of fluid with each contraction. Imagine an orgasm that causes such intense ecstasy that even the quietest and most controlled woman will yell, buck and become wild; one that makes normal "screamers" go dead silent--the scream caught in her throat--a scream that if freed may wake all the neighbours within a four-block radius. Then you can imagine the satisfaction of never having to wonder: "Did she orgasm? Was it fake, or was it real?" But instead knowing the instant her orgasm begins with clear physical signs that occur involuntarily and comes along with the orgasm. This is the glory of a G-Spot orgasm!!! But we don't want you to take our word for it. We want you to see for yourself. SEE WHAT PEOPLE ABOUT THE MAKING A WOMAN SQUIRT "It was absolutely the furriest, most wonderful climax I've had! It was like warmth started in my vagina center and splashed outward all over my body. Wonderful!" -- J. K. "I thought I took a leak! And then (name withheld) explained what had happened after reading series of books and I could hardly believe it finally happened to me. . . I would

prefer having this every day and take the stress of washing the sheets everyday"-- T.C. "After I felt what it's like to squirt, I'd rather die than (name withheld) stop making love to me! Our love life has never been better. . ." -- K. C. Like I said, whoever makes a woman squirt owns her for life.If your wife is about to leave you, divorce you, or having an affair with another man, then you need to satisfy her on bed and watch how she turns over a new leaf.The secrets are embedded right inside this book. this book will expose you to How to initiate sex the right way Ways to make a woman want you on bed How to get her wet Where to locate her G-spot The right way to stimulate the G-spot and Clitoris Understanding a Woman's anatomy How to stimulate yourself as a woman Advanced sexual techniques for ultimate pleasure Sexy positions for G-spot stimulation Making a woman finally squirt If you really want to improve your sex life as a man, or help your husband bedroom skills as a woman, then this book is a must buy.What are you waiting for? Just click the purchase button NOW!!!

**Satisfaction** - Kim Cattrall 2008-11-16

Kim Cattrall, "Sex and the City"'s Samantha, slides between the sheets and shares her secrets on reaching the heights of pleasure. She teams up with her husband in this how-to-sex book, based on viewer feedback from the show and designed to help couples focus on achieving the female orgasm. 75 illustrations.

*The Oxford Handbook of Sexual Conflict in Humans* - Todd K. Shackelford 2012-01-11

Sexual conflict - what happens when the reproductive interests of males and females diverge - occurs in all sexually reproducing species, including humans. This is the first volume to assemble the latest theoretical and empirical work on sexual conflict in humans from the leading scholars in the fields of evolutionary psychology and anthropology.

*Steps to Make Your Woman Orgasm* - Zack Rack 2019-02-02

A Woman love to have sex with the man who gives her Intense ORGASM, this guide will help make your woman

Orgasm (shaking orgasm, rolling eye orgasm). this Ebook will tell every thing you need to give your wife the ultimate satisfaction, that only 30% of women has.this guide will answer many questions, about female feeling during a sexual relationship, (is size of the penis matters...).

**Sex and the City** - Amy Sohn 2004-02-23

A fan's resource for the award-winning cable television program features information about the show's actors, producers, costume designers, and sets, and provides summaries of each season and interviews with the cast.

*The Hite Report* - Shere Hite 2011-01-04

A reproduction of the classic text, unavailable now for more than a decade, with a new introduction by the author. The Hite Report, first published in 1976, was a sexual revolution in six hundred pages. To answer sensitive questions dealing with the most intimate details of women's sexuality, Hite's innovation was simple: she asked women, a lot of them, everything--and published the results. One hundred thousand women, ages fourteen to seventy-eight, were asked what they do and don't like about sex; how orgasm really feels, with and without intercourse; how it feels not to have an orgasm during sex; the importance of clitoral stimulation and masturbation; and to name the greatest pleasures and frustrations of their sexual lives, among many other questions. The Hite Report declares that orgasm is easy and strong for women, given the right stimulation; that most women have orgasm most easily during masturbation or clitoral stimulation by hand; that sex as we define it is a cultural institution, not a biological one; and that attitudes must change to include the stimulation women desire.

Slow Sex - Nicole Daedone 2012-05-22

The truth is: Most women do not have satisfying sex lives. SLOW SEX can change that. Better sex is about one thing: better orgasm. This life-altering guide teaches men and women how to use the practice of Orgasmic Meditation-or OM-to slow down, connect emotionally, and achieve authentic female sexual satisfaction. The

promise: In just fifteen minutes every woman can become orgasmic. And, with the right partner and the right technique, that orgasm could last and last! For more than a decade, Nicole Daedone has been leading the "slow sex movement," which is devoted to the art and craft of the female orgasm. OM is the act of slowing down, tuning in, and experiencing a deeper spiritual and physical connection during sex. SLOW SEX reveals the philosophy and techniques of OM and includes a step-by-step, ten-day OM starter program, as well as OM secrets for achieving ultimate satisfaction. It also includes exercises to help enhance readers' "regular" sex lives, such as Slow Oral for Her, Slow Oral for Him, and Slow Intercourse. This book is the argument for daily intimacy, and for paying attention as the foundation of pleasure, all with a focus on the female experience.

**The Technology of Orgasm** - Rachel P. Maines 2001-06-15  
Winner of the Herbert Feis Prize from the American Historical Association  
Winner of the AFGAGMAS Biennial Book Award  
Winner of the Science Award from the American Foundation for Gender and Genital Medicine  
From the time of Hippocrates until the 1920s, massaging female patients to orgasm was a staple of medical practice among Western physicians in the treatment of "hysteria," an ailment once considered both common and chronic in women. Doctors loathed this time-consuming procedure and for centuries relied on midwives. Later, they substituted the efficiency of mechanical devices, including the electric vibrator, invented in the 1880s. In *The Technology of Orgasm*, Rachel Maines offers readers a stimulating, surprising, and often humorous account of hysteria and its treatment throughout the ages, focusing on the development, use, and fall into disrepute of the vibrator as a legitimate medical device.

**She Comes First** - Ian Kerner 2019-10-10  
Did you know that the clitoris has 8000 nerve endings, twice as many as the penis? Here is everything you've wondered about the female orgasm and how to make it happen. A witty, well-researched and revealing guide to

giving your lover an orgasm every time. More than just foreplay, Ian Kerner argues that oral sex is the key to a great sex life for both partners. Short sections cover philosophy, technique, step-by-step instructions and detailed anatomical information, essential to both beginners and experienced lovers. 'It's time to close the sex gap and create a level playing field in the exchange of pleasure, and cunnilingus is far more than just a means for achieving this noble end; it's the cornerstone of a new sexual paradigm, one that exuberantly extols a shared experience of pleasure, intimacy, respect and contentment. It's also one of the greatest gifts of love a man can bestow upon a woman.' Ian Kerner

**Karezza Method** - J William Lloyd 2021-03-09

Sex is very close to soul. Whoso touches sex touches the secrets and centers of life. This is the Mid-Spot, the Origin, the Crux, the Mystery. In sex the soul is naked. At the contacts of sex the soul trembles, quivers, is shaken to its midmos

Daily Sex - Jane Seddon 2014-08-20

Readers can banish boredom from the bedroom all year with this day-by-day guide to the most erotic foreplay and exciting sex imaginable.

*Sex; Woman First* - Jean-Claude Carvill 2015-07-19  
From the One Who Made Squirt Hundred of Hollywood Goddesses. Prepare to become a Sexual Goddess Forever. Don't try to understand my advices but follow them. I promise you will reach your sexual nirvana. You will discover your most secret erogenous zones. You will learn to let go and have the best Orgasm ever. This book will teach you to have your first vaginal orgasm. If you are a Man, this book will teach you how to never miss her G-spot, make her squirt and soak the bed every time you have sex. It will teach you the perfect oral Sex technique. She will always wonder how you learn about "analingus" her biggest secret pleasure. She will know that you are the one even before you enter in the bedroom. It will teach you how to Penetrate her and drive her crazy. She will wonder how you discover the ultimate sexual power of her A spot or U spot. You will



learn about the two vibrators that you absolutely need to drive her insane and how to use them. If you are a Woman it will give you the secret to welcome Sex anytime. It will teach you how to talk about sex and your desire before to enter in the bedroom. This is the only sex book you will ever need. To men and women those secrets will change your entire sex life forever. From the same author: Confessions of a Hollywood Tantra Masseur: The Untold Secret of the G-Spot Power.

**More Orgasms Please** - The Hotbed Collective 2019-07-04  
A FRANK, FUNNY AND EMPOWERING CELEBRATION OF FEMALE PLEASURE An orgasm will help you sleep and keep you looking younger, it doesn't cost money and isn't a scarce resource. So why is it that, like the pay gap, there is an 'orgasm gap' between women and men? The Hotbed Collective began life as a podcast with a mission 'to make life better one orgasm at a time'. Their debut book, More Orgasms Please is an open, honest and at moments hilarious dive into all aspects of sex for women. It covers feminist porn, body image, menopause and much more. Like the podcast that inspired it, More Orgasms Please is like the best sort of chat between friends: punchy and playful, normalising and educating. It is an eye-opening read that puts women's bodies and our right to pleasure firmly on the map. Think of it as 'Couch to 5k' ... for orgasms.

**Orgasm in 5 Minutes** - Tina Robbins 2014-10-21  
What exactly does the feminine orgasm consist of? Can all women have them? What techniques and postures are the most appropriate to attain one? Are all women multiorgasmic? Although the female orgasm still provokes doubts and misunderstandings, with the appropriate information, it can be converted to something more simple and natural (and above all, much more pleasurable). This book is for men and women who want to gain easy access to the sexual climax and to discover new possibilities. Illustrated with numerous testimonials, this book clarifies all these questions with clear, concise language, offering practical advice so that the orgasm becomes the norm during sexual

relations. This manual teaches how all women can have an orgasm each time they make love . . . even without the participation of their partner. The book includes: • The most effective, stimulating postures • Advanced techniques and exercises for masturbation • Fantasies to intensify the orgasm • The G-spot: myths and realities • Multiple orgasms: all the secrets • Oral sex and other versions • A glossary with the most useful terms

**Closer** - Sarah Barmak 2016

A provocative look at why our current understanding of female sexuality isn't getting us off.

**Female Ejaculation and the G-spot** - Deborah Sundahl 2003  
Like men, women also can ejaculate, enhancing and intensifying their sexual pleasure. In an open, positive style, Deborah Sundahl presents information about female ejaculation including scientific findings, anatomical illustrations, historical accounts, a chapter on how men can help their female partners to ejaculate, and women's and men's experiences collected during the past two decades.

**The Art of Intimate Marriage** - Tim and Dr. Jennifer Konzen 2019-01-08

From a two-time nationally award winning sexuality researcher - The Art of Intimate Marriage. God's plan for sexual intimacy in marriage is the work of a Master artist and genuine intimacy is like a beautiful masterpiece. Your marriage is going well but you want to make your sex life better and you're looking for help on how to do that. You want to know what God has to say about how to build a fulfilling sexual intimacy in your marriage. Your sexual relationship has been full of pain, discouragement, and frustration and you need some answers. You have some medical issues that are making sex difficult and you would like to rekindle experiencing mutually pleasurable sex. For these issues and more, The Art of Intimate Marriage provides direction and guidance on how to get there. Creating that masterpiece may mean learning God's view of sex, gaining life-giving intimacy skills, and figuring out how to work through conflict in a way that creates

deeper connection. It may also mean overcoming things in your background, healing things in your marriage, or dealing with those medical challenges. We have the opportunity to have a deeper understanding of God's loving heart through being deeply known and erotically bonded with our spouse. The Art of Intimate Marriage gives us a road map to experience growth toward a more rewarding, spiritual sexual relationship.

**The female orgasm Stimulation of the clitoris and labia minora with fingers sex toys and oral sex** - Vincenzo Puppo 2021-08-03

Female orgasm is not a mystery, it is not complicated. In this ebook, very useful for all women and men of any age (and for sexual medicine experts, physicians, psychologists), there are links to free video/pdf: sexologists must teach in sex education how to stimulate the clitoris and labia minora with many illustrations and video. Many women have never looked at their vulva or are unable to identify the location of the clitoris and labia minora. Sexologists must explain that vaginal orgasm and G-spot do not exist (premature ejaculation is not a sexual dysfunction). Women can experience orgasm, multiple orgasms, orgasmic state and superorgasmic state in all ages, with effective stimulation of the female erectile organs during masturbation, cunnilingus, partner masturbation, and also during vaginal/anal intercourse simply by stimulating the clitoris/labia minora with a finger, or a sex toy. The first vaginal intercourse must always be with orgasms, without pain: males must learn to make love even in adolescence. Cunnilingus is a method to have one or more orgasms.

Anal sex can give orgasms that can last also for minutes (i.e. superorgasmic state). Coitus must be one of many possibilities in a whole spectrum of possible physical relations, there are many ways of having sex.

Ejaculation in the vagina does not have to be essential to define sexual intercourse as "complete"...

What's Up Down There? - Lissa Rankin, MD 2010-09-28

In this funny, outrageous and empowering book, Dr. Lissa Rankin answers all the secret gynecological questions that most women wonder about, but have always been afraid to ask. Suppose you had a wise, warm, funny best friend-who just happened to be a gynecologist. You're out with the girls for cocktails and the conversation turns to sex, and then to girly parts. One by one, you start asking her all the questions you've secretly wondered about-and discover that you have a lot in common. If you were to write those questions down, then you'd have What's Up Down There?, a life-changing little book that answers: - Do old ladies have saggy vaginas? - How do male gynecologists have a sex life without feeling like they're stuck at the office? - Is it normal for your inner labia to hang out of your outer labia? - Can the baby feel its mom having sex during pregnancy? - How common is it for one's boobs to be two totally different sizes? And so much more! As outrageously funny as it is empowering, this book reveals how to love yourself and your body-and will have you recommending it to every woman you know. From off-the wall sex questions to serious topics of women's sexual health, What's Up Down There? provides answers to women of all ages and stages.