

Zentangle

IF YOU ALLY DEPENDENCE SUCH A REFERRED **ZENTANGLE** EBOOK THAT WILL GIVE YOU WORTH, ACQUIRE THE CATEGORICALLY BEST SELLER FROM US CURRENTLY FROM SEVERAL PREFERRED AUTHORS. IF YOU WANT TO HUMOROUS BOOKS, LOTS OF NOVELS, TALE, JOKES, AND MORE FICTIONS COLLECTIONS ARE MOREOVER LAUNCHED, FROM BEST SELLER TO ONE OF THE MOST CURRENT RELEASED.

YOU MAY NOT BE PERPLEXED TO ENJOY ALL EBOOK COLLECTIONS ZENTANGLE THAT WE WILL UTTERLY OFFER. IT IS NOT SOMETHING LIKE THE COSTS. ITS ABOUT WHAT YOU DEPENDENCE CURRENTLY. THIS ZENTANGLE , AS ONE OF THE MOST EFFECTIVE SELLERS HERE WILL VERY BE AMONG THE BEST OPTIONS TO REVIEW.

ZENTANGLE 12, WORKBOOK EDITION - SUZANNE McNEILL 2015-12

EXPLORE THE LATEST AND COOLEST BLACK & WHITE TANGLE TANGLE TECHNIQUES WITH 10 INNOVATIVE METHODS, 30 ORIGINAL TANGLES, AND A BONUS 16-PAGE WORKBOOK. ZENTANGLE 12 OFFERS EXCITING IDEAS FOR PUNCHED SHAPES, TORN PAPER, STENCILS, INKBLOTS, CLAYBOARD, STRAW BLOWING, NOTAN, AND MORE.

YOGA FOR YOUR BRAIN - SANDY BARTHOLOMEW 2011

A SEQUEL TO "TOTALLY TANGLED", THIS TITLE INCLUDES PAGES THAT ARE JAM-PACKED WITH ZENTANGLE IDEAS, TIPS, PROJECTS AND 60 NEW TANGLES.

ZENTANGLE DINGBATZ - BRIAN CRIMMINS 2019-06-11

DINGBATZ ARE AN EASY WAY TO INCORPORATE THE FUNDAMENTALS OF ZENTANGLE INTO A WIDE VARIETY OF CREATIVE PROJECTS AND BRING ATTENTION AND MINDFULNESS TO THE SMALLEST CORNERS OF YOUR LIFE. • FUN COMPLEMENT TO HAND LETTERING, SCRAPBOOK, AND ART JOURNALING PROJECTS • BEGINNER-FRIENDLY WITH FEW MATERIALS REQUIRED TO GET STARTED • TECHNIQUES TO PRACTICE AND A WORLD FULL OF CANVASES TO BRING BEAUTY AND JOY TO OTHERS • AUTHOR BRIAN CRIMMINS IS A COACH, SPEAKER AND CERTIFIED ZENTANGLE TEACHER WHO USES THE ZENTANGLE METHOD IN HIS INDIVIDUAL AND GROUP COACHING AND WORKSHOPS. USE DINGBATZ TO ADD FLAIR TO WHATEVER YOU'RE WORKING ON--THEY PROVIDE A WONDERFUL COMPLEMENT TO ANY HAND LETTERING, SCRAPBOOK AND ART JOURNALING PROJECT. SMALL ENOUGH TO PROVIDE A SENSE OF INSTANT GRATIFICATION WHEN YOU MAKE THEM, THESE "ZENBELLISHMENTS" REQUIRE FEW MATERIALS, MAKING THEM ACCESSIBLE TO ALL SKILL LEVELS FROM BEGINNER TO ADVANCED. THIS BOOK WILL INTRODUCE YOU TO HOW DINGBATZ ARE CONSTRUCTED, AND HOW TO BUILD FROM THAT BASIC STRUCTURE TO CREATE DESIGNS UNIQUELY YOUR OWN. ZENTANGLE DINGBATZ INCLUDES A VARIETY OF PROJECTS THAT WILL ALLOW YOU TO PRACTICE USING DINGBATZ NOT ONLY AS STAND-ALONE DESIGNS, BUT ALSO AS ACCENTS AND ENHANCEMENTS TO OTHER ART PROJECTS.

ZENTANGLE 7, EXPANDED WORKBOOK EDITION - SUZANNE McNEILL 2014-07

CREATE BEAUTIFUL ZENDALAS AND OTHER FASCINATING CIRCULAR DESIGNS WITH THIS STEP-BY-STEP GUIDEBOOK. IT FEATURES 40 ORIGINAL TANGLE PATTERNS PLUS A BONUS 16-PAGE INTERACTIVE WORKBOOK.

ZENTANGLE - JANE MARBAIX 2015-12-18

AIMED AT BEGINNERS, THIS BOOK SHOWS HOW BEAUTIFUL IMAGES CAN BE CREATED FROM REPEATING PATTERNS.

ACCREDITED ZENTANGLE TEACHER JANE MARBAIX DEMONSTRATES A RANGE OF PATTERNS ONE STEP AT A TIME AND OFFERS A SOURCEBOOK OF HER OWN DESIGNS TO INSPIRE TANGLERS TO TRY SOMETHING DIFFERENT. PROVEN TO REDUCE STRESS AND ENHANCE CREATIVITY IN PEOPLE OF ALL AGES, ZENTANGLE DOES NOT REQUIRE A BACKGROUND IN PRACTICAL ART OR EXPENSIVE MATERIALS TO PRODUCE PLEASING RESULTS.

THE BEAUTY OF ZENTANGLE - SUZANNE McNEILL 2013-11-01

ZENTANGLE(R) IS FAST BECOMING A WORLDWIDE PHENOMENON, ATTRACTING INDIVIDUALS FROM ALL WALKS OF LIFE. THE BEAUTY OF ZENTANGLE CELEBRATES THIS SIMPLE BUT ELEGANT NEW CRAFT WITH HUNDREDS OF SENSATIONAL ONE-OF-A-KIND DESIGNS FROM AROUND THE WORLD. THIS INVITATION-ONLY COLLECTION OF THE VERY BEST ZENTANGLE-INSPIRED ART INCLUDES STUNNING MASTERPIECES FROM BREAKTHROUGH ARTISTS AND CZTs LIKE SUZANNE McNEILL, CINDY SHEPARD, MARIE BROWNING, SANDY STEEN BARTHOLOMEW, AND MANY MORE. THEIR INVENTIVE TANGLES ARE AT THE FOREFRONT OF A NEW WAVE OF CREATIVE EXPRESSION AND PERSONAL FREEDOM.

ZENTANGLE UNTANGLED - KASS HALL 2012-06-25

UNWIND, TANGLE AND RELAX! IN ZENTANGLE UNTANGLED, KASS HALL INTRODUCES YOU TO THE FUN AND RELAXING "DOODLING" PROCESS OF ZENTANGLE©--AN ENGAGING ART FORM THAT USES REPETITIVE PATTERNS TO CREATE STRIKING WORKS OF ART THAT ANYONE CAN ACHIEVE REGARDLESS OF AGE OR ARTISTIC ABILITY. FOLLOWING AN EXPLANATION OF THE ZENTANGLE© PROCESS, INSIDE YOU WILL FIND 12 STEP-BY-STEP DEMONSTRATIONS SHOWING YOU HOW TO CREATE ENTICING TANGLE PATTERNS, FOLLOWED BY SEVERAL EXAMPLES OF HOW TO ADD EYE-POPPING COLOR TO YOUR PIECES, AS WELL AS FUN WAYS TO USE TANGLES IN YOUR ART JOURNALS. CAPTIVATING PIECES FROM KASS AND A SLEW OF OTHER ARTISTS WILL FURTHER SATISFY YOUR CRAVING FOR INSPIRATION! INSIDE YOU WILL FIND: • 12 STEP-BY-STEP DEMONSTRATIONS OF TANGLE PATTERNS TO MAKE GETTING STARTED EASY! • DIFFERENT WAYS TO INTRODUCE COLOR, A VARIETY OF ART MATERIALS, PHOTOGRAPHY, AND MUCH MORE TO YOUR PIECES. • HOW TO TAKE YOUR PEN-AND-INK TANGLES TO THE NEXT STEP BY ENHANCING THEM DIGITALLY!

TOTALLY TANGLED - SANDY BARTHOLOMEW 2010-06-01

LEARN TO FOCUS, RELAX YOUR MIND AND BOOST YOUR CREATIVE CONFIDENCE! THIS INSPIRING BOOK OFFERS OVER 100 ZENTANGLE DESIGNS, WITH VERSATILE GRAPHICS THAT CAN BE USED TO DECORATE ANY SURFACE. MICRON PENS MAKE DRAWING THE TANGLES SIMPLE AND PERMANENT.

ZENTANGLE 2, EXPANDED WORKBOOK EDITION - SUZANNE McNEILL 2014-05-08

THIS INSPIRING BOOK OFFERS MORE THAN 40 NEW TANGLE PATTERNS AND BORDER DESIGNS TO USE IN EMBELLISHING SCRAPBOOKS, SKETCHBOOKS, JOURNALS, CARDS, PAINTINGS, QUILTS, AND MORE.

THE GREAT ZENTANGLE BOOK - BEATE WINKLER 2016-09

FEATURING 101 STEP-BY-STEP CERTIFIED ZENTANGLE PATTERNS, THE GREAT ZENTANGLE BOOK ALLOWS YOU TO CREATE BEAUTIFUL AND INTRICATE ARTWORK WHILE RELIEVING STRESS.

DRAWING ZENTANGLE@ NATURE - JANE MARBAIX 2019-07-15

THE BEAUTY OF NATURE HAS INSPIRED SOME OF THE WORLD'S GREATEST ARTWORK. NOW, WITH THE HELP OF ZENTANGLE ART, ARTISTS OF ALL CAPABILITIES CAN CREATE THEIR OWN NATURE-THEMED MASTERPIECES. THIS ENGAGING VOLUME USES COLORFUL ILLUSTRATIONS AND CONCISE STEP-BY-STEP INSTRUCTIONS TO INTRODUCE READERS TO ZENTANGLE PATTERNS THAT COMBINE TO MAKE BEAUTIFUL WORKS OF ART. UNIQUE PROJECTS ENCOURAGE READERS TO RELAX, STAY FOCUSED, AND FIND THEIR OWN CREATIVITY. AN INCREASINGLY POPULAR METHOD OF DRAWING PAIRED WITH THE ACCESSIBILITY OF THESE PROJECTS MAKE FOR A HIGH-INTEREST BOOK, SURE TO FLY OFF THE SHELVES.

TANGLEEASY BIRDS - BEN KWOK 2016-02-02

USE THESE 32 BIRD DESIGN TEMPLATES FOR SIMPLE COLORING ENJOYMENT, OR FILL THEM WITH TANGLES TO MAKE YOUR OWN NEW ZENTANGLE-INSPIRED MASTERPIECE.

JOY OF ZENTANGLE - MARIE BROWNING 2012-11-01

ZENTANGLE(R) IS AN EASY-TO-LEARN METHOD OF PATTERN DRAWING THAT REDUCES STRESS WHILE PROMOTING CREATIVITY. THIS BOOK WILL INTRODUCE READERS TO THE BASIC THEORY OF ZENTANGLE AND PROVIDE INSTRUCTIONS FOR DRAWING OVER 100 TANGLE PATTERNS FROM SUCH CERTIFIED ZENTANGLE TEACHERS AS SUZANNE McNEILL, SANDY STEEN BARTHOLOMEW, AND MARIE BROWNING. THIS BEAUTIFUL BOOK IS FILLED WITH EXAMPLES OF ZENTANGLE DRAWINGS AS WELL AS OTHER ART PROJECTS AND COMPELLING STORIES FROM THOSE WHO HAVE IMPROVED THEIR WELL-BEING THROUGH ZENTANGLE.

ZENTANGLE 7 - SUZANNE McNEILL 2012-11-01

COMBINE THE INSPIRATION OF THE MANDALA WITH ZENTANGLE ART, AND BRING YOUR ZENTANGLES FULL CIRCLE WITH 40 NEW TANGLE PATTERNS AND IDEAS FOR MAKING BEAUTIFUL SACRED CIRCLES.

ZENTANGLE 5 - SUZANNE McNEILL 2014-11-01

TAKE TANGLING BEYOND PAPER TO BLING, SHRINK PLASTIC, DOMINOES, AND WEARABLE ART WITH 40 NEW TANGLES TO INSPIRE YOUR REPERTOIRE OF DESIGN POSSIBILITIES.

ZENTANGLE 10 - SUZANNE McNEILL 2014-08-01

THE DESIGN POSSIBILITIES OF ZENTANGLE EXTEND IN MANY DIMENSIONS! COMBINE THE ART FORMS OF PAPER CRAFTS AND TANGLING TO CREATE MEMORABLE 3D KEEPSAKES AND ONE-

OF-A-KIND GIFTS FOR EVERY SEASON. DIMENSIONAL PAPER CRAFTS WITH TANGLES ADD RANGE AND DEPTH TO YOUR ZENTANGLE ART. INSIDE YOU'LL DISCOVER WONDERFUL PAPER PROJECTS FOR BOOKLETS, GREETING CARDS, ANGELS, ORNAMENTS, BEADS, BOXES, ACCORDION FOLDS, AND MORE. TRY A ZENTANGLE TWIST ON TRADITIONAL ORIGAMI. ENJOY BEING CREATIVE WITH 30 ALL-NEW TANGLES. YOU'LL LOVE THESE INSPIRATIONAL IDEAS AND SIMPLE TECHNIQUES.

ZENTANGLE® SOURCEBOOK - JANE MARBAIX 2020-04-03

PACKED WITH HOW-TOS OF MORE THAN 70 POPULAR TANGLES, THIS HANDY REFERENCE BOOK IS THE PERFECT GUIDE FOR ASPIRING TANGLERS. EACH EASY-TO-FOLLOW STEP-OUT IS COMPLEMENTED BY BEAUTIFUL AND ORIGINAL ZENTANGLE INSPIRED ARTWORKS SHOWING HOW YOUR TANGLES CAN BE COMBINED. A WEALTH OF VISUAL TREATS PROVIDES ENDLESS INSPIRATION AND STIMULATION FOR BOTH AFICIONADOS AND BEGINNERS ALIKE.

ALPHA TANGLE, EXPANDED WORKBOOK EDITION - SANDY STEEN BARTHOLOMEW 2016-01-01

JUMP START YOUR CREATIVITY WITH ZENTANGLE®, THE MINDFUL AND MEDITATIVE DRAWING STYLE THAT IS TAKING THE WORLD BY STORM! THIS INDISPENSIBLE GUIDE TO TANGLED LETTERING WILL GET YOU STARTED IN A RELAXING, CONFIDENCE-BOOSTING, AND TOTALLY ADDICTIVE ART FORM. PACKED WITH PATTERNS, PRACTICE EXERCISES, AND A CHARMINGLY TANGLED ALPHABET, ALPHA TANGLE, EXPANDED WORKBOOK EDITION IS THE PERFECT ADDITION TO ANY LETTER-LOVER'S LIBRARY. YOU DON'T NEED TO BE A CALLIGRAPHER TO CREATE AWESOME DRAWINGS WITH THESE ELEGANT LETTERS. A GORGEOUS GALLERY OF BEAUTIFUL ZENTANGLE ART PROVIDES INSPIRATION AND MOTIVATION. SANDY STEEN BARTHOLOMEW, CZT INTRODUCES THE ZENTANGLE METHOD AND EXPLAINS ALL THE BASICS OF TOOLS, TANGLES, STRINGS, AND SHADING. SANDY TAKES YOU ON A TANGLED JOURNEY THROUGH THE ALPHABET WITH 77 OF THE ORIGINAL 102 OFFICIAL ZENTANGLE PATTERNS. PRACTICE WHAT YOU'VE LEARNED IN THIS NEWLY EXPANDED WORKBOOK EDITION, AS YOU TANGLE, COLOR, AND EXPLORE.

ZENTANGLE ART THERAPY - ANYA LOTHROP 2015-08-27

THIS BOOK OFFERS A WONDERFUL INTRODUCTION TO THOSE NEW TO ZENTANGLE AND COVERS THE TOOLS REQUIRED AND THE BASIC TECHNIQUES TO GET STARTED. SIMPLE PATTERNS INCLUDING BASELINE, FILLERS, RIBBONS AND BORDERS OFFER A FOUNDATION TO EXPLORE MORE COMPLEX, THREE DIMENSIONAL DESIGN AND WAYS TO FURTHER ENHANCE THE READERS CREATIONS USING SHADING AND COLOR. THE BOOK IS FULL OF INSPIRATIONAL ARTWORK TO GIVE THE READER A TASTE OF THE ENDLESS POSSIBILITIES.

ZENTANGLE JOURNALING - MARY JANE HOLCROFT 2016-06-15

THE PURPOSE OF THIS BOOK IS TO BRING THE MEDIUMS OF TANGLING AND JOURNALING TOGETHER TO HELP READERS ENRICH THEIR LIVES. ON EACH SPREAD THERE IS AN OUTLINE FOR READERS TO FILL AS THEY CHOOSE. INSPIRATION IS PROVIDED BY A CORRESPONDING FINISHED ARTWORK COMPLETE WITH A RANGE OF ZENTANGLE PATTERNS. THE PROCESS OF FILLING THE OUTLINES IS MEDITATIVE AND WILL SET UP THE RIGHT CONDITIONS FOR READERS TO EXPRESS THEIR FEELINGS IN THE SPACES AROUND THE IMAGES. WHETHER THESE THOUGHTS

ARE DREAMY OR STORMY, RELEASING THEM WILL LEAVE READERS WITH A CALM SPIRIT, A CLEAR MIND AND A BEAUTIFUL JOURNAL PAGE. ZENTANGLE JOURNALING OFFERS A GENTLE AND FORGIVING WAY TO OVERCOME DEEP-SEATED BARRIERS TO CREATIVITY AND DEVELOP A STRONGER, HAPPIER SELF. A WONDERFULLY THERAPEUTIC WAY OF RELEASING INNERMOST THOUGHTS AND FEELINGS. RE-CONNECT WITH CREATIVITY THROUGH A PERFECT MARRIAGE BETWEEN ZENTANGLE AND JOURNALING. EVERY PAGE IS A THING OF BEAUTY, OFFERING THE PERFECT CONDITIONS FOR SELF-EXPRESSION. AT THE END READERS WILL HAVE A PERSONALIZED JOURNAL AND RECORD OF THEIR DEVELOPMENT.

ZENTANGLE FOR KIDZ! - SANDY BARTHOLOMEW 2011-07
KIDS OF ALL AGES - GET READY TO LAUGH, SMILE AND TANGLE! SANDY STEEN BARTHOLOMEW'S ZENTANGLE FOR KIDZ! IS BOTH A FUN ROMP THROUGH PATTERN PLAY AND AN INSPIRING ART LESSON. KID CHARACTERS ALEX AND LILAH ENTERTAIN THE AUDIENCE WHILE PRESENTING TANGLE TECHNIQUES. THEY TALK TO THE READER IN DIALOG BUBBLES, SO THE BOOK HAS THE INVITING STYLE OF A COMIC BOOK. EVERY PAGE IS STUFFED WITH WHIMSICAL SHAPES THAT GROW INTO AWESOME DESIGNS, BUT THE PROCESS IS ARTFULLY DISGUISED AS "MESSING AROUND WITH TANGLES." THIS BOOK WILL BE ESPECIALLY HELPFUL FOR ANYONE WHO SAYS "I CAN'T DRAW." SANDY'S FRIENDLY APPROACH IS SO INVITING, SIMPLE AND FREEFORM THAT IT WILL ENGAGE EVEN THE MOST TIMID ARTIST.

ZENTANGLE 7 - SUZANNE MCNEILL 2012-11
ELEGANT LETTERS ARE THE PERFECT WAY TO PERSONALISE A GREETING CARD, STATIONERY OR A MEMORABLE GIFT. THIS TITLE CAN HELP YOU TURN MUNDANE MAIL INTO ENVELOPES THAT PROMISE SOMETHING REALLY SPECIAL SUCH AS: SPECIAL TANGLED THANK-YOU NOTES AND ENCLOSURE CARDS FOR SHOWERS, WEDDINGS AND BABY ANNOUNCEMENTS.

THE BOOK OF ZENTANGLE - RICK ROBERTS 2012
"ZENTANGLE IS AN EASY-TO-LEARN, RELAXING, AND FUN WAY TO CREATE BEAUTIFUL IMAGES BY DRAWING STRUCTURED PATTERNS." --P. 1.

ZENTANGLE - ANDREW HARNES 2015-03-25
ZENTANGLE DISCOVER THE AMAZING PATTERNS AND SHAPES WHILE YOU IMPROVE YOUR CREATIVITY AND CONCENTRATION! THIS BOOK IS ALL ABOUT ZENTANGLE PATTERNS. IT HAS EXPLAINED THE DEFINITION AND EXPLANATION ON WHAT EXACTLY ZENTANGLES ARE, HIGHLIGHTING THE TECHNIQUES AND STRATEGIES IT TAKES TO DEVELOP THEM. IT ALSO GIVES YOU A LIST OF ALL THE NECESSARY MATERIALS REQUIRED FOR THE CREATION OF THESE PATTERNS. ZENTANGLES BEING A FORM OF ART THE BOOK HAS ENSURED THAT IT GOES DEEPER INTO EXPLAINING WHAT ART IS AND THE BENEFITS IT HAS IN OUR LIFE. IT BEGINS BY GIVING YOU THE HISTORY OF ZENTANGLES AND ALSO TELLS YOU THE PIONEERS BEHIND IT ALL. THE BOOK ENLIGHTENS YOU ON ITS BENEFITS AND CHARACTERISTICS AS REASONS BEHIND ITS POPULARITY WORLDWIDE. THERE IS ALSO DETAILED INFORMATION ON THE VARIOUS TYPES OF ZENTANGLE PATTERNS AND ALSO THE FEATURES OF ZENTANGLE ART. TO EASILY BUILD THE PICTURE IN MIND OF WHAT YOU ARE IN FOR, THE DIFFERENT ZENTANGLE PATTERNS HAVE BEEN WELL ARRANGED FOR YOU AS A GUIDE. YOU WILL ALSO GET TO

FIND THE VARIOUS TYPES OF ZENTANGLE PATTERNS. THIS IS DONE IN A STEP BY STEP MANNER MAKING IT EASY FOR YOU TO UNDERSTAND: THE HISTORY OF ZENTANGLE WHAT ZENTANGLE IS HOW ZENTANGLE CAN BE A VERY USEFUL TOOL UNDERSTANDING THE ART OF ZENTANGLE UNDERSTANDING STIPPLING AND POINTILLISM BENEFITS OF ZENTANGLE HOW TO MAKE A ZENTANGLE MATERIALS REQUIRED HOW TO ORGANIZED AND CREATE A TANGLE HOW TO DRAW DIFFERENT TYPES OF GRIDS YOU CAN DO THIS TOO - IT'S NEVER TOO EARLY OR TOO LATE TO LEARN TO DRAW! IMPLEMENT EASY SIMPLE STEP BY STEP AND YOU WILL SEE INSTANT RESULTS.

ZENTANGLE FOR KIDS - JANE MARBAIX 2020-07-31
UNLOCK YOUR CREATIVITY WITH THIS FUN AND INSPIRING BOOK! CLEAR STEP-BY-STEP INSTRUCTIONS MAKE THE TANGLES EASY TO MASTER AND FUN TO DO, AND THE BOOK IS FILLED WITH BEAUTIFUL ILLUSTRATIONS AND SCENES THAT YOUNG TANGLEDERS CAN MAKE THEIR OWN. SPECIAL PROJECT PAGES ALSO SHOW READERS HOW TO USE THEIR TANGLE ARTWORKS TO CREATE GORGEOUS DECORATIONS, CARDS AND GIFTS. PERFECT FOR CREATIVE KIDS AGED 8 AND UP.

THE ZENTANGLE UNTANGLED WORKBOOK - KASS HALL 2013-07-26

"LIFE IS SHORT, CERTAINLY TOO SHORT TO BE CONCERNED TOO MUCH WITH RULES ABOUT DRAWING." --KASS HALL IN ZENTANGLE UNTANGLED, KASS HALL INTRODUCED YOU TO THE RELAXING, INNOVATIVE ART OF ZENTANGLE. NOW IN THE ZENTANGLE UNTANGLED WORKBOOK, YOU'LL GET ENOUGH ZENTANGLE INSTRUCTION AND INSPIRATION TO LAST ALL YEAR LONG. FILLED WITH DOZENS OF NEW TILES AND FOUR NEVER-BEFORE SEEN TANGLES DESIGNED ESPECIALLY FOR THIS BOOK, YOU'LL BE USING ZENTANGLE IN WAYS YOU NEVER DREAMED. CREATE SHAPES, LETTERFORMS, BORDERS, EVEN ZENDALAS AS YOU MASTER EACH NEW TANGLE, ALL WHILE REDUCING STRESS THROUGH THE INTENTIONAL ACT OF CREATING REPETITIVE PATTERNS. PERFECT FOR ARTISTS OF ALL LEVELS, THIS WORKBOOK WILL IMMERSE YOU IN A DAILY MEDITATION OF ZENTANGLE. INSIDES YOU'LL FIND: • SEVEN STEP-BY-STEP DEMONSTRATIONS TO HELP YOU GET STARTED. • INSPIRATION AND GUIDANCE ON HOW TO USE THOSE TANGLES TO CREATE UNIQUE AND BEAUTIFUL TILES THROUGHOUT THE YEAR. • MORE THAN 400 BLANK OR PARTIALLY STARTED TILES SO YOU CAN PRACTICE ALL YEAR INSIDE THIS BOOK AND WITHOUT THE FEAR OF THE BLANK PAGE. IT'S TIME TO TANGLE!

ONE ZENTANGLE A DAY - BECKAH KRAHULA 2012-11-01
TAKE YOUR DOODLES TO A WHOLE NEW LEVEL WITH THIS BEST-SELLING AND PREEMINENT GUIDEBOOK TO THE MEDITATIVE ART OF THE ZENTANGLE, FEATURING THE INCREDIBLY BEAUTIFUL AND INSPIRING ARTWORK OF AUTHOR BECKAH KRAHULA. THIS STEP-BY-STEP BOOK IS DIVIDED INTO SIX CHAPTERS, EACH WITH SEVEN DAILY EXERCISES. THE ZENTANGLE METHOD WAS CREATED BY RICK ROBERTS AND MARIA THOMAS AS A WAY TO PRACTICE FOCUS AND MEDITATION THROUGH DRAWING BY USING REPETITIVE LINES, MARKS, CIRCLES, AND SHAPES. EACH MARK IS CALLED A "TANGLE," AND YOU COMBINE VARIOUS TANGLES INTO PATTERNS TO CREATE "TILES," OR SMALL SQUARE DRAWINGS. EACH OF THE SIX CHAPTERS EXPLORES A DIFFERENT ASPECT

OF ZENTANGLE: BASICS AND ENHANCEMENTS TANGLES AND VALUE PATTERNS GEOMETRIC AND ORGANIC PATTERNS UNDERSTANDING AND USING COLOR DEFINING AND USING STYLE CREATING THE REST OF YOUR ZENTANGLE JOURNEY EACH EXERCISE INCLUDES NEW TANGLES TO DRAW IN SKETCHBOOKS OR ON TIEPOLO (AN ITALIAN-MADE PAPER), TEACHES DAILY TILE DESIGN, OFFERS TIPS ON RELATED ART PRINCIPLES, AND CONTAINS AN INSPIRATIONAL "ZIA" (ZENTANGLE INSPIRED ART) PROJECT ON A TILE THAT INCORPORATES PATTERNS, ART PRINCIPALS, AND NEW TECHNIQUES. DRAWING ZENTANGLES IS A RELAXING AND REPLENISHING DIVERSION THAT CAN BE ENJOYED BY PEOPLE OF ALL AGES AND SKILL LEVELS. IN ADDITION TO ITS SOOTHING BENEFITS, A ZENTANGLE PRACTICE CAN ALSO HELP WITH SELF-IMAGE, PHOBIAS, ADDICTIONS, PAIN MANAGEMENT, CONFLICT RESOLUTION, AND COPING WITH GRIEF. STEP AWAY FROM THE DAILY HUSTLE AND UNTANGLE WITH A ZENTANGLE.

ZENTANGLE - OLIVIA SUMMERS 2015-08-19

HAVE YOU SEEN ZENTANGLE WORKS OF ART AND BEEN INSPIRED TO CREATE YOUR OWN...BUT DON'T EVEN KNOW WHERE TO START? MAYBE YOU'RE NOT EVEN SURE WHAT ZENTANGLE IS, OR SIMPLY DON'T FEEL LIKE YOU'RE QUALIFIED TO BE AN ARTIST... IF ANY OF THESE SCENARIOS APPLY TO YOU, THEN MY ZENTANGLE MASTERY SERIES IS THE ANSWER YOU'VE BEEN LOOKING FOR! NOT ONLY WILL YOU LEARN THE PRINCIPLES OF THE ZENTANGLE METHOD (AS DEVELOPED BY RICK ROBERTS AND MARIA THOMAS), BUT I'LL ALSO WALK YOU THROUGH STEP BY STEP IN PICTURES, EACH OF THE PATTERNS SO THAT YOU KNOW EXACTLY HOW TO RE-CREATE THEM IN YOUR OWN ARTWORK! BUT THE BENEFITS AREN'T JUST THE VISUAL APPEAL. WHEN YOU USE THE ZENTANGLE METHOD DAILY YOU'LL BEGIN TO SEE CHANGES IN YOUR LIFE AND YOUR MINDSET IN A BIG WAY. HOW? WELL, ZENTANGLE WAS ORIGINALLY DEVELOPED AS A WAY TO PRACTICE MINDFULNESS AND MEDITATION THROUGH THE REPETITIVE ART OF DRAWING THESE SIMPLE, BUT CHALLENGING PATTERNS...EACH STROKE OF YOUR PEN BRINGS YOU CLOSER TO THE 'ZEN' IN ZENTANGLE. IF YOU'RE LOOKING FOR A WAY TO CREATE BEAUTIFUL ARTWORK THAT ONLY LOOKS IMPOSSIBLE (BUT IS ACTUALLY QUITE SIMPLE!) THEN BE SURE TO GRAB ALL 3 VOLUMES OF MY ZENTANGLE MASTERY SERIES (THAT'S 99 PATTERNS!). HERE'S WHAT YOU'LL FIND INSIDE... EXPANDED WORKBOOK EDITION SO YOU CAN PRACTICE EACH PATTERN STEP BY STEP PLUS, EXTRA SPACE TO CREATE YOUR OWN ORIGINAL TANGLES USING EACH PATTERN WHAT THE ZENTANGLE METHOD IS COMMON MYTHS AND MISCONCEPTIONS EACH STEP OF THE ZENTANGLE PROCESS 33 UNIQUE TANGLE PATTERNS-WITH STEP-BY-STEP PICTURE INSTRUCTIONS FOR EACH PATTERN COMMON ZENTANGLE TERMINOLOGY THE ESSENTIALS FOR PRACTICING ZENTANGLE-DO YOU REALLY NEED 20 DIFFERENT PENS, COLORED MARKERS, COLORED PENCILS, A SKETCHBOOK AND TILES?! HOW TO CREATE YOUR VERY OWN "TANGLE" PLUS SO MUCH MORE! SO, IF YOU NEED SOME ENCOURAGEMENT AND INSPIRATION TO CREATE YOUR OWN ZENTANGLE ARTWORK, THEN LET ME BE YOUR GUIDE AND HELP YOU ALONG YOUR ZENTANGLE JOURNEY! *** IF YOU PURCHASE THE PAPERBACK WORKBOOK EDITION, YOU CAN GET THE KINDLE VERSION FREE! *** BONUS: AS A 'THANK YOU' FOR YOUR

PURCHASE, YOU'LL FIND AN ADDITIONAL 21 ZENTANGLE PATTERNS + 10 BONUS BORDERS TO DOWNLOAD FOR FREE INSIDE THE KINDLE VERSION! ==>SCROLL UP AND CLICK 'ADD TO CART' TO GET YOUR COPY NOW.

ZENTANGLE 4, EXPANDED WORKBOOK EDITION - SUZANNE MCNEILL 2014-12

USE TEMPLATES, STENCILS, SHAPES, AND COLOR TO CREATE BEAUTIFUL ZENTANGLE-INSPIRED ART. INCLUDES 40 ORIGINAL TANGLES AND AN EXPANDED PRACTICE WORKBOOK.

ZENTANGLE FOR BEGINNERS WITH PICTURES - PAMELA JOLLY 2015-05-10

ZENTANGLE FOR BEGINNERS WITH PICTURES LEARN 10+ ZENTANGLE BASICS TO CREATE AMAZING PATTERNS AND BEAUTIFUL SHAPES! IF YOU ARE LOOKING FOR SOMETHING THAT IS A FORM OF MEDITATION FOR THE MIND, THEN YOU HAVE FOUND IT IN THE FORM OF ZENTANGLE ART. THIS ART FORM WAS DESIGNED TO OFFER A RELAXING, STRESS-FREE, MEDITATIVE ART FORM. IT HAS BECOME VERY POPULAR AROUND THE WORLD. MANY PEOPLE FROM ALL WALKS OF LIFE ARE ENJOYING ZENTANGLE ART JUST FOR THE MERE PLEASURE THEY GET USING IT, ALLOWING THEM TO RELAX THEIR MINDS AND GO WITH THE FLOW OF THEIR PENCILS. THE GREAT THING ABOUT ZENTANGLE ART IS THERE IS NO RIGHT WAY OR WRONG WAY, THERE IS SOME SIMPLE GUIDELINES TO FOLLOW AND THEN YOU ALLOW YOUR CREATIVE MIND TO FLOW AND SEE WHAT KIND OF ZENTANGLE YOU CREATE. USING THIS GUIDE BOOK YOU WILL LEARN THE MOST BASIC AND IMPORTANT CONCEPTS OF ZENTANGLE ART. YOU WILL LEARN HOW TO CREATE ZENTANGLES OF YOUR OWN, ALLOWING YOUR CREATIVE JUICES TO FLOW WHILE YOU CREATE YOUR ZENTANGLES. WHY SHOULD YOU DOWNLOAD THIS BOOK? IF YOU ARE SOMEONE WHO IS LOOKING FOR A WAY TO RELAX AND WIND DOWN THEN ZENTANGLE ART COULD BE JUST WHAT YOU ARE LOOKING FOR. PERHAPS YOU WORK AT A JOB THAT YOU DO NOT GET TO EXPRESS YOUR CREATIVE SIDE, BUT IT IS SOMETHING THAT YOU WOULD LIKE TO USE MORE THEN ZENTANGLE ART IS A GREAT AND INEXPENSIVE WAY TO DO IT. IT IS A GREAT FORM OF MEDITATION WHEN YOU WANT TO GET AWAY FROM ALL THE DAILY STRESSES OF YOUR LIFE AND JUST HAVE SOME FUN DOWN TIME! YOU WILL GAIN A SENSE OF COMFORT AND CALM WHILE YOU PARTAKE IN ZENTANGLE ART. WHY NOT GIVE YOURSELF A BREAK FROM THE HECTIC FAST PACED WORLD, INSTEAD TUNE YOUR MIND INTO CREATING A ZENTANGLE USING ALL THOSE PENT UP CREATIVE JUICES YOU HAVE JUST WAITING TO BE RELEASED. ZENTANGLE ART CAN BE THE OUTLET THAT YOU ARE LOOKING FOR. LEARN: WHAT ZENTANGLE ART IS THE ZENTANGLE METHOD HOW TO CREATE A ZENTANGLE VIEW SIMPLE ZENTANGLE DESIGNS AND GIVE THEM A TRY HOW DIFFERENT PATTERNS OR ZENTANGLE TANGLES TRADE A BAD HABIT IN FOR THIS GOOD HABIT! DOWNLOAD YOUR E BOOK "ZENTANGLE FOR BEGINNERS WITH PICTURES: LEARN 10+ ZENTANGLE BASICS TO CREATE AMAZING PATTERNS AND BEAUTIFUL SHAPES!" BY SCROLLING UP AND CLICKING "BUY NOW WITH 1-CLICK" BUTTON! TAGS: ZENTANGLE FOR BEGINNERS, ZENTANGLE PATTERNS, ZENTANGLE BASICS, ZENTANGLE ART FOR BEGINNERS, ZENTANGLE, DRAWING, HOW TO ZENTANGLE, DRAW, HOW TO DRAW FOR BEGINNERS, SKETCHING, PENCIL DRAWING, ZENTANGLE BOOKS, ZENTANGLE BASICS, ZENTANGLE UNTANGLED, ARTS AND

CRAFTS, CREATIVITY, GRAPHIC DESIGN, MIXED MEDIA.

ZENTANGLE BASICS, EXPANDED WORKBOOK EDITION -

SUZANNE McNEILL 2013-10-16

ZENTANGLE BASICS INTRODUCES YOU TO TODAY'S HOTTEST TREND IN DRAWING MEDITATION. USING ONLY PENCIL, PEN, AND PAPER, YOU'LL LEARN HOW TO DRAW 25 ORIGINAL TANGLES, AND DISCOVER INSPIRING IDEAS FOR INCORPORATING THESE DESIGNS INTO YOUR ART. THIS EXPANDED WORKBOOK EDITION INCLUDES AN INTERACTIVE BONUS SECTION WHERE YOU CAN GET STARTED WITH WARM-UP EXERCISES, PRACTICE TANGLING, AND EXPERIMENT WITH STRINGS AND SHADING. WITH BENEFITS INCLUDING STRESS RELIEF, INSPIRATION, AND IMPROVED SELF-ESTEEM, ZENTANGLE CAN BE DONE ANYWHERE AND NO SPECIAL "ARTISTIC" TALENT IS REQUIRED. TANGLES CAN BE USED TO DECORATE WEARABLES AND HOME DECOR OBJECTS AS WELL AS CARDS, SCRAPBOOK PAGES AND JOURNALS. BEST OF ALL, YOU CAN TANGLE EVEN IF YOU HAVE NEVER DRAWN ANYTHING BEFORE.

ZENTANGLE PRIMER VOL 1 - RICK ROBERTS 2016-01-20

THE ZENTANGLE METHOD IS AN EASY-TO-LEARN, RELAXING, AND FUN WAY TO CREATE BEAUTIFUL IMAGES BY DRAWING STRUCTURED PATTERNS. FOUNDERS RICK ROBERTS AND MARIA THOMAS GIVE DETAILED INSTRUCTIONS AND INSIGHTS INTO HOW TO DRAW SPECIFIC TANGLES AND HOW TO BENEFIT FROM A ZENTANGLE PRACTICE. -- BACK COVER.

THE ART OF ZENTANGLE - MARGARET BREMNER

2013-04-15

THE ART OF ZENTANGLE TEACHES ARTISTS OF ALL SKILL LEVELS THE MEDITATIVE PROCESS OF COMBINING SHAPES AND LINES TO MAKE COMPLEX AND INTERESTING FINAL PIECES OF ARTWORK.

ZENTANGLE® STEP BY STEP - HANNAH GEDDES

2020-04-03

YOU'LL BE A ZENTANGLE® MASTER IN NO TIME WITH THIS BRILLIANT BOOK! LEARN HOW TO DRAW A FANTASTIC COLLECTION OF TANGLES BEFORE BRINGING THESE TOGETHER TO CREATE YOUR OWN SPECTACULAR ZENTANGLE® INSPIRED ARTWORKS. ILLUSTRATED BY A CERTIFIED ZENTANGLE® TEACHER AND PACKED WITH TIPS, TECHNIQUES, AND SIMPLE STEP-BY-STEP INSTRUCTIONS, THIS BOOK CONTAINS EVERYTHING YOU EVER WANTED TO KNOW ABOUT THIS FUN AND CREATIVE ART FORM.

ZENTANGLE DRAWING FOR A CALM AND FOCUSED MIND -

SUZANNE McNEILL 2015-10

SHARES INSTRUCTIONS FOR AND EXAMPLES OF THE

MEDITATIVE DRAWING STYLE.

ZENTANGLE 11 - SUZANNE McNEILL 2015-04

ZENTANGLE CAN FREE YOUR MIND TO SOAR! DISCOVER HOW TO TANGLE WITH QUOTES, SENTIMENTS, AND UPLIFTING WORDS. GIVE YOUR DRAWINGS A VOICE BY COMBINING LETTERS WITH INSPIRATIONAL ZENTANGLE ART. TEXT-INSPIRED TANGLING CAN BE ANYTHING YOU WANT IT TO BE, FROM CLASSIC TILES TO EXPRESSIVE SHAPES AND WORDS. YOU CAN MAKE YOUR LETTERS FUN AND CASUAL, OR FORMAL AND FLOWERY, WITH MESSAGES THAT ARE PERSONAL, SOCIAL, REVERENTIAL, OR WHIMSICAL. USE THEM TO CREATE MOTIVATING AND MEANINGFUL NOTE CARDS, BOOKMARKS, GIFTS, FINE ART, AND MORE. YOU DON'T NEED TO BE A CALLIGRAPHER TO CREATE AWESOME ART WITH THE ELEGANT LETTERS AND 28 ORIGINAL NEW TANGLES INSIDE. USE THE BONUS WORKBOOK TO EXPLORE SAMPLE ALPHABETS, LEARN NEW TECHNIQUES, AND PRACTICE TANGLING. "ANYTHING IS POSSIBLE, ONE STROKE AT A TIME." (TM) -- RICK ROBERTS AND MARIA THOMAS, ZENTANGLE.COM

ZENTANGLE PRIMER - RICK ROBERTS 2018-04-21

ONE ZENTANGLE A DAY - BECKAH KRAHULA 2012-11

ONE ZENTANGLE A DAY IS A BEAUTIFUL INTERACTIVE BOOK TEACHING THE PRINCIPLES OF ZENTANGLES AS WELL AS OFFERING FUN, RELATED DRAWING EXERCISES. ZENTANGLES ARE A NEW TREND IN THE DRAWING AND PAPER ARTS WORLD. THE CONCEPT WAS STARTED BY RICK ROBERTS AND MARIA THOMAS AS A WAY TO PRACTICE FOCUS AND MEDITATION THROUGH DRAWING, BY USING REPETITIVE LINES, MARKS, CIRCLES, AND SHAPES. EACH MARK IS CALLED A "TANGLE," AND YOU COMBINE VARIOUS TANGLES INTO PATTERNS TO CREATE "TILES" OR SMALL SQUARE DRAWINGS. THIS STEP-BY-STEP BOOK IS DIVIDED INTO 6 CHAPTERS, EACH WITH 7 DAILY EXERCISES. EACH EXERCISE INCLUDES NEW TANGLES TO DRAW IN SKETCHBOOKS, TEACHES DAILY TILE DESIGN, AND OFFERS TIPS ON RELATED ART PRINCIPLES, AND CONTAINS AN INSPIRATIONAL "ZIA" (ZENTANGLE INSPIRED ART) PROJECT ON A TILE THAT INCORPORATES PATTERNS, ART PRINCIPALS, AND NEW TECHNIQUES.

ZENTANGLE FOR KIDS - JANE MARBAIX 2015-11-03

PRESENTS INSTRUCTIONS ON HOW TO USE ABSTRACT, STRUCTURED PATTERNS TO DRAW MORE COMPLEX IMAGES AND HOW TO USE THIS ARTWORK TO CREATE DECORATIONS, CARDS, AND GIFTS.

THE BOOK OF ZENTANGLE - RICK ROBERTS 2017-12-15