

The Complete Guide To Natural Healing Of Varicocele

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Aromatherapy - Kathi Keville 2012-07-25
A comprehensive guide to using essential oils in health, beauty, and well-being. Aromatherapy offers countless uses for balancing body, mind, and spirit. Drawing on 75 combined

years of experience in botanical therapies, Keville and Green provide a complete resource for students and practitioners. This encyclopedic guide, with more than 90 formulas, details cosmetics, perfumes, and botanical

therapies that will help you harness the healing power of plants to enhance your beauty, health, and overall well-being.

9.1.1. Complete Guide to Natural Healing - VIE

Loriot de Rouvray

2021-12-10

VIE is born of the French Aristocracy, and she is called to be "The door to the Divine," while as founder and owner of the "The Bio-Institute of Light and Sound since 2003, she was asked to make available this Holistic and Spiritual guide for you at the end of her eighteen months of daily initiation by Archangel Michael. She is a Metaphysical intuitive Light and vibration Healer gifted with the new vibratory transformation frequency, and she works with the Cosmic Doctors and Nikola Tesla. She is the first Aquarius to

come with a very different gift that will take over 2,000 years to process. VIE is the author of a series of other books and, she is also gifted with an innate ability to speak the language of the Light. Her therapeutic CD is called "Frequency of Sound."

Dr. Sebi Book Of Herbal Healing - Dr Helen Chris

2020-03-16

Now updated to reflect the latest With hundreds of different herbs and remedies out there, making herbal medicine can be overwhelming. Thankfully, Dr. Sebi Book of herbal healing acts as the perfect salve, making things simple with 150 easy-to-follow recipes for highly effective herbal medicines. Discover natural ways to treat headaches, coughs, colds, hangovers, and more that don't carry the same risk of side

effects that many pharmaceuticals do. Never made your own herbal medicine? Start things off right with helpful lists of must-have tools, plus important safety tips. Herbal Healing Remedies includes: - Herbal medicine for common ailments—Learn to make 150 different herbal remedies designed to help treat 75 different health issues. - Herb profiles—From agrimony and chamomile to licorice and skullcap, 50 of the most common, useful, and healing herbs are detailed. - Herbalism 101—Complete guides to collecting the right cookware, herb safety, and more help you jump straight in regardless of your experience level. *The Complete Herbal Guide: A Natural Approach to Healing the Body* - Author Stacey

Chillemi 2013-08-12
The Complete Herbal Guide: A Natural Approach to Healing the Body is essential reference book for anyone interested in maintaining optimal health and overcoming disease. The book contains concise and comprehensive listings of over 175 herbs and conditions. The book has quick and easy references to all the information you need to maintain excellent health the natural way. **Doctor's Guide to Natural Medicine (2nd Edition)** - Paul Barney 2014-07-01
A Doctor's Guide to Natural Medicine offers strategies and suggestions on alternative therapies for more than 100 ailments and diseases. It incorporates research with easy-to-use instructions and tutorials to provide a

versatile reference for natural supplements and therapies. In "Doctor's Notes," Dr. Barney shares his personal experiences using natural therapies. Get answers from an M.D. who practices natural healing--make this book your natural health reference guide.

The Complete Guide to Natural Healing - Tom Monte 1997

Explains how to prevent and treat common illnesses with diet and nutrition, herbalism, homeopathy, Chinese medicine, massage, and exercise

Jill Nice's Herbal Remedies & Home Comforts
- Jill Nice 1992-02-27

The Ultimate Guide to Energy Healing - Kat Fowler 2022-01-11

The Ultimate Guide to Energy Healing demystifies energy healing styles and practices and offers

accessible techniques that you can use immediately for healing and self-care. The popularity of energy healing is surging as people seek out alternative means of healing and wellness. While popular, energy healing can be intimidating to many, as it sits at the intersection of the scientific and the spiritual. The Ultimate Guide to Energy Healing offers an understandable and practical approach to energy healing. Learn how to: Develop energetic sensitivity Work with auras and energy fields and protect your space Clean and balance chakras Remove energy blocks and cords Do light body and DNA activation Techniques for the beginner, intermediate, and more advanced practitioners are included. Detailed

information on chakras and energetic anatomy is covered as well as supplemental tools and techniques such as color healing and using crystals, pendulums, and sound. The techniques offered in this book are a fusion of many methods thus enabling practitioners to get the best from each method of energy healing and incorporate the practice into everyday life and adjunctive practices such as meditation or yoga. The Ultimate Guide to... series offers comprehensive beginner's guides to discovering a range of mind, body, spirit topics, including tarot, divination, numerology, witchcraft, chakras, aromatherapy, and more. Filled with beautiful illustrations and designed to give easy access to the information you're looking for, each of these references

provides simple-to-follow expert guidance as you learn and master your practice.

Healing with DMSO -
Amandha Vollmer
2020-04-28

Discover the benefits that DMSO can bring to your first-aid kit, from safely soothing headaches to easing arthritis pain, in this easy-to-use, fact-filled handbook. This science-backed guide will help you understand how DMSO works, why it works, and the many ways you can harness its power to heal your aches, pains, and other ailments, all in an easy-to-read and friendly way. DMSO (dimethyl sulfoxide) is a natural substance that comes from wood, and, when applied topically, can offer a host of pain-relieving benefits. *Healing with DMSO* will dispel the myths and falsehoods surrounding this substance while

presenting the latest research-backed facts on how you can reap DMSO's many benefits. From dosages to application methods, you'll be presented with all the information needed to find the best and safest method for using DMSO at home. Discover how you can use DMSO to speed your body's healing process from wounds, burns, and muscle injuries. This book will help you understand how you can safely and effectively use DMSO to treat everything from headaches and inflammation to osteoarthritis and rheumatoid arthritis, all without the use of prescription medication!

A Complete Guide to Night Magic - Cassandra Eason 2003-11-01

Night is a time of limitless potential -- when the barriers between our world and other dimensions fade,

when natural healing energies are at their height, and when sleep and dreams provide a window to our true selves. Book jacket.

Dr. Pitcairn's Complete Guide to Natural Health for Dogs & Cats -

Richard H. Pitcairn
2017-03-21

For more than 30 years, Dr. Pitcairn's Complete Guide to Natural Health for Dogs & Cats has been the go-to resource for health-conscious animal lovers. This fourth edition is updated with the latest information in natural pet health, including groundbreaking research on the benefits of vegan diets for pets, as well as nutritionally complete recipes to give your pets optimal health that you can also enjoy, making home prepared diets easier than ever. The Pitcairns also discuss behavior issues, general nutrition, and a more humane approach to

caring for pets. The Pitcairns have long been the trusted name in holistic veterinary care and continue to be at the forefront of natural pet health. Written with the same compassion and conviction, the fourth edition of *Natural Health for Dogs & Cats* will help you give your beloved animals the healthiest, happiest life.

All Women Are Healers - Diane Stein 1990-04-01
"By the study, experimentation and practice of natural healing, women are changing and charting the future of health care. Despite heavy resistance or lack of recognition from patriarchal medicine, they are nevertheless making positive changes that will continue and increase. Women's emphasis on one-to-one work practiced in mutual agreement and

participation is very different from mechanized and big-money medicine, and has results and successes far beyond expectations. The emphasis on self-healing returns health care to the consumer, to women's lives and bodies, for the first time in centuries. The medical system cannot control a movement held in the hands of women, though it may try. Women are taking control again of healing, our daughter-right, for the first time since the matriarchies and the Inquisition."—from the Introduction

A Doctor's Guide to Alternative Medicine - Mel Borins 2014-10-07
This book outlines the benefits and dangers of alternative medicine, drawing on scientific research to show which treatments work, which don't, and how to use them. It offers a

balanced, unbiased perspective backed by science.

The Viagra Alternative -

Marc Bonnard 1999-10-01

- The most comprehensive guide to natural, safe, and permanent cures for impotence.
- One of Europe's leading sex therapists introduces psychological and sexual techniques that can help the more than 30 million men who suffer from impotence.
- Emphasizes holistic cures that treat body, mind, and spirit, including herbal remedies, homeopathy, yoga, aromatherapy, and diet changes. For those men who wish to avoid the risks of Viagra, The Viagra Alternative offers the most up-to-date information on natural, safe, and long-term cures for impotence. Recognizing that a healthy sex life is impossible without physical, mental, and emotional well-being,

Dr. Marc Bonnard focuses on healing the whole person with treatments ranging from herbs such as ginkgo, ginseng, saw palmetto, and yohimbe to homeopathy, acupuncture, diet, yoga exercises, aromatherapy, and the introduction of new sexual techniques. Dr. Bonnard places special emphasis on relationship therapy, demonstrating that more often than not an enjoyable sex life can be restored without resorting to chemicals or supplements of any kind. By exploring the range of options outlined in The Viagra Alternative, men need no longer rely on a dangerous little pill to improve their sexual lives.

The Complete Home Guide to Herbs, Natural Healing, and Nutrition -

Jill Davies 2013-02-20

Echinacea and ginkgo biloba are well-known herbal remedies for

common ailments such as colds and memory loss. But the vast majority of herbal aids are underused as treatments or preventatives for everything from insomnia to arthritis to heart disease. In THE COMPLETE HOME GUIDE TO HERBS, NATURAL HEALTH, AND NUTRITION, herbal practitioner Jill Rosemary Davies explains how to promote good health by understanding the body and how it is affected by a wide range of healing plants. She teaches you how to use herbs as potent tools for natural healing as well as how to combine them with nutrition and exercise for a healthy lifestyle. Additionally, you'll find: Sections on cleansings, immunity, life stages, and body systems; a complete A to Z of diseases and treatments; and a section on first aid. Instructions for making

your own herbal teas, decoctions, tinctures, ointments, oils, and more. And because the herbs used in this book are widely available in health food stores, drug stores, and grocery stores-some you'll even find growing in your own backyard-incorporating a greater range of beneficial herbs into your life will be all the more simple. Open the book to any page and you'll feel like you've stumbled upon Mother Nature's best-kept secrets.

National Geographic Complete Guide to Natural Home Remedies - National Geographic 2014
Collects home remedies from around the world for common illnesses and complaints, including practical cures, medicinal herbs, healing foods, green housecleaning, sustainable cosmetics, alternative therapies,

and lifestyle changes. The Complete Book of Natural and Medicinal Cures - Prevention Magazine Editors 1996 Readers get the health information they need fast. The quick-reference Cure Finder is the key to this book-- the reader just looks up a health problem, and finds dozens of remedies to try. It's easy to use, easy to understand, and offers a wealth of new hope for hundreds of conditions and diseases. **The Complete Guide To Crystal Medicine** - Chrysalis Sun 2019-02-15 "My message is that with the right system, and proper knowledge of that system, anyone can heal themselves." Chrysalis Sun The Complete Guide to Crystal Medicine is the first book of its kind to combine the science, metaphysics, and spirituality of the technique known as crystal medicine.

Chrysalis' own life journey and experiences are the inspirations behind her studies - bringing this powerful message of hope and healing to be shared with the world. She has helped countless people restore and transform their personal and professional lives, beginning with her own! Her teachings give you the tools and empowerment to take control and live your best life in totality - mind, body, and spirit. What is crystal medicine? Crystal medicine is a holistic non-invasive healing method that can be used to improve one's overall physical, mental, and emotional well-being. Reiki master and crystal expert Chrysalis Sun presents a comprehensive instructional guide that teaches effective crystal healing practices that can be

applied by anyone. In this easy-to-follow guide learn: -Crystals and their corresponding chakra, planet, element, zodiac, and healing benefits -Basic field identification -How to choose the right crystal for your needs -How to combine crystals with energy healing -The science of how crystals work to heal your body And much more! Chrysalis takes the reader on a journey exploring and sharing her findings from over twenty years of experience in the field. Beginning with the history of crystal medicine, the science and how crystals influence our biochemistry, to its effects on the subtle body. And how, ultimately, crystals can be used to bring the body into a natural state of wellness. Each of us has a personal responsibility to our

own healing - this book will help you awaken, tap into the deeper parts of yourself, and do just that using resources from the planet we inhabit.

The Complete Guide to
Cleansing and Detox -

Nicholas Schnell

2008-07-22

With our environment, homes and food becoming increasingly toxic, it is more important to practice natural cleansing methods now than any time in history. The information contained in this book is essential to reestablishing and maintaining good health. Cleansing is one of the oldest and most revered natural healing practices. It is also one of the most misunderstood. This is the first book to take a comprehensive approach to cleansing and detoxification programs. The Four Winds Holistic

Cleanse described in this book is the first complete program to address detoxifying the entire body in a safe, gentle and effective manner. This book provides the reader with everything they need to know about cleansing including the history, the bodys detox pathways, understanding toxins and their role in disease, herbal medicine and supplements, home spa techniques and a specific two week program. The program is based on a combination of clinical experience working with patients, the latest scientific findings and best of ancient traditions. The most unique aspect of this book is its emphasis on showing the reader how to embracing cleansing as a truly transformative physical healing process and a catalyst to personal growth. The Four Winds

Holistic Cleanse is a powerful catalyst anyone can use to stimulate the bodies innate ability to heal itself. By purchasing this book, you are taking a powerful journey to return to optimal health. "All true healing begins with detoxification. This book will show how to cleanse and detoxify your bodys systems safely and effectively." Michael Tierra, author of the East West Herb Course, Way of Herbs and Planetary Herbology and founder of the American Herbalists Guild (AHG). Unlike many books on cleansing, Nicholas shares a comprehensive, historical and practical synopsis of cleansing therapies. The program is safe, simple and practical. Most importantly it is backed by his years of practicing as a clinical herbalist. I highly

recommend it to anyone who has interest in cleansing or natural healing. Miles Coleman, Herbalist, RH (AHG) I recommend this book to my patients as a useful adjunct to natural healing and Traditional Chinese Medicine treatments. I have seen many patients benefit tremendously from the Four Winds Holistic Cleanse program described in this book. I feel it is excellent for helping to heal many of the chronic diseases facing so many Americans today. Joel Dunning, Acupuncturist, M.Ac., L.Ac., Dipl.Herb.

The Complete Guide To Herbal Medicines -

Charles W. Fetrow
2000-09

Two prominent pharmacists offer this guide to herbal remedies, featuring more than three hundred herbal medicines, along with a glossary of

medical terms and detailed descriptions of each remedy, potential drug interactions, dosages, and more. Original.

Dr. Whitaker's Guide to Natural Healing - Julian

M. Whitaker 2001-04

Julian Whitaker, America's wellness doctor, believes that there is almost no medical condition that cannot be improved or even reversed. In fact, the body has the power to heal itself and stay healthy, naturally. Dr. Whitaker's Guide to Natural Healing shows the reader ways to: * help prevent heart attacks and strokes* reverse diabetes* lower high blood pressure* protect against cancer* stop the symptoms associated with Alzheimer's* end depression without drugs* and confront many other critical health issuesBecause our

current healthcare system focuses on treating disease rather than promoting wellness, many safer, more effective and far less expensive natural therapies are often ignored. This book arms the reader with ways to trigger the body's tremendous power to heal itself and provides proven alternatives to unnecessary medical procedures.

Natural Health, Natural Medicine - Andrew Weil
1997

Concentrating on alternative medicine, this work recommends ways to deal with a variety of common complaints, from acne to ulcers. Methods include home remedies, vitamins and supplements, and natural cures. Also examined are ways in which to live a healthier lifestyle.

The Way of Ayurvedic Herbs - Karta Purkh

Singh Khalsa 2010

The Veterinarians' Guide to Natural Remedies for Dogs - Martin Zucker
2000-01-25

The world of veterinary medicine is changing. People are realizing that if alternative medicine is better for them, it's better for their pets, too. Dogs are visiting acupuncturists, chiropractic doctors, and homeopaths. Still, many dog owners are unaware that such simple measures as changing their pet's diet and using vitamins, herbs, and other natural cures can help prevent or heal ailments ranging from excessive scratching to depression to a host of serious diseases. The Veterinarians' Guide to Natural Remedies for Dogs is both an introduction and a guide to the vast world of natural healing methods,

treatments, and foods now available for dogs. Author Martin Zucker offers advice from dozens of holistic practitioners and licensed veterinarians, who share their recipes, insights, and "prescriptions." Here dog owners will find information on everything from nutritional supplements to massage therapy, as well as how these treatments can be used alone or in conjunction with traditional medications and surgical techniques.

Healing Fibroids - Allan Warshowsky 2010-05-11

An exciting new approach to regaining health without surgery! Fact: By the time they reach menopause forty percent of American women have at least one uterine fibroid; 600,000 women are diagnosed each year. Fact: Fibroids are the leading cause of

hysterectomy, the second most common surgical procedure performed on women. Fact: Natural, holistic medicine can heal fibroids without invasive surgery.

Fibroid tumors, while usually benign, can swell a woman's uterus to the size of a basketball, frequently causing heavy menstrual bleeding, cramping, bladder infections, and even infertility. Most doctors recommend surgery as the only answer. Now this innovative holistic program brings new hope for a surgery-free life to millions of American women. Dr. Allan Warshowsky combines traditional Western medicine and holistic science to cure not just the fibroid condition but also the underlying imbalances and systemic dysfunctions that can cause fibroids. With an exciting program of

diet, exercise, supplements, herbs, and mind/spirit work, Dr. Warshowsky shows fibroid sufferers how to become the strong, healthy women they deserve to be.

Natural Health, Natural Medicine - Andrew Weil 2004

The best-selling books of Andrew Weil, "the guru of alternative medicine," (San Francisco Examiner) offer a comprehensive blend of traditional and alternative methods that help to achieve better health in the modern world. Natural Health, Natural Medicine is a comprehensive resource for everything you need to know to maintain optimum health and treat common ailments. This landmark book incorporates Dr. Weil's theories of preventive health maintenance and alternative healing into one extremely useful and

readable reference, featuring general diet and nutrition information as well as simple recipes, answers to readers' most pressing questions, a catalogue of home remedies, invaluable resources, and hundreds of practical tips. This edition includes up-to-the-minute scientific findings and has been expanded to provide trustworthy advice about low-carb diets, hormone replacement therapy, Alzheimer's, attention deficit disorder, reflux disease, autism, type 2 diabetes, erectile dysfunction, the flu, and much more.

The natural method of healing - Friedrich Eduard Bilz 1898

A Woman's Complete Guide to Natural Health - Lynne Paige Walker 2003
A guide to natural healing for women describes 130 treatments

for a variety of disorders and diseases.

The natural method of healing - Friedrich Eduard Bilz 1898

Dr. Pitcairn's New Complete Guide to Natural Health for Dogs and Cats - Richard H. Pitcairn 2005-09-03

A reference guide to common ailments affecting domestic canines and felines features recipes for healthier food, sources of herbal and homeopathic supplies, environmental issues and solutions, and emergency care information.

Nature's Way - Mark Evans 2000

Nature's Way guides us through the various natural techniques we can adopt to counteract health problems and strengthen our immune system. All the major therapies are explored and step-by-step instructions are given

for those that you can implement immediately in your own home.

The Complete Guide to Natural Healing - Dr. Michael Chillemi
2017-06-23

Learn how to heal your body without having to rely on medicine and over-the-counter drugs. Heal yourself today will show you how you can: With this breakthrough book, you'll discover... Lose weight and drop belly fat -- finally! Eliminate mood swings and feel calm and balanced! Enjoy all-day energy -- no more chronic fatigue and exhaustion! Wake up refreshed because you sleep soundly! Live life free from aching joints and sore muscles! Heal heartburn, acid reflux, and GERD and now eat worry-free! "Go" like clockwork instead of being stopped up, bloated, and gassy! Valuable information

about maintaining optimal health and overcoming disease naturally Natural herbs that help treat and cure common conditions and diseases Natural Remedies to treat hundreds of different conditions Nutrition and fitness strategies to help strengthen and improve your body And much more...

The Complete Guide to Natural Healing of Varicocele - Babak Nozari 2016-04-29 Varicocele Natural Treatment Initiative. "Making non-surgical varicocele treatment more accessible for everyone." Product Description With over 100 of the most effective varicocele natural treatments, "The Complete Guide to Natural Healing of Varicocele" is the most comprehensive treatment plan for varicocele. Learn how to: Naturally

cure pain Restore fertility Reduce testicular vein swelling "Avoid varicocele surgery!" Surgery is a procedure that does not address the root cause of varicocele. It is risky, and not very effective. Instead opt for natural treatments that address the root cause of varicocele development and notice great results with zero risk. The treatments in The Complete Guide to Natural Healing of Varicocele are: Safe Effective Risk-free With information from over 600 scientific articles, the treatments are based of science and proven results. They have helped hundreds of clients naturally treat their varicoceles. Visit <http://www.varicocelehealing.com>, contact us & learn more.

The Gastritis Healing Book - L G Capellan

2020-05-19

Break Free from Gastritis and Get Back to Enjoying Your Life Fully—Your complete guide One of the main reasons why gastritis—especially chronic cases—is often difficult to cure is that an effective treatment option does not exist. Eliminating gastritis and its annoying symptoms calls for more than acid-blocking medications. It requires a comprehensive treatment approach that tackles the root cause and provides a real solution to the problem—which is exactly what this book is all about. The Gastritis Healing Book offers a completely new treatment approach that incorporates precise advice and recommendations about the changes you should make in your diet, habits, and lifestyle,

in order to heal your stomach. Inside this book, you will discover: A complete step-by-step healing program that provides the tools you need to fight gastritis effectively. A gastritis overview that teaches you everything you need to know about gastritis, including the main factors that might be holding you back from healing. A seven-day meal plan that removes the stress of dietary change with planned meals, a shopping list, and meal prep advice. More than 50 gastritis-friendly, gluten-free, and dairy-free recipes for breakfast, lunch, dinner, and snacks, so that you can also create your own meal plan and stick to the gastritis diet long after the one-week meal plan is over. A list of science-backed natural supplements and remedies that will help you speed up the healing

process of your stomach. With *The Gastritis Healing Book*, you'll be on the road to a healthier, happier, and symptom-free life!

The Complete Guide to Natural Healing - Stacey Chillemi 2015-08-29

The book makes using herbal supplements and alternative medicine easy while giving up-to-date clinical

information about their history, safety precautions and medical uses. *The Complete Guide to Natural Healing: A Natural Approach to Healing the Body and Maintaining Optimal Health Using Herbal Supplements, Vitamins, Minerals, Fruits, Vegetables and Alternative Medicine* is the comprehensive go-to reference brimming with guidance for individuals wishing to improve their health naturally. Easy to follow and well-organized, *The Complete*

Herbal Guide to Natural Healing is a straightforward, educational, inspirational, and ultimately extremely useful reference. It is a much-appreciated gift for the person fascinated with health, healing, natural foods and alternative medicines. With a simple yet direct writing style, the book reads as if your friend and personal tutor are guiding you through the extraordinary world of herbal health and natural healing.

The Simple Guide to Natural Health - Melanie St. Ours 2018-08-07

Treat your aches and pains with these simple, all-natural solutions for colds, minor burns, acne, and more. *The Simple Guide to Natural Health* provides the latest information on all-natural remedies, featuring ingredients

such as apple cider vinegar, coconut oil, and various essential oils. With these do-it-yourself recipes that harness the power of natural healing, you'll be able to treat—and prevent—common ailments. From how to grow and harvest your own ingredients to instructions for storing and organizing your homemade remedies, clinical herbalist Melanie St. Ours will take you step-by-step through the process of creating your own natural medicine cabinet.

The Way of Ayurvedic Herbs - Karta Purkh

Singh Khalsa 2008

Popular medicine.

Varicocele - Gaurav

Christ 2020-02-06

Homeopathy treatment works very well in mild to moderate cases of the Varicocele. They act at the root to stop recurrence of the

disease process. These medicines stimulate the disease-fighting mechanism (Self Healing Mechanism) of the body. As the healing system of the body is strengthened, the disease is completely eradicated.

The Complete Guide to Natural Healing -

International Masters Publishers, Incorporated
1998-05-01

Natural Healing Wisdom & Know How - 2017-01-03

Natural Healing Wisdom & Know-How is a fascinating and complete home reference for every practice on natural and alternative health and healing. This book offers instructive and helpfully illustrated guides on numerous alternative medicinal practices, such as herbal healing, naturopathy, homeopathy, Eastern medicine, energy healing, mind-body

healing, and so much more. Included are various methods and techniques for managing and curing hundreds of ailments, as well as for maintaining a healthy lifestyle year-round and long-term. Culled from dozens of the most respected books and authors on the topics of natural and alternative health and healing, this book includes a special index of ailments and

symptoms that appear at the front of the book to guide readers towards useful methods and techniques for targeting and managing specific issues. This book is also a part of the Know-How series which includes other titles such as: Country Wisdom & Know-How Woodworking Wisdom & Know-How Craft Wisdom & Know-How Garden Wisdom & Know-How Survival Wisdom & Know-How